

# THE BHAGAVADGÎTA

The cong of the Divine one-The Lord.

With Copious annotations

 $\mathbf{B}Y$ 

TOOKAR IM TATYA, P.T.S.

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#### PREFACE.

The Bhagwat Gita is the transcendental teachings of Bhagawan Shri-Krishna to Arjuna, who was made an Instrument in parting the same teaching to the world for its salvation. It is considered by Hindus the substance of the Vedas and the same Veneration is paid to it by them as they pay to the Vedas. It forms also one of the three parts, distinguished under the designation of the Prasthan Trayi (three paths to knowledge and liberation). The names of the other two works are the Upanishads and the Brahma Sutras.

The Vedas are divided into the Karma-Kanda and the Dayana-Kanda. The former consists of the ceremonial portion and the latter disquisitions on knowledge regarding the first cause of all things and their creation and way to deliverence of pains of existence or rebirths and attainment of eternal happiness. Both these parts were composed in brief sentences called the Mantras, and the sûtras in metre but not in systematic order. They were imparted to students from mouth to mouth until Vedavyasa had collected all of them and put them in writing. As they were brief, yet comprehensive in their expression of thought and required explanation and reconciliation as they had different authors expressing the same thought from different stand points. Hence there was the necessity of

the commentaries. These commentaries were supplied by the Veda VyAsa or BAdarayana and his disciple Jaimini. The former wrote on the Upanishadas or the Dnyana-Kanda or the Upanished and the latter on the Karma-Kanda or the ceremonial portion of Vedas explaining their philosophy &c. and were Called the Brahma Satras and the Mimbonsh respectively.

It appears that Bhagawan Shri-Krishna found that the Mimonsa Brahma Sutras were not sufficiently explicit in their explanations regarding the duties and the knowledge and devotion leading to the liberation. The necessity for further explanations to make the entire important of the Vedas very clear was felt by Him which He supplied in this Gita. It has been said in praises of the Gita in of the Puranas.

## सर्वोपनिपदो गावो दोग्धा गोपालनंदनः ।

पार्थों बत्सः सुधीभोंका दुग्धं गीतामृतं महत् ॥ १॥ that all the Upanishadas are the cows, and the Shri Krishna Bhagawan who is called as the son of a tender or a keeper of cows is the drawer of their milk, and Arjuna who was also called Partha is the drinker of that ambrocial milk, which is this Sublime Gita.

This Gita is also composed in short Verses of aphorismic character comprehending very great ideas and susceptible of elaborate explanation, it therefore also needed commentators to make its

meaning sufficiently clear to be understood by its readers. Many commentaries have been written in Sanskrit language by various writers; principle of them are Shrimat Shankaracharya, Ramanuja, Charya Madhwacharya, Anandagiri, Shridhara, Madhusadhana. &c, All of these exhibit very great erudition and profoundity of knowledge, but they are not free from bias. The first three commentators named above were the Acharyas or the founders of the Smartha and the Vaishnava Seets whose interpretations of certain verses of the Gita are at variance. The readers of these, therefore, are required to use their own judgment in deciding for themselves which of the interpretations is correct.

There are also many commentaries written by the followers of these three Acharyas in the vernaculars of their countries which exhibit the same spirit as their leaders. The commentaries written in the Marathi language are also many, among them three are principal ones known by the names the Bhâvârtha Dipika also called the Dnyânashwari, Yathârtha Dipika and the Chitsadanand Lahari. (The authors of these were the Great Sadhu Dnyânashwara very learned Pandit and the Sadhu Wamana Pandit and the Sadhu Raghunath Swami. These commentaries are very good in themselves in expounding the meaning of the original text but in our opinion the commentary called the Yathârtha Dipika has dived deep for

. finding out the true meaning of the Gita to reconelle it with the teachings of the Upanishadas and the Brahma Sutras. This commentary is also considered by some Sanskrit Pandits as a very valuable work than, some commentaries written in the Sanskrit language. We have therefore followed it in translating the Gita in English. language, with the view to make its meaning very clear to its readers and put before them the correct interpretations of the original text which we are very sorry to say are wrongly rendered in certain verses in many edition we came across. This attempt of presenting this edition to the public is made by certain few members of the Bombay branch of the Theosophical Society with a view to supply the want felt in having a correct translation of the Bhagawat Gita with notes explaining the meaning of certain passage, which they trust will be appreciated and hope that they will be kindly pardoned if they found any mistakes or any incorrections creeping inadvertantly.

#### OM

# BHAGAVADGÎTÂ.

THE SONG OF THE DIVINE ONE—THE LORD.
FIRST DISCOURSE.

#### INTRODUCTION.

I propitiate Hari, the auspicious One who pervades all space, who is manifest as the Lord Vishnu reclining on the Great Serpent Shesha (Akâśa or space), who is the Guru (Spiritual Instructor) of the World, the Preceptor of Brahmâ, (who is) the Creator and Father of all that exists With His aid and blessing, I venture to translate this Gîtâ, which is the Word of the Lord Krishna, and which, containing the most secret knowledge of the Vedas (Sacred Scriptures), was imparted by

<sup>\*</sup> The mystic symbol used at the commencement of all sacred writings, in propitiation of the First Cause, for securing success in the completion of the undertaking. Its proper meaning and signification are fully described in the "Mandukya Upanishad," vide the English Translation of it with Gaudapada's Karika, by Professor Manilal N. Dvivedi, as also the "Guide to Theosophy," published by the Theosophical Publication Fund, Bombay.

Him to his disciple Arjuna on the battlefield of Kurukshetra.

Dhritarashtra, the aged father of the Kauravas, being blind and anxious for news about the War, asked Veda-Vyasa, the author of the Mahabharata, to describe to him the incidents of the fight, Veda-Vyasa sent to his palace his disciple Sanjaya, first bestowing on him the gift of elairyoyance, to communicate to Dhritarashtra all that was passing on the battle-field. This Gita, thus reported by Sanjaya, is a dialogue between the il-Instrious Lord Krishna and Arjuna; it is divided into eighteen chapters and seven hundred stanzas or shlokas; and it forms the subject of the Bhishma Parva, (the division relating to Bhishma the terrible one), of the Great Hindu Epic called the Maha. bharata. The stanzas are mostly in the Anushtup Chhanda or metre. | Each stanza consists of two lines, each line has two feet of eight syllables each).

The chapter following gives an account of the commencement of the battle between the Kauravas and the Pandavas, and minutely describes the dejected condition of Arjuna's mind, caused by the compassion and veneration he felt for his grandsires, his Guru, and his nearest blood-relations, who were about to plunge into War and blood-shed, for the purpose of securing to themselves to possession of the kingdom of Hastinapur.

THE DESPONDENCY AND GRIEF OF ARJUNA.

धृतराष्ट्र उवाच-

धर्मक्षेत्रे कुरुक्षेत्रे समवेता युयुस्सवः। मामकाः पाण्डवाश्चेव किमकुर्वत संजय॥१॥

DHRITARASHTRA said :-

1. [Tell me] Sanjaya! what did my (men) [the Kauravas] and the Pândavas do, when they assembled together on the holy plain, the plain of Kurukshetra,\* with a desire to fight?

संजय उवाच--

दृष्ट्वा तु पाण्डवानीकं न्यूढं दुर्योधनस्तदा,। आचार्यञ्जपसंगस्य राजा वचनमत्रवीत्॥२॥

SANJAYA said:-

2. (On that occasion) when prince Duryodhana saw the army of the Pandavas drawn up in battle-array, he to his preceptor [Dronacharya] went, and spoke to him these words:

पश्यैतां पाण्डुपुत्राणामाचार्य महतीं चमूस् । न्यूढां द्वपदपुत्रेण तव शिष्येण घीमता ॥ ३॥

3. Behold, Preceptor! this great army of the

<sup>\*</sup> Kurukshetra (the Kurus' field) is also named Dharmakshetra (the holy field), within the precincts of which it was believed that it was not possible to commit any sinful act.

sons of Pandu, drawn up in battle-array by thy talented pupil [Dhrishtadyumna], the son of Drupada.

### सत्र शरा महेष्वासा भीमार्जनसमा युधि । युयुधानो विराटश द्वपदश्च महारथः॥ ४॥

4. In it are warriors great bows (bearing), equal in Battle to Bhima and Arjuna, [namely] Yuyudhana, Virata and Drupada, each of whom is proficient in the science of war:

#### धृष्टकेतुश्रेकितानः काशिराजश्र वीर्यवान् । पुरुजित्कुन्तिभोजश्र शैल्यश्च नरपुंगवः ॥ ९॥

5. And Dhrishtaketu, Chekitana, the valiant monarch of Kasi, Kuntibhoja and Purujit, and S'aibya that eminent chieftain:

#### युधामन्युख विकान्त उत्तमोजाश्च वीर्यवान्। सीभद्रो द्वापदेयाश्च सर्व एव महारथाः॥ ६॥

6. And the valiant Yudhamanyu, the daring Uttamaujas, [so also Abhimanyu] the son of Subhadra, and the son of Draupadi, all men of might in chariots of war.

अस्माकं तु विशिष्टा ये तानिवोध द्विजोत्तम । नायका सम सैन्यस्य संज्ञार्थं तान् व्रवीमि ते ॥ ७ ॥

7. And now, O best of Brahmanas I know of

those who are chiefs of mark amongst us, and are leaders of my army. To ther I name them that thou mayest know them well.

#### भवान् भीष्यद्य गर्याद्य कृषद्य सामितितयः । क्षकारमामा विकालस्य सोमद्विस्तरियः च ॥ ८॥

8. [They are ] thyself and Bhishma, Karna and Kijpa the conqueror in battle, and Advatthaman. Vikarna, an also Somadatta's son (Juguleathu).

#### शन्ये पर यहनः करा सद्ये स्पण्डाविताः । नानाशस्त्रहरूणाः सर्वे एङ्विशास्त्राः ॥ ९ ॥

9. And many other warriors, with various weapons armed, and all well skilled in battle, who are ready for our sake to lose their lives.

#### अपर्यासं तद्स्मार्यः यष्टं भीष्माभित्रक्षितम्। . . पर्यासं सिद्दमतेषां वष्टं भीमाभित्रक्षितम् ॥ १० ॥

10. Such an array as ours has power never ending, since it has Bhishma for its guard; while that array of theirs is very weak, although by Bhima it is guarded well.

#### अयनेषु च मर्वेषु यथाभागमवस्थिताः । भीष्ममेवाभिरसन्त भवन्तः सर्वे एव हि ॥११ ॥

11. And therefore should you all, filling the regular posts to you assigned in the various

divisions [of our army], Bhishma resolve alone to guard:

तस्य संजनयन्हर्षं कुरुवृद्धः पितामहः सिंहनादं विनद्योचैः शंङ्का दध्मौ प्रतापवान् ॥१२॥

12. Then his mighty grandsire [Bhishma], the oldest of all the Kauravas, calling aloud as roars a lion, blew his trumpet, so that joy he might impart to Duryodhana.

ततः शङ्काश्च भेर्यश्च पणवानकगोस्रखाः । सहसेवाभ्यहन्यन्त स शब्दस्तुस्रोऽभवत् ॥ २३ ॥

13. Then at that signal, conches and kettle drums, cymbals, horns and tabours, were sounded [on all sides], an uproar fearful in its might.

ततः भेतेईयेर्रके महाति स्यन्दने स्थितो । • माधवः पाण्डवस्रीव दिन्दो शङ्की पदध्मतुः ॥ २४ ॥

14. Then it befel that Krishua and Arjuna, drawn by white horses in a splendid car, blew strong their heavenly conches.

पाञ्जनम् हपीकेशो देवदत्तं धनंजयः पौण्हं दक्ष्मौ महाज्ञक्षं भीमकर्मा दक्षोदरः ॥ १५॥

15. Krishna [blew his called] Panchajanya, Arjuna his Devadatta, and Bhima, [the door] of dreadful deeds, blew his great couch named Paundra.

### अनन्तविजयं राजा कुन्तीपुत्रो युधिष्ठरः। नकुळः सहदेवश्च सुघोपमणिपुष्पको ॥ १६ ॥

16. King Yudhishthira, the son of Kunti, [blew] his Anantvijaya, Nakula and Sahadeva [blew] Sughosha and Manipushpaka.

काइयश्र परमेष्यासः शिखण्डी च महारथः।

**घृष्ट्युन्नो विराटश्च सात्यिकश्चापराजितः ॥ १७ ॥** 

17. The King of Kûśî bearing a mighty bow, S'ikhandin great in arms, Virata and Dhrishtadyumna, and Satyaki the invincible.

हुपदो द्रौपदेयाश्च सर्वशः प्रथिवीपते । सोभदश्च महावाहुः शङ्कान् दध्छः पृथक् पृथक् ॥१८॥

18. Drupada, and the sons of Draupadi, the strong-armed son of Subhadra, [all of them] O King of the Earth I with one breath blew their conches from all sides of the field.

ः स घोषो धार्तराष्ट्राणां हृद्यानि व्यदारयत् । नभक्ष पृथिवीं चेत्र तुम्रुटो व्यवनादयन् ॥ १९ ॥

19. This uproar resounding through heaves and earth, the hearts of [all] men pierced, on the side of the sons of Dhritarashtra.

अथ न्यवंस्थितान् दृष्टा धार्तराष्ट्रान् काविध्वजः! प्रदत्ते राम्नसंपाते चतुरुवस्य पाण्डवः ॥ २० !! 20. Now when Arjuna, who had the state the ape [Hanumana] on his banner, saw that the men on the side of the sons of Dhritarashtra were arrayed in the order of battle, and that the discharge of missiles had begun, he raised his bow

#### ह्मीकेशं तदा वाक्यंमिद्माह महीपते।

अर्जुन चवाच---

#### सेनयोरुभयोर्मध्ये रथं स्थापय मेऽच्युत ॥ २१ ॥

21. And then, O King of the Earth! he spoke these words to Hrishîkesa (the Lord of the organs of senses):

#### ARJUNA said :--

O Achyuta (Eternal One)! drive thou my chariot, between the two arrays;

#### ्यावदेतात्रिरीक्षेऽहं यो ध्दुकामानवस्थितान् । कैर्मया सह योद्धच्यमस्मिन् रणसमुखमे ॥ २२ ॥

22. That I may behold these men who now stand here arrayed and ready to fight, and who they are that are about to contend with me in this war's strife.

#### योस्त्यमानानवेक्षेऽहं य एतेऽत्रसमागताः । भार्तराष्ट्रस्य दुर्बुद्धेर्युद्धे प्रियचिकीर्षवः ॥ २३ ॥

23. Let me mark those who now have here assembled to engage in this battle, from a wish

to fulfil the desire of [Duryodhana], the evilminded son of Dhritarashtra, by fighting thus [against me.]

संजय उदाच-

एवसुक्तो हृपीकेशो गुडाकेशेन भारत । सेनयोरुभयोर्मध्ये स्थापयित्वा रथीक्तमम् ॥ २४ ॥

SANJAYA said :-

24. O descendant of Bharata! Krishna, being thus addressed by Gudakeśa (the conqueror of sleep or ignorance) halted his [Arjuna's] chariot of surpassing excellence between the two arrays;

भीष्मद्रोणप्रमुखतः सर्वेपां च महीक्षिताम् । उवाच पार्थ पर्येतान् समवेतान्कुरूनिति ॥ २५ ॥

25. And in the presence of the Chiefs of the Earth [assembled there], among whom Drona and Bhishma were the foremost, He [to Arjuna] said: Behold, O son of Prithal these Kauravas here arrayed.

तत्रापश्यत् रिथतान् पार्थः वितृनथ पितामहान् । आचार्यान् मातुलान् आतृन् पुत्रान् पौत्रान् सर्वीस्तथा॥२६॥

26. Arjuna [then] saw standing there sires' grandsires and preceptors, maternal uncles, brothers, sons, grandsons, companions also,

## श्वग्ररान् सुहदश्चैव सेनयोरुभयोरिप । तान् समीक्ष्य स कौन्तेयः सर्वान् वन्धूनवस्थितान्॥२०॥

27. Fathers-in-law, as well as friends; and when [Arjuna] the son of Kuntî saw that all those there arrayed (in battle) were his kinsmen,

#### कृपया परयाविष्टो विषीदनिदमत्रवीत्।

अर्जुन ज्वाच—

दृष्ट्वेमं स्वजनं कृष्ण युयुत्छं ससुपस्थितम् ॥ २८॥

28. He with pity great was moved, and thus in utter dejection spoke: O Krishna! when I see that all these standing here desirous to fight are my own kindred,

सीदन्ति मम गात्राणि मुखं च पीरशुष्यति। वैपुथुख घरीरे मे रोमहर्षश्र जायते॥ २९॥

29. Feeble become my limbs, my mouth is parched [with horror], my body trembleth, and my hairs stand up on end;

गाण्डीवं संसते हर तात् त्वक् चैव परिद्यते । न च शकोम्पवस्थातं भ्रमतीव च मे मनः ॥ ३०॥

30. The Gandiva (bow) slips from my hand, my skin with fever burns, I am unable to firmly stand, and my brain goes whirling round;

## निमित्तानि च पश्यामि विपरीतानि फेदाव । न च श्रेयाऽनुपश्यामि हरवा स्वजनमाहवे ॥ ३९॥

31. O Kelava; (destroyer of the deman Kesi) I inauspicious omens see, nor do I hope that good will come by slaying in battle my own kinsmen;

न काह्ये विजये कृष्ण न च राज्ये सुगानि च । कि नो राज्येन गोविंद कि भोगेजीवितेन वा ॥ ३२॥

82. I do not wish for victory, O Kishna! nor dominion, nor enjoyments; to me of what use Govinda! is wealth, or power, or even life itself!

येपामर्थं काङ्गितं नो राज्यं भोगाः सुत्वानि च । त इमेऽवास्थिता गुद्धे प्राणांस्यक्त्वा धनानि च ॥ ३३ ॥

33. These men, on whose account we might desire dominion, wealth and pleasures, have given up [all longing for] their lives and riches, are standing [ready] here to fight;

आचार्याः पितरः पुत्रास्त्येष च पितामहाः । मानुलाः खग्रुराः पीत्राः इयालाः संबन्धिनस्तथा ॥ ३४ ॥

34. [These men, that is] preceptors, sires and sons, grandsires and grandsons, also maternal uncles, fathers and brothers-in-law, as also [other] kindred;

एतान् न हन्तुमिच्छामि घ्रतोऽपि मधुसूदन । अपि त्रैलोक्यराज्यस्य हेतोः किं तु महीकृते ॥ ३५॥

85. I do not wish to slay them, though I were [by them] slain, O slayer of Madhu! even for the dominion of the triple\* world how much less then for this little earth!

निहत्य धार्तराष्ट्रान् नः का प्रीतिः स्याध्वनार्दन । पापमेवाश्रयेदस्मान् हत्वेतानाततायिनः ॥ ३६ ॥

36. By slaying the sons of Dhitarashtra what pleasure shall we gain, O Destroyer of evil men I If them we kill, desperadoes as though they are, sin we shall still incur.

तस्मान् नाही वयं हन्तुं धार्तराष्ट्रान् स्ववान्थवान् । स्वजनं हि कथं हत्वा सुखिनः स्याम माधव ॥ ३७॥

37. Therefore, we should not slay the sons of itarashtra, [who are] our own near kinsmen; for how, O Madhava I (spouse of Lakshmi) shall we find happiness in slaying our own kindred?

्ययप्येते न पश्यन्ति होसोपहतचेतसः । कुरुक्षयकृतं दोपं मित्रद्रोहे च पातकस् ॥ ३८॥

38. Although these men, having minds by covetousness corrupted, see not the crime they do

<sup>\*</sup>Earth, the firmament and heaven.

in destroying the tribe, nor the sin in treachery to friends,

कथं न ज्ञेयमस्माभिः पापादस्मानिवर्तितुम् ।
 कुलक्षयकृतं दोषं प्रपद्यद्भिर्जनार्दन ॥ ३९ ॥

39. [Still] O Destroyer of cvil men! how should we not take care that sin to shun, we, who so fully recognise the crime that is committed in destroying the tribe!

कुछक्षये प्रणक्यन्ति कुछधर्माः सनातनाः । धर्मे नृष्टे कुळं कृत्स्नमधर्मोऽभिभवत्युत् ॥ ४० ॥

40. By the destruction [of the male members] of the tribe, the perpetual duties incumbent on that tribe are quite destroyed; those duties being thus destroyed, lawlessness must prevail in what remains.

अधर्माभिभवात् कृष्ण प्रदुष्यान्ति कुलिखः । स्रीपु दुष्टासु वाष्णेय जायते वर्णसंकरः ॥ ४१ ॥

41. When lawlessness, O Krishna! thus prevails, the women of the tribe become corrupt; and when the women are corrupt, O son of Vrishni! an intermingling of castes takes place.

संकरो नरकायैव कुल्ह्यानां कुल्ह्य च । पत्तन्ति पितरो ह्येषां छुप्तपिण्डोदकक्रियाः ॥ ४२ ॥

42. This intermingling [of castes] must lead; the destroyers of the tribe and the tribe itself

alike to hell; and their forefathers being thus deprived of ceremonial rites dependent on unswerving faith, likewise fall down (to hell).

दोपैरेतैः कुल्ह्यानां वर्णसंकरकारकैः। उत्सायन्ते जातिधर्माः कुल्धर्माश्र शाश्वताः॥ ४३॥

43. The destroyers of the tribe by the offences, which bring about a mingling of castes, destroy the perpetual rites of castes and tribes.

उत्सन्नकुरूप्मीणां मतुष्याणां जनाईन । नरके नियतं वासो भवतीत्यत्रशुभुम ॥ ४४ ॥

44. And, O Janardana! we have heard that men who destroy the rites of tribes shall surely dwell in hell.

अहो वत महत्पापं कर्तुं व्यवसिता वयम्। यहाज्यस्वलोभेन हन्तुं स्वजनसुचताः॥ ४५॥

45. Alas! a great sin we are now about to commit; since, from the lust of pleasures of Povereignty, we are prepared our kinsmen to destroy.

्यदि मामप्रतीकारमशस्त्रं शस्त्रपाणयः। धार्तराष्ट्रा रणे हन्युस्तन्मे झेमतरं भवेत्॥ ४६॥

46. If the sons of Dhritarashtra, with weapons in (their) hands, should slay me, weaponless and

unresisting (in this fight), that would be better for me.

संजय उषाच---

एवसुक्त्वाऽर्जुनः संख्ये रथोपस्थ उपाविशत् । विसुज्य सशरं चापं शोकसंविग्रमानसः ॥ ४७ ॥

SANJAYA Said :--

47. Thus having spoken, Arjuna cast aside his bow and arrows, and sat down in his car in midst of the battle array, his mind with sorrow troubled.

Thus ends the discourse, of Shri Krishna with Arjuna, discourse the first, entitled,

<sup>&</sup>quot;THE DESPONDENCY OF ARJUNA."

#### SECOND DISCOURSE.

#### INTRODUCTION.

Sanjaya will relate to Dhritarashtra what Bhagwan Shri Krishna will say to Arjuna about the immortality of the Atma (soul) and the means of liberation from the changeful states of births and deaths.

THE SANKHYA (DNYANA) AND THE
YOGA (KARMA) DOCTRINES.
संजय उवाच—
तं तथा कृपयाविष्टमश्रुपूर्णाकुलेक्षणस् ।
विषीदन्तासिदं वाक्यस्रवाच मधुसूदनः ॥ १ ॥

SANJAYA said :-

1. To him, who thus was moved with pity whose eyes were overflowing and turbid with ears, and who was sunk in grief, the destroyer of the demon Madhu, spoke these words:

श्रीभगवानुवाच---

कुतस्त्वा कश्मलमिदं विषमे समुपस्थितम् । अनार्यज्ञष्टमस्वर्ग्यमकोर्तिकरमर्जन ॥ २ ॥

BHAGWAN said :-

2. Whence, O Arjuna I has this despair, so un-

worthy of thy honorable descent, and leading neither to heaven nor to glory, overtaken thee in this [sad hour of] peril!

हैन्यं मास्म गमः पार्थ नैतत्त्वस्युपपयते । धुदं हृदयदीर्वल्यं त्यक्त्वोत्तिष्ठ परंतप ॥ ३॥

3. Do not give way to fear, O son of Prithu! it is not worthy of these. Cast off this mean weakness of the heart; and arise, O tormentor of [thy] enemics!

अर्जुन उषाच-

कथं भीष्ममहं संख्ये द्रोणं च मधुसूदन । इप्रभिः प्रतियोस्स्यामि पूजाहीवरिसदन ॥ ४ ॥

ARJUNA said :--

4. How, O destroyer of the demon Madhu! shall I, with arrows, fight in battle against Bhishma and against Drôna, both worthy [by me] to be honoured: O Destroyer of Thy enemies!

गुरूनहत्वा हि महात्रभावानश्रेयो भोक्तुं भैक्ष्यमपीह ठोके हत्वार्थकामांस्तु गुरूनिहैव भुद्धीय भोगानुधिरप्रदिग्धान् ९।

5. Better it were, indeed, to eat the bread of beggary throughout the life, than slay these teachers held in high esteem. Were I to slay them now, desirous as they are of worldly joys, I should but be partaking of pleasures stained with blood.

न चैतद्वियः कतरत्रोगरीयो यद्वा जयेम यदि वा नो जयेयुः यानेव हत्वा न जिजीविषामस्तेऽवस्थिताः प्रमुखे धार्तराष्ट्राध

6. Nor do we know which of the (two courses) is better for us, whether we should conquer them, or by them be conquered; for, here are standing those very sons of Dhritarashtra (arrayed) against us, by killing whom we do not wish to live.

कार्पण्यदोषोपहतस्त्रभावः पृच्छामि स्त्रां धर्मसंमृद्धचेताः । यच्छ्रेयः स्यान्निश्चितं त्रृहि तन्मे शिष्यंस्तेऽहं शायि मां स्त्रां प्रयन्तम् ॥७॥

7. My heart is affected by the sense of pity, my mind is confounded as to what my duty [really] is; [therefore] I ask Thee, tell me positively what is good for me. Teach me, Thy disciple, for Thine aid I seek.

्नहि प्रपद्यामि नमातृपयाद्यच्छोकमुच्छोपणमिन्द्रियाणास्। अवाप्य भूमावसपत्नमृद्धं राज्यं सुराणामपि चाधिपत्यम्॥

8. I see not clearly what can ease my [present] grief, which would [continuel] all my senses to shrivel up, even after I have gained a prosperous and unrivalled kingdom on earth, or the chiefship of the Gods [in heaven].

#### संजय उषाच-

एवसुक्ला ह्पीकेशं गुटाकेशः परंतप । न योस्स्य इति गोविन्दसुक्ला हुर्णी वभूव ह ॥ ९ ॥

#### SANJAYA snid :-

9. Having thus Spoken to The Lord of the senses, O termenter of enemies! Gudakeán (conqueror of ignorance or sleep), said to Govinda', "I, will not fight," and silent then remained.

तम्रवाच हृपीकेवाः प्रहसनिव भारत । सेनयोरुभयोर्भध्ये विषीदन्तिमदं वचः॥ १०॥

10. To him thus sunk in grief in the midst of the two armies, son of Bharata! Hrishikeia (Lord of the senses) smiling, thus addressed:—

#### श्रीमगवानुवाच---

अशोष्यानन्त्रशोचस्त्वं प्रज्ञावादांश्च भापते । गतासत्तगतासंश नाहशोचन्ति पंहिताः॥ १९॥

#### BHAGAWAN said:-

11. Thou hast grieved for those who (never) deserve it and (yet) thou utterest words of deed wisdom! [but] those who are [really] wise neither grieve for the dead nor for the living.

## न त्वेवाई जातु नासं न त्वं नेमे जनाधिपाः। न चैव न भविष्यामः सव वयमतः परम्॥ १२॥

12. [For] never [in the past] at any time did I, or thou, or these chiefs not exist; nor shall hereafter any of us ever cease to be.

## देहिनोऽस्मिन् यथा देहे कौमारं योवनं जरा। तथा देहान्तरप्राप्तिधीरस्तत्र न मुह्यति ॥ १३ ॥

13. As to the embodied [soul] come childhood youth and old age; in this body, it also shall acquire a similar body [hereafter]. He who sees this shall never be deluded.

## मात्रास्पर्शास्तु कौन्तेय शीतोष्णसुखदुःखदाः । भागमापायिनोऽनिस्यास्तास्तितिक्षस्व भारत ॥ १४ ॥

14. But, O son of Kuntil the contacts of the senses [with external objects,] which [are the causes that] produce both cold and heat, pleasure and pain, come and go, they are never permanent; bear them with patience, O thou son of Bharata!

#### यं हि न स्यथयन्त्येते पुरुषं पुरुषपंभ । समदुःखसुखं धीरं सोऽमृतत्वाय कल्पते ॥ १५ ॥

15. For, O best of men, that wise man [alone] whom these [contacts of the senses] afflict not, to m pain and pleasure are alike, is fit for lity.

### नासतो विचते भावे नाभावो विचते सतः। उभयोरापि दृष्टोऽन्तस्त्वनयोस्तत्त्वदार्शिभिः॥ १६॥

16. That which is not [in any point of time] has no existence, [while] that which is, never ceases to exist. The [right] conclusion concerning both these matters is come to by those only who know the truth [of things].

#### अविनाशि तुं तद्विद्धि येन सर्विमिदं ततम्। विनाशमञ्ययस्यास्य न कश्चित्कर्तुमर्हित ॥ १७ ॥

17. Know what to be indestructible Who pervades this all, and none is able to bring about the destruction of this Eternal [principle].

#### अन्तवन्त इमे देहा नित्यस्योक्ताः शरीरिणः। अनाशिनोऽप्रमेयस्य तस्माद्यद्वश्चस्व भारत॥१८॥

18. [It is] these bodies, pertaining to the self that is eternal, indestructible, and boundless, that perish; [I pray thee] therefore, fight, O son of Bharata!

## य एनं वेत्ति हन्तारं यथैनं मन्यते हतम्। उभौ तौ न विजानीतो नायं हन्ति म हन्यते ॥ १९॥

19. He who believes this [soul] can slay [its Self], and he who considers that It can be slain, both of these fail to know [the truth]: It neither slays nor can be slain.

न ज़ायते म्रियते वा कदाचित्रायं भूत्वा भविता वा न भूयः। अजो नित्यः शाश्वतोऽयं पुराणो न हन्यते हन्यमाने शरीरे २०

20. It never is [at any period] born, nor does It ever die; nor having [in the past] ever existed does It no more exist; unborn, eternal, changeless and primeval, It is not slain when the [carthly] body is slain.

वैदाविनाशिनं नित्यं य एनमजमध्ययम् । कथं स पुरुषः पार्थं कं घातयति इन्ति कम् ॥ २१ ॥

21. How, O son of Prithu? can that man, who knows it thus to be imperishable and eternal, unborn and never dying cause any body to be slain, or take a human life himself.

वासांसि जीर्णानि यथा विहाय नवानि गृण्हाति नरोऽपराणि। तथा शरीराणि विहाय जीर्णान्यन्यानि संयाति नवानि देही॥

22. As a man throws away his worn-out clothes and puts on new ones [in their stead], so the embodied [Soul] puts off old bodies and enters into new ones.

नेनं छिन्दन्ति शस्त्राणि नेनं दहति पावकः। न चैनं क्षेदयन्त्यापो न शोपयति मारुतः॥ २३॥

23. Weapons cannot cleave it, fire cannot burn it, waters cannot wet it, nor can the hot winds it up.

#### अच्छेद्योऽयमदाद्योऽयमक्केयोऽशोष्य एव च । नित्यः सर्वगतः स्थाणरचलोऽयं सनातनः ॥ २४ ॥

24. It is not to be divided or to be consumed, nor is it to be moistened nor dried up; undying, all-pervading and immoveable, constant and eternal, it remains.

#### अन्यक्तोऽयमचिन्त्योऽयमविकार्योऽयमुच्यते । तस्मादेवं विदित्वेनं नातुशोचितुमर्हसि ॥ २५ ॥

25. It is said to be imperceptible, inconceivable, and unchangeable: therefore knowing it is such, thou shouldst not for it grieve.

## अथ चैनं निस्यजातं निस्यं वा मन्यसं मृतम् । तथापि त्वं महावाह्ये नैनं शोचितुमर्हसि ॥ २६ ॥

26. But even if thou shouldst know that it is ever birth assuming [in the body], and as constantly in death departing still, O thou of Powerful arms! thou shouldst not for it grieve.

#### जातस्य हि ध्रुवो मृत्युर्धुवं जन्म मृतस्यच । तस्मादपरिहार्येऽथें न त्वं शोचितुमर्हसि ॥ २७ ॥

27. For, to whomsoever birth doth come death is also certain, and to whomsoever death doth come re-birth [in life] is [also] certain; therefore thou shouldst not grieve for that which none can ever avoid.

# अभ्यक्तादीनि भूतानि व्यक्तमध्यानि भारत । अव्यक्तनिधनान्येव तत्र का परिदेवना ॥ २८॥

28. O son of Bharata! the source of things it never known, their end (also) is never known, their middle state [alone] is known, what crust is there for any grief in this?

काश्चर्यवत् परंगति काशिरेम-माश्चर्यवद्ददति तथेष चान्यः। आश्चर्यवद्येनमन्यः शृणोति श्वरवाप्येन वेद न चेव कवित्॥ २९॥

29. [The Soul] some took upon it es a non-ter, some also speak about it as a wonder, others again hear of it as a wonder; but even after brain; learnt about it, no one doth freally know it.

देशी नित्यमवध्योऽयं देते सर्वस्य भारत । तस्मात् सर्वाणि भूतानि न श्रं सोनिश्वमहंति ॥ 1० ॥

80. O Son of Bharata t this conventor that that lives in the budy of every being it ever to destructible; therefore than should it not golden for anything that is.

स्वधमेमपि चावेद्य न निवनिवत्नरेति । चर्यादि प्रहान्द्रेगोजनगत् धविषम्य न विगवे ॥१॥

31. Morcover thy own dary of a light of

(warrior) teaches that thou oughtest not to tremble: for there is nothing better for a Kshatriya than a lawful fight.

यदच्छया चोपपनं स्वर्गद्वारमपावृतम् । सुखिनः क्षत्रियाः पार्थे लमन्ते युद्धमीद्वम् ॥ ३२ ॥

32. And, O Son of Prithu! happy are those Kshatriyas who get [to fight] such a battle which has come of itself—an open door to heaven!

अथ चेत्त्वमिमं धर्म्यं संग्रामं न करिष्यसि । ततः स्वथमं कीतिं च हित्वा पापमचाप्त्यसि ॥ ३३ ॥

33. And if thou will not fight this lawful battle, thou wilt incur a sin, [for] thou shalt have abandoned the duty and fame incumbent on thee.

अकीर्ति चापि भूतानि कथिष्यन्ति तेऽव्ययाम्। संभावितस्य चाकीर्तिभैरणाद्तिरिच्यते॥ ३४॥

34. And all men will moreover speak of thy everlasting infamy; and to one who has been held in honour infamy is worse than death.

भयाद्रणाद्धुपरतं मंस्यन्ते त्वां महारथाः। येपां च त्वं वहुमतो भूत्वा यास्यति छात्रवस्॥ ३९॥

35. The car-borne chiefs will think, thou hast withdrawn from battle out of fear; and having by

them highly been esteemed, thou wilt now in scorn be held,

अवाच्यवादांश्च वहृन् वदिष्यन्ति तवाहिताः। निन्दन्तस्तव सामर्थ्यं ततो दुःखतरं न किम् ॥ ३६॥

36. And thy foes will hold in light regard thy power, and will speak many things of the unworthy of thy name; what can there be more painful [to a warrior] than this?

हतो वा प्राप्स्यसि स्वर्गं जित्वा वा भाग्यसे महिस्। तस्मादुत्तिष्ठ कौन्तेय युद्धाय कृतनिश्चयः॥ ३७॥

37. If slain, thou wilt attain to heaven; and, if victorious, thou sovereignty wilt enjoy on earth; therefore, arise O Son of Kunti! resolved upon fight.

सुखदुःखे समे कृत्वा काभालाभौ जयाजयौ । तत्तो युद्धाय युज्यस्व नैवं पापमवाप्स्यासि ॥ ३८॥

38. Pain and pleasure, gain and loss, victory and defeat, alike consider; prepare for battle, and thus thou wilt not sin.

एषां तेऽभिहिता सांख्ये बुद्धियोगेतियमां यृष् । बुद्धवा युक्तो यया पार्थ कर्मवन्यं प्रहास्यति ॥ ३९ ॥

39. I have disclosed to thee what the doctrine of true Knowledge is, now hear what the Yoga [Karmamarga] says; possessed of this Knowledge,

O Son of Pritha! thou shalt east off the fetters of

नेहाभिक्रमनाशोऽस्ति प्रत्यवायो न विवते । स्वल्पमप्यस्य धर्मस्य त्रायते महतो भयात्॥ ४०॥

40. In this [doctrine of Karma], nothing that is begun is [ever] fruitless, there are no obstacles [in its way], and eyen a little (practice) of this [path of] duty saves one from the dread [of births and deaths].

व्यवसायाध्मिका द्वदिरेकेह कुरुनन्दन । वहुशाखा द्यनन्ताश्च द्वद्ययोऽव्यवसायिनाम् ॥ ४६ ॥

41. Here [in this Karmamarga] is but one state of mind (which is real), and that consists, O Son of Kuru! in firm will [to work without the desire for fruit]; while the states of mind of those who have no [such] firm will are various and endless.

यामिमां पुष्पितां वाचं प्रवदन्तयविपश्चितः। वेदबादरताः पार्थं नास्यदस्तीति वादिनः॥ २३॥ कामास्मानः स्वर्गपरा जन्मकर्मफटप्रदान्। क्रियाविशेषवहुलां भोगैश्वर्यगतिं प्रति॥ ४३॥ भोगैश्वर्यप्रसक्तानां तयापहृतचेतसाम्। व्यवसायातिमका बुद्धिः समायो न विर्वायने ॥ ४४॥

42-44. O Son of Pritty! that state of mind which consists in firm will [to work without the

desire for fruit does never come to those who are strongly attached to [mundane] power and enjoyments whose minds are [from the right path] drawn away by that flowery talk, which promises [new] birth as the reward of works, which various rites enjoin for the attainment of such power and enjoyments, which is uttered by foolish minds who take delight in discussing Vedic texts saying naught is [true] but this [Vedic rites], who have Heaven for their goal, and who are full of worldly lusts.

## त्रेगुण्याविषया वेदा निक्षेगुण्यो भवार्जन । निद्धम्द्रो नित्यसत्वस्थो निर्योगक्षेम आत्मवान् ॥ ४५॥

45. The Vedas [the Karmakanda] bring to light (simply) the complex results of the three qualities, be thou free, O' Arjuna! from them; be not affected by the pairs of opposites, firmness preserve always, care not for worldly affairs and be self-controlled.

## यावानर्थं डदपाने सर्वतः संष्ठुतोदके। तावान् सर्वेषु वेदेषु बाह्मणस्य विजानतः॥ ४६॥

46. Whatever purpose is served by a reservoir of water is (easily) served by an overflowing lake, in the same way whatever [pleasure] a follower of

the vedas (karmamarga) derives, is (easily) derived by a person knowing the Supreme Being.

#### कर्मण्येवाधिकारस्ते मा फलेपु कदाचन । मा कर्मेफलहेतुर्भूमां ते सङ्गोऽस्त्वकर्मणि ॥ ४७ ॥

47. Thy duty is to perform the work alone, and never to mind its fruit, let not in work thy motive be [the hope of] fruit for self, nor be inclined to do nothing at all.

#### योगस्थः कुरु कर्माणि संङ्गं त्यक्तवा धनंजय । सिद्धयसिद्धयोः समो भूत्वा समत्वं योग उच्यते ॥ ४८॥

48. Set not thy heart on the fruit of what thou doest, O conqueror of [worldly] wealth! perform it with devotion being the same in failure or success, for equalness [of mind] is called devotion.

#### दूरेण हावरं कर्म द्यदियोगाद्धनंजय । दुदौ शरणमन्विच्छ कृपणाः फल्ट्रेतवः ॥ ४९ ॥

49. [Attachment to] what you doest is inferior far to devotion towards the Divine. O conqueror of wealth! seek shelter in that devotion; wretched are they whose motive [in what they do] is fruit for self.

#### इदियुक्तो जहातीह उभे सक्ततहुष्कृते । तस्माधोगाय युज्यस्य योगः कर्मस् कौशलम् ॥ ५०॥

50. He who with devotion works, casts off merits and demerits even in this life; apply therefore to attain this devotion; such devotion wisdom manifests in doing [any] work.

#### कर्मजं इंद्धियुक्ता हि फलं त्यक्ता मनीपिणः। जम्मवन्थविनिर्मुक्ताः पदं गच्छन्त्यनामयस् ॥ ५१ ॥

51. The wise, who work with devotion towards the Divine, renounce the hope of fruit for self in what they do, and being thus completely freed from the bondage of re-births go to the eternal state of Self-realization.

#### यदा ते मोहकछिछं द्यद्विच्यंतितरिष्यति । तदा गन्तासि निर्वेदं श्रोतच्यस्य श्रुतस्यच ॥ ५२ ॥

52. When thy mind has once emerged from thickets of delusion, [in which it has till now remained entangled], then wilt thou attain to a disdain of what thou hast heard or yet wilt hear.

#### श्रुतिविप्रतिपन्ना ते यदा स्थास्यति निश्रवा । समाधावच्या बृद्धिस्तदा योगमवाण्स्यति ॥ ५३ ॥

53. When thy mind bewildered [herotofore] by loctrines in the Vedas (karmamarga) contained, is

firmly] fixed in contemplation, thou wilt devotion then obtain.

अर्जुन उवाच--

स्थितपज्ञस्य का भाषा समागिस्थस्य केशव। स्थितधोः किं प्रभाषेत किमासीत वजेत किम्॥ ५४॥

ARJUNA said:--

54. O Triune God! what are the characteristics of him who fix minded is and who on contemplation is intent? how doth he speak, and sit, and move?

श्रीमगवानुवाच-

प्रजहाति यदा कामान् सर्वोन् पार्थ मनोगतान् । आत्मन्येवात्मना तुष्टः स्थितप्रज्ञस्तदोच्यते ॥ ५६ ॥

BHAGAWAN said :-

55. When a person, O Son of Pritha ! abandoneth completely all his heart's desires, and in his Selp doth rest by contemplation of the Self alone, then he is said to be a man who is fix minded.

दुःलेष्वतिद्वयमनाः सुलेषु विगतस्पृहः । वीतरागथयकोषः स्थितवीर्मुनिस्च्यते ॥ ५६ ॥

56. The person, whose mind is neither distressed in misery nor delighted in happiness, and

from whom have passed away [all] passion, fear, and anger, a sage of steadfast will is called.

#### यः सर्वत्रानभिन्नेहस्तत्तरप्राप्य ग्रभाग्रमम् । नाभिनन्दति न द्वेष्टि तस्य प्रज्ञा प्रतिष्ठिता ॥ ५७ ॥

57. The mind of that man is steadfast, who is from attachment on all sides free, who neither feels delight in nor aversion to good or evil accidents [of life].

# यदा संहरते ज्ञायं कूमोंऽङ्गानीव सर्वशः। द्वार्याणीत्रियार्थे भ्यस्तस्य प्रज्ञा प्रतिष्ठिता ॥ ५८॥

59. When a man withdraws his senses from sense-objects, even as a tortoise from all sides draws in its limbs, his mind steadfast has become.

### विषया विनिवर्तन्ते निराहारस्य देहिनः। रसवर्जं रसोऽप्यस्य परं दृष्ट्वा निवर्तते॥ ५९॥

59. When a man abstains sense-objects from [enjoying], they from him draw away [and leave no trace], except the [weakened promptings of] desire; but even desire at length doth disappear, when the Supreme one he doth clearly see.

यततो हापि कौन्तेय पुरुषस्य विपश्चितः। इन्द्रियाणि प्रसाथीनि हरान्ति प्रसभं सनः॥ ६०॥ 60. The senses once aroused, O Son of Kunti! do seize by force the mind even of the wise, hard though he strive? to keep them in subjection.

## तानि सर्वाणि संयम्य युक्त आसीत मत्परः। वशे हि यस्येन्द्रियाणि तस्य प्रज्ञा प्रतिष्ठिता॥ ६१॥

61. Having in complete subjection brought them all, a man should ever in devotion rest intent on Me alone; for the mind of that man [alone] is firm whose senses have been made firm under his control.

#### ध्यायतो विषयान्पुंसः सङ्गस्तेषूपजायते । सङ्गात्सञ्जायते कामःकामात् कोघोऽभिजायते॥६२॥

62. When a man ponders over sensuous objects, attachment to them in him then arises, from attachment springs desire, and desire is the root of anger.

क्रोधाद्भवति संमोहः सम्मोहात्स्मृतिविश्रमः। स्मृतिश्रंशाब्द्दिनाशो बुद्धिनाशास्त्रणस्यति ॥ ६३॥

63. Anger develops into distraction, distraction brings loss of memory, with loss of memory comes loss of reason, and by this loss the man is all undone.

रागद्वेपवियुक्तेस्तु विषयानिन्दियेश्वरन् । आत्मवर्दयविषयात्मा प्रसादमधिगच्छति ॥ ६४ ॥

64. But he who, self-controlled, moves among sensuous objects with his senses freed from pas-

sion and hate, and under conscious mastery of the SELF (Âtma), obtains tranquility [mind].

्रप्रसादे सर्वदुःखानां हानिरस्योपजायत । प्रसन्त्रचेतसो ह्याग्रु बुद्धिः पर्यवतिष्ठते ॥ ६९ ॥

65. Attaining thus to tranquility [of mind], all his troubles are no more; for the mind of one whose heart in tranquil, soon becomes steady.

नास्ति बुद्धिरयुक्तस्य न चायुक्तस्य भावना । न चाभावयतः शान्तिरशान्तस्य कुतः सुखस् ॥ ६६॥

66. He has no steadiness of will who is not selfcontrolled, nor to the uncontrolled doth meditation come [in knowledge of the self], he who in meditation fails doth not attain to peace, and how can there be happiness for him who hath no peace?

इन्द्रियाणां हि चरतां वन्मनोऽन्तवियीयते।
तदस्य हरति प्रज्ञां वायुनीविमवाम्भितः। ६७॥

67. The mind of him who yieldeth to sense wanderings, doth carry away his judgment as easily as the stormy wind doth drive a ship upon the waters.

तस्माधस्य महावाही निग्रहीतानि सर्वशः। इन्द्रियाणीन्द्रियार्थेभ्यस्तस्य प्रज्ञा प्रतिष्ठिता॥६८॥ 68. Therefore, O thou of Powerful arms? the mind of that man is firm, who hath from sensuous objects put his senses under full restraint.

#### या निशा सर्वेभूतानां तस्यां जागर्ति संयमी । यस्यां जाग्रति भूतानि सा निशा पश्यतो मुनेः ॥ ६९॥

69. He who is self-controlled is [spiritually] awake when for all other being it is night; and when all other beings are awake that then is night for the discerning sage.

आपूर्यमाणमचलप्रतिष्ठं समुद्रमापः प्रविशन्तिं यद्वत् । तद्वत्कामा यं प्रविशन्ति सर्वं स शान्तिमाप्रोति न कामकामी ॥ ७०॥

70. He alone to peace attains unto whom the desires are all absorbed and lost, even as rivers are into the ocean which [though ever] full keeps its water mark unchanged, and not he who the promptings of desire obeys.

#### विहाय कामान्यः सर्वोन् पुमांश्ररति निस्पृहः। निर्ममो निरहंकारः स शान्तिमविगच्छति॥ ७१॥

71. He who in the straight path goeth, every desire abandoning and from attachment freeq,

forsaking all love of self and egoism [vile], tranquility doth gain.

> एषा बाह्यी स्थितिः पार्थ नैनां प्राप्य विमुद्यति । स्थिरवाऽस्यामन्तकालेऽपि ब्रह्मनिर्वाणमृच्छति ॥७२॥

72. This, O Son of Prithulis the state Divine; having reached it one is not deluded any more, and if one attains it even at the hour of death, he in the Supreme One is absorbed.

Thus ends the discourse, of Shri Krishna with Arjuna, discourse the second entitled,

"THE SÂNKHYA YOGA."

#### THIRD DISCOURSE.

#### INTRODUCTION.

Bhagawan Shri Krishna in the last discourse upheld the Sankhya-yoga or the path of Knowledge as a direct means to Salvation, [Vide II. 72], subordinating the Karma-yoga or the path of Action as only a means to qualify the disciple for receiving higher truths, (Vide II. 39). Arjuna naturally inquires here in this discourse why Bhagawan still insists upon his fighting his relatives for the sake of regaining the kingdom, since this act constitutes Karma-yoga:—as it means the performance of duties attached to his Varna (class). Bhagawan in this discourse removes the doubt of Arjuna by defining Karma and relating the whole philosophy under the following heading—

THE YOGA OF ACTION.\*

<sup>\* &</sup>quot;Karma" is a Sanskrit word signifying "doing" or "action," and means, in this sense, the unfailing consequences to be expiated or atoned for in future lives, as the results of the actions done in this life. It has no English synonym. Its meaning is given by St. Paul in the proverb, "Whatsoever a man soweth, that shall he also reap" (Galatians, VI. 7.)

सर्जन उवाच-

ज्यायसी चेत्कर्मणस्ते मता बुद्धिर्जनार्दन ॥ तत् किं कर्माणे घोरे मां नियोजयसि केशव॥।

ARJUNA said :-

... 1. If Knowledge be superior deemed [ever [unselfish] Karma, O Destroyer of evil perse why then, dost Thou, O Triune God ! impel m this dreadful deed?

्ट्यामिश्रेणेवं वाक्येन वृद्धिं मोह्यसीव मे ॥ त्तदेकं वद निश्चित्यं येन श्रेयोऽहमामुयाम्॥ २॥

2. My mind, Thou dost seem to embarrass these perplexing words; tell me, therefore, one sure way whereby I may to the Highest B attaio.

# श्रीमगवानुवाच —

लोकेऽस्मिन् द्विविधा निष्टा पुरा प्रोक्ता मयानय।। ज्ञानयोगेन सांख्यानां कर्मयोगेन योगिनाम् ॥ ३॥

3. I have already told thec. O sinless on that there is a two-fold path in this world [t attain to the Highest Bliss]—that of the Sankhys Hearned] by way of knowledge, and that of th Yogins [performers of deeds] by way of [unsellist action.

## न कर्मणामनारम्भात्रैष्कर्म्य पुरुषोऽश्रुते ॥ न च संन्यसनादेव सिद्धि समिधगच्छति ॥ ४॥

Man never attains to [the eternal state of] dom from action [knowledge] unless he perns deeds [as a means to knowledge by way of liftying the heart]; nor does he rise to perfection mere renunciation [not accompanied by knowledge] of them.

नहि कश्चित्क्षणमपि जातु तिष्ठत्यक्रमेकृत् ॥ कार्यते हावशः कर्म सर्वः प्रकृतिजैर्गणैः ॥ ५ ॥

. For actionless none can ever remain even for noment, since the [very] properties of Nature' ve every body to action even if one will it not.

कर्मेन्द्रियाणि संयम्य य आस्ते मनसा स्मरन्॥ इंद्रियार्थान् विमृद्धात्मा मिथ्याचारः स उच्यते॥ ६॥

6. He, who the organs of action restraineth d [yet] sitteth brooding over objects of sense, luded as he is; a hypocrite is termed.

यस्त्विन्द्रियाणि मनसा नियम्यारभतेऽर्जुन ॥ कर्मेन्द्रियेः कर्मयोगमसक्तः स विशिष्यते ॥ ७ ॥

7. But he, O Arjuna! who by his mind his consess restraineth, and unattached lets his organs a action work, is worthy deemed.

## नियतं क्रुरं कर्म त्वं कर्म ज्यायो सकर्मणः॥ अरीरयात्रापि च तःन प्रसिद्धयेदकर्मणः॥ ८॥

8. Perform thou therefore deeds to thee allot ted for action is to inaction superior counted; yet as thou would not work thy body [itself] would be hard to maintain.

यज्ञार्थाक्तर्सणोऽन्यत्र ठोकोऽयं कर्मवन्धनः॥ तद्र्थं कर्म कोन्तेय सुक्तसङ्गः समाचर ॥ ९॥

9. Actions other than those by way of Sacrifice performed would bind the man; do, therefore, 0 son of Kunti; perform them for that purpose, free from all thoughts of self.

सहयज्ञाः प्रजाः संदूष्ण प्ररोबाचं प्रजापतिः॥ अनेनि प्रसंविष्यध्वमेषं वोऽस्विष्टकामधुक्॥ १०॥

10. Having in times antique created man together with the Sacrifice, Prajapati (the Lord of men) said "propagate, ye men, with this; may it be the giver of things you desire."

देवान्मावयंतानेन ते देवा भावयन्तु व ॥ । परस्परं भावयन्तः श्रेयः प्रमवाष्ट्ययः ॥ ११ ॥

11. Strive [ye] to nourish the gods by this and let the gods in return nourish you; [thus] ye the highest bliss shall attain by mutual nourishment.

#### इष्टान्भोगान् हि वो देवा दास्यन्ते यज्ञभाविताः ॥ तैदत्तानप्रदायभ्यो यो भुद्धे स्तेन एव सः ॥ १२ ॥

12. The gods at your Sacrifice thus pleased will give you the enjoyment you want; but he is the thief, indeed I who taking what by them is given returneth not their due.

यज्ञशिष्टाशिनः सन्तो सुज्यन्ते सर्वकिल्विपैः॥ भुजते ते त्वधं पापा ये पचन्त्यात्मकारणात्॥ १३॥

13. The righteous who eat of what remaineth of the sacrifice are from all sins (of ingratitude) released; while the unrighteous who for their own self their food prepare partake of sin [itself.]

अन्नाद्भवन्ति भूतानि पर्जन्याद्भसंभवः॥ यज्ञाद्भवन्ति पर्जन्यो यज्ञः कर्मसमुद्भवः॥ १४॥ कर्म न्नज्ञोद्भवं विद्धि न्नज्ञाक्षरसमुद्भवम्॥ तस्मात्सर्वगतं न्नज्ञ नित्यं यज्ञे प्रतिष्ठितम्॥ १५॥

14-15. From food arc all creatures born; from rain is food produced; rain [again] comes through sacrifice; and sacrifice from action performed. Know that action hath its origin in Vedas, and Vedas come from one [Brahma] who knoweth no decay: thus Brahma, all-pervading is ever present in sacrifice.

doing action, all men, O son of Prithu, would every way follow my example [great as I am]—nay—the worlds [themselves] would die away did I not work, and I would be the author of [bringing about] confusion of castes and ruin to the race of manking.

### सक्ताः कर्मण्यविद्वांसो यथा कुर्वन्ति भारत ॥ कुर्यादिद्वांस्तथासक्तिश्चिकीर्धुटांकसम्बद्धम् ॥ २५॥

25. The wise should work all unattached, even as the ignorant do to the fruit attached, O son of Bharata, ever with the good of people at heart.

### न बुद्धिभेदं जनयेदज्ञानां कर्मसङ्गिनाम्॥ जोषयेत् सर्वकर्माणि विद्वान् युक्तः समाचरन् ॥२६॥

26. The wise should not the belief of the ignorant shake, to actions [and their fruits] attached, [but] should drive them on to action, [themselves] doing the same with devotion firm.

## प्रकृतेः क्रियमाणानि गुणैः कर्माणि सर्वेशः॥ अहंकारवियुदारमा कर्त्ताहामिति मन्यते॥ २०॥

27. Actions all from properties of Nature [are] wrought; [in vain] doth the fool believe "I am the doer" deluded as he is by egoism.

#### तस्ववित् तु महावाहो गुणकर्मविभागयोः ॥ गुणा गुणेषु वर्तन्त इति मत्वा न सज्जते ॥ २८॥

28. But he, O mighty arms, who the truth discerneth of the distinction [of Self] from properties and their functions is not [to action] attached, seeing that "senses move amongst the objects" [and not the Self].

अकृतेर्गुणसंमृदाः सज्जन्ते गुणकर्मसुं॥ तानकृत्स्नविदो मन्दान् कृत्स्नविन् न विचालयेत्॥२९॥

29. Those who are ignorant of the properties of Nature are to their functions (mundans affairs) attached; the perfect man should not their convictions shake, dullards as they are, knowing nothing of the touth.

े मयि सर्वाणि कर्माणि संन्यस्थाध्यास्यचेतसा ।। े निराशीर्निर्ममो भूखा युद्धयस्य विगतज्वरः ।। ३०॥

30. Dedicate unto Me all actions with thy mind on the Supreme fixed, and devoid of all care for the result, without any nation of mine [and thine], and cured of all mental grief, in battle engage.

्ये मे मतमिदं नित्यमहतिष्ठन्ति मानवाः॥ श्यद्धानन्तोऽनमस्यन्तो सच्यन्ते तेऽपिक्रमंभिः॥ ३१॥

31. Those who ever follow this teaching of Mine

with unshaken faith and from cavil free, even they e absolved from [bonds of] all actions.

ये त्वेदभ्यसूयन्तोः नात्ततिष्ठन्ति मे मतम् ॥ सर्वज्ञानविमुद्रास्तान्विद्धि नष्टानचेतसः॥ ३२ ॥

32. But those who at My teachings carp and follow them not, know them all undone, of reason bereft, in all knowledge deluded.

सदृशं चष्टते स्वस्याः प्रकृतेर्ज्ञानवानपि ॥ प्रकृति यान्ति भूतानि निग्रहः कि करिष्यति ॥ ३३॥

33.' . Even a wise man, hath to conform to his own nature; beings [all] their natures obey; what can restraint [of probibition] avail?

इन्द्रियस्येन्द्रियस्यार्थे रागद्वेषो व्यवस्थितो ॥ तयोर्न वशमागन्छेत्तो ह्यस्य परिपन्थिनो ॥३४॥

34. Likes and dislikes for objects of sense in every sense abide; let none to these [two] submit, for they are obstacles in his way.

श्रेयान् स्वधमों विधुणः पर्धमोत् स्वतृष्ठितात् ॥ स्वधमें निधनं श्रेयः पर्धमों भयावहः ॥ ३५ ॥

35. One's own sphere [of life] however inferior it may be, is far better than that of another superior though it be, [even] death would be welcome

in one's own upbece but the sphere of another carries danger with it.

सहैन उपाय-

अथ केन प्रयुक्तोऽयं पावं चरति प्रुपः ॥ अनिच्छसपि वार्णीय बलादिव नियोजितः ॥ ३६ ॥

ARRUNA said :-

35. But [tell me], O Descendent of Vrishnil what is it that doth a man impel to commit sin, even against his will, constrained as it were by force?

श्रीभगवातुपाच-

काम एप क्रोध एप रजोगुणसमुद्भवः॥ महाशती महापाप्पा विद्युपेनभिह वर्षिणम् ॥ ३७॥

BHAGAWÂN said :-

37. Tis desire, 'tis wrath, spring from the property [known as] Passion. The all-consuming, all polluting, know that to be our for here on earth.

धूमेनानियते चहिर्यधाऽदश्तां मध्न च ॥ यथोल्वेनावृतो गर्भस्तभा नैनंदमावृतस् ॥ ३८॥

33. As smoke envelopeth the flame, rust the polished mirror, and the wamb the bake unbord, even so this [knowledge] by it is enveloped.

#### आवृत्तं ज्ञानमेतेन ज्ञानिनो नित्पविरिणा ॥ कामरूपेण कोन्तेय दुष्पुरेणानठेन च ॥ ३९ ॥

89. Knowledge, O son of Kunti I is all enveloped by this, the constant enemy of the wise, which is desire insatiable, and is like fire-flame [that burns brighter the more it is fed].

#### ्रहिन्द्रयाणि मनो द्विद्धिरस्याधिष्ठानम्रुच्यते ॥ . एतेर्विमोहयस्येष ज्ञानमादृस्य देहिनम् ॥ ४०॥

40. Its scat is said to be in the senses, the mind, and the reason, by means of these it cheateth the embodied soul and over his knowledge a veil doth east.

### तस्मात्त्वमिन्द्रियाण्यादौ नियम्य भरतपेमः॥ पाप्मानं प्रजिहे होनं ज्ञानविज्ञाननाशनम् ॥ ४१॥

41. Cast off, therefore, O best of the Bharats this thing of sin, having thy senses first restrained; for it destroyeth knowledge [derived from books and teachers] and direct perception [as well].

#### , इन्द्रियाणि पराण्याहुरिन्द्रियेश्यः परं मनः ॥ मनसस्तु परा बुद्धिया बुद्धेः परतस्तु सः ॥ ४२ ॥

42. It is said that senses are beyond [the body], mind is beyond the senses, beyond the

mind is reason, but what is beyond reason is He [the Soul Supreme].

एवं गुद्धेः परं गुक्रा संस्तक्ष्यारमानमात्मना ॥ जिह दापुं महाचाही यामरूपं द्वरासदम् ॥ ४३ ॥

43. Thus knowing Him as beyond reason and restraining Self by the Self, slay thou, O mighty-armed I the enemy—the desire—hard to vanquish.

Thus ends the discourse of Shri Krishna with Arjuna, discourse the third, entitled,

"YOGA OF ACTION."

#### FOURTH DISCOURSE.

#### INTRODUCTION.

In closing the last discourse, Bhagawan Shri Krishna told Arjuna how he should apply himself vigorously and devotedly to the performance of actions without any care whatever for the consequences thereof, and thereby secure perfection by doing away with the Vasavas [desires]—the seed of the new cycle of birth. In the present discourse Bhagawan continues the unfolding of the same doctrine by Dnyana Yoga (the Yoga of knowledge) which He had taught from earliest times to the progenitors of humanity, and the great Rishis (sages), and was handed down from Gurus (preceptors) to disciples, and preserved from oblivion. The subject of the discourse is called,

# THE YOGA OF THE RENUNCIATION OF KARMA.

#### श्रीमगवानुबाच-

इमं विवस्वते योगं प्रोक्तवानहमन्ययम् ॥ े विवस्वान्मनवे प्राह महारिक्ष्वाकवेऽनवीत् ॥ ९ ॥

BHAGAWAN said :-

1. This eternal Yoga I unto Vivasvat gave,

Vivasvat unto Manu gave, [and] Manu to Ikshvaku taught.

एवं परंपराघासिममं राजपयो विदुः॥ स कालेनेह महता योगो नष्टः परन्तप॥ २॥

2. Thus from hand to hand unto Rajarshis [royal sages] it passed, until, O terror of foes i it became extinct on earth by long [lapse of] time.

स एवायं मया तेऽय योगः प्रोक्तः पुरातनः॥ भक्तोऽसि मे सला चेति रहस्यं धतदुत्तमम्॥३॥

3. The same old Yoga I have taught thee today, and it is the supreme mystery [that I have taught thee] since thou art My friend and intent on Me [alone].

धर्मुन उवाच-

अपरं भवतो जन्म परं जन्म विवस्वतः ॥

अयमेतद्विजानीयां स्वमादौ प्रोक्तवानिति ॥ ४ ॥

ARJUNA said:

4. Thy birth is posterior to that of Vivaswata [sun], how can I then believe it was Thou that first taught it [to him].

#### र्याणमञ्जूषाण--

बहुनि से स्पर्तातानि जन्मानि तत्र चार्जुन ॥ मान्यरं वेद सर्वाणि न स्व वेत्य प्रतन्त्रप ॥ ५॥

#### BHAGAWAN said;-

6. Both thou and I have passed through many a birth; I know them all, but thou knowest them not, O Chastiser of fees !

#### अजोऽपि सञ्चन्यारमा भूतानामीकरोऽपि सन् ॥ प्रकृति स्वामिष्डाय संभवास्यारममायया ॥ ६॥

6. Even though I am [ever] unborn, and free from decay, even though I am the ruler divine of beings all, still do I [seem to] take birth presiding over Nature which is mine own [not different from me] through My Maya [power of illusion].

#### यदा यदा हि पर्मस्य ग्टानिभवति भारत ॥ अभ्युत्यानमधर्मस्य तदाऽऽत्मानं खुजाम्यहम् ॥ ७॥

7. Whenever, O descendent of Bharata I there arises a decay of Dharma (respective duties assigned to each class of persons) and Adharma (pervertion of order and moral) reigns supreme, then do present Myself [in human form as it were].

### परित्राणाय सापृतां विनाशाय च हुण्हताम् ॥ धर्मसंस्थापनार्थाय संभवानि सुगे युगे ॥ ४॥

S. For the protection of the riteous, for the destruction of evil doers and for bringing to order the (perverted state of) Dharma, I am born\* [as it were] from age to age.

The great teacher remarks that it is stated in the Itihasas and Puranas that Bramha-Dayanis (knowers of Branka, hence literated teals or Jivannuktas) reflicanate: Thus the old Rishi named Apantaratamas reflicanated as Krishna Dwaipāyana, under the orders of Vishnu; Vashisha, (a mind-born son of Bramha, having lest his body by the curse of Nimi), reflicarnated from Mitra and Varuna under the orders of Bramha. Again we read that Bhrigu Maharishi and some others, also mind-born sons of Bramha, reflicarnated in Varuna-Sacrifice, Sanat-kumāra, a'mind-born son of Bramha, reflicarnated as Kumāraswāmi, owing to the vow, he himself made to Rudra. We also read often in Scripture that Maharishi Nāradā and others reflicarnated. Even in the Vedas we read that Bramha-

<sup>\*</sup> It may be useful to give here the substance of Shri Shani ardeharya's Commentary on Bramba Su tra 32 Pada 3. Adhyaya 3.

<sup>&</sup>quot; Adhikarika Purushas remain till the folfilment

<sup>&</sup>quot; of their duty (adhibara)."

# जन्म कर्म च मे दिन्यमेव यो वेति तत्त्वतः॥ व्यक्ता देहं पुनर्जन्म नेति मामेति सोऽर्जुन ॥ ९॥

9. Whoever thus truly knoweth My birth and work divine, O Arjuna! on easting off his body is never born again; he is [finally] absorbed into Me.

dnyanis re-incarnate. Some of these re-incarnate after leaving the present body; others, by the power of yoga enter other bodies, while still remaining in the present body. All these appear, from the Scripture, to have mastered the meaning of all the Vedas. These Apantaratamas and others, who have been ordered to perform the duties necessary for the preservation of the world, remain for the fulfilment of their duties. Just as the Sun, after performing the duties pertaining to the system (Jagat) for one thousand Yugas, at the end of that period enjoys Mukti, without rising or setting; just as the living Bramhadnyanis enjoy Mukti after exhausting their Karma; so Apantaratamas and others, who are Ishwaras, (Lords) being appointed by Parameshwara (the Supreme Lord) for different duties remain till the orders are fulfilled, and enjoy Moksha after that .- Lucifer, July 1895.

In the Bhavishyottara Purana all the Bhaktas that had appeared in the modern times, in this worldwere said to be the incarnations of the emancipated ancient

#### वीतरागभयकोषा मन्मया मामुपाश्रिताः॥ वहवा ज्ञानतपता पृता मङ्गायमागताः॥ १०॥

10. Many who are freed from attachment, fear and anger, who are My very self, who have taken refuge in Me, and who are purified by [considering Dhyana as their Tapa [penance] have entered into my being.

#### ये यथा मां प्रपद्यन्ते तान्स्तथेव भजाम्यदम् ॥ मंम वरमातुवर्तन्ते मतुष्याः पार्थ सर्वदाः ॥ १९ ॥

11. In whatever manner men worship Me, in the self same manner do I accept them whatso-ever path men follow, O son of Prithu I that path leads to Me in every way.

#### फांक्षन्तः कर्मणां सिद्धि यजन्त इह देवता ॥ क्षिप्रं हि मातुपे छोके सिद्धिभवति कर्मजा ॥ १२ ॥

12. Those that desire Karma-Siddhi of success in their action worship Deities in this world, for

Rishis, and Bhaktas and were ordered down to lead humanity in the right path. The Cha. IV, of the Skn. XI of Bhagvat is almost entirely devoted in relating the incarnations of Bhagwan Vishnu or Ishwara himself which He took for the protection of the righteous and destruction of evil-doers.

in this world of men success quickly followeth action:

#### चातुर्वेण्ये मया सृष्टं गुणकर्मविभागशः ॥ तस्य कर्त्तारमपि मां विद्धयकर्तारमञ्ययम् ॥ १३ ॥

13. The fourfold division into classes was created by Me, in accordance with the difference in the properties and their functions. Know Me to be actionless, and inexhaustible, although I am their Author.

#### म मां कर्माणि विपन्ति न मे कर्मफले स्पृहा ॥ इति मां योऽभिजानाति कर्मभिने स बद्ध्यते ॥ ९४॥

14. Actions pollute Me not, nor have I any desire for the fruit of them. One that knoweth Me to be such, shall never be affected by action.

### एवं शास्त्रा कृतं कैंभें पूर्वेरिंप सुसुक्षिः॥ कुरु कमैंव तस्मास्त्रं पूर्वेतं कृतम्॥१५॥

15. It was with this knowledge that even those who in past times were desirous of obtaining emancipation, performed actions; perform thou therefore actions alone as did our ancestors in olden times.

किं फर्म किमकर्मेति कवयोऽप्यत्र मोहिताः॥ तत्ते कंमे प्रवक्ष्यामि यज्ञात्वा मोक्ष्यसेऽशुभात्॥१६॥

16. Even the wise are puzzled as to what is action and what is non-action. I will tell unto thee that by the knowledge of which, thou shalt be freed from evil.

् कर्मणो एपि चोद्धव्यं चोद्धव्यं च विकर्मणः॥ अकर्मणश्र चोद्धव्यं गदना कर्मणो गंतिः॥ १०॥

17. It is essential to know [the nature of] Karma (actions ordained by the Vedas), Vikarma (forbidden action), and also the Akarma (inaction) The ways of Karma are incomprehensible.

कर्मण्यकर्म यः पश्येदकर्माण च कर्म यः॥ स द्यदिमानमद्यपेषु स ग्रुकः कृत्स्नकर्मकृत्॥ १८॥

18. He that seeth inaction in action, and action in inaction, is of all men, [the really] wise, the true ascetic,—hath performed all actions [without any way binding himself thereunto].

<sup>\*</sup> In the Bhagwat Skandha XI. Ch. III, verses 43 c. 45 the subject of Karma, Akarma and Vikarma is clearly explained.

#### ्यस्य सर्वे समारंभाः कामसंकल्पवर्जिताः॥ ः ज्ञानाग्रिदग्धकर्माणं तमाहुः पंडितं बुधाः॥ १९॥

19. He is the wise, by the learned called whose activities are free from any idea of desire thereof, and whose actions are all burnt by the fire of knowledge.

त्यक्त्वा कर्मफळासंगं नित्यतृप्तो निराश्रयः॥ कर्मण्यभिष्यदत्तोऽपि नैव किंचित्करोति सः॥ २०॥

20. He that hath all attachments for saken to the fruit of his action and remaineth contented and [hence] self-possessed, is not at all affected although he fully engageth himself in action.

निराशीर्यतिचित्तात्मा त्यक्तसर्वपरियहः ॥ शारीरं केवछं कर्म कुर्वन्नाप्नोति किल्विपस् ॥ २९ ॥

21. He that hath controlled his senses and mind, having no desire of any kind, and is free from all sorts of temporal concerns, performing action merely for the [sustainance of] body, does never incur sin.

यदुच्छालाभसन्तुष्टो ईद्वातीतो विमत्सरः ॥ समः सिद्धावसिद्धौ च कृत्वापि न निवृद्ध्यते ॥ २२॥

22. He who is content with whatever falls to his lot, who is above the pairs of opposites, free

from envy and hate and even-balanced in success and defeat, altough he acts, is not bound [by actions].

#### गतसंगस्य छक्तस्य ज्ञानावस्थितचेतसः॥ यज्ञायाचरतः कर्म समग्रं प्रविठीयते ॥ २३ ॥

23. He—whose attachments are dead, who is freed, whose mind is fixed in the knowledge [of Self], and who performeth actions by way of sacrifice—his actions all are entirely destroyed.

#### ः त्रह्मार्पणं व्रद्यहविर्वह्माग्नौ व्रह्मणा हुतम् ॥ अव्यक्षेत्र तेन गंतन्यं त्रह्मकर्मसमाधिना ॥ २४ ॥

24. Bramha is the dedication and Bramha the offering; Bramha is the [sacrificial] fire and Bramha the sacrificer; unto Bramha he affaineth who, while, acting, meditateth upon Bramha.

#### दैवमेवापरे यज्ञं योगिनः पर्धपासते ॥ ब्रह्माग्रावपरे यज्ञं यज्ञेनैवोपज्जह्वति ॥ २५ ॥

25. There are some Yogis (Karma Yogis) who offer up Yadnya (sacrifice) to the Gods (Indra and others), while there are others (Dnyâna Yogis or those who effect union by knowledge) who sacrifice into the fire of Bramba by the very sacrifice of Yadnya (Atma).

### श्रोत्रांदीनीन्द्रियाण्यन्ये संयमाग्निषु जहाति ॥ शब्दादीन्त्रिययानन्य इंद्रियाग्निषु जहाति ॥ २६ ॥

26. Some pour as sacrifice [sense] of ears and other senses, into fire of concentration; some again offer up sound and other sense-object to the fires of senses.

# सर्वाणीन्द्रियकुर्माणि प्राणकर्माणि चापरे ॥ अत्मसंयमयोगाग्री जुद्दति ज्ञानदीपिते ॥ २७ ॥

27. And others again pour down the sacrifice of the functions of sense-organs and vital airs into the fire of union through Self-restraint illuminated by knowledge [of self].

# द्रव्ययज्ञास्तपोयज्ञा योगयज्ञास्तथाऽपरे ॥ स्वाध्यायज्ञानयज्ञाश्र यतयः संशितव्रताः ॥ २८ ॥

28. Others again sacrifice by offering wealth, by Tapa (austerity), by the Yoga Hatha\* or

<sup>\*</sup>Shankaracharya in his work called the Aparoxanubhuti (verses 143 and 144) has defined the uses of Raja and Hatha-Yogas saying that "This with the parts "set forth above comprises Raja-Yoga. The Hatha "or physical-Yoga is prescribed together with the "Raja-Yoga forthose who have lost least of their taste "for the pleasure of senses. To those whose mind is

Ashtanga-Yoga,) by the Swadhyaya (daily study of the Vedas) Dnyana, such are self-restrained and of right views.

## अपाने जुद्धित प्राणं प्राणेऽपानं तथाऽपरे ॥ प्राणापानगती रुद्धा प्राणायामपरायणाः ॥ २९ ॥

29. Some, again, sacrifice Prana\* into Apanaf and Apana into Prana, arresting the passage of the Prana and Apana (by effecting Kumbhakarestraining breath), absorbed in Pranayama (effect Jada-Samadhi i.e. trance or cataleptic condition.)

अपरे नियताहाराः प्राणान्प्राणेषु ज्रह्वति ॥ सर्वेऽप्येते यज्ञविदो यज्ञक्षपितकल्मपाः ॥ ३० ॥

offer up sacrifice of the Pranas into the Pranas.

<sup>&</sup>quot;completely ripe (by विवेक्ष्य ग्रंथ &c.) this (Raja-Yoga)
"alone (without any Hatha or physical Yoga) is use"ful; this Yoga again is one easily accessible to those
"who are devoted to their Guru or teacher or to
"their favourite God."

<sup>\*</sup>The air inhaled and exhaled.

<sup>†</sup>The air (vital) occupying the region, from under the naval to the rectum.

All these are the knowers of Yadnyas (Hatha Yoga practices) wherewith they geterid of their sins (impendents) [to the study of Raja-Yoga].

#### यज्ञशिष्टामृतभुजो यांति व्रह्म सनातनम् ॥ नायं लोकोऽस्त्ययवस्य कृतोऽन्यः कुरुसत्तमः॥ ३१॥

31. The eaters of the Amrita—(that which delivers from death or secures immortality) the remnant of sacrifice, attain unto the Everlasting Bramha. O best of the Kowravas! when [even] this world is not attained unto by those who do not perform Yadnyas (sacrifices), how is it possible for them to attain unto the other?

एवं वहुविधा यज्ञा वितता ब्रह्मणो सुखे ॥ः । कर्मजानिबद्धि तान्सर्वानेवं ज्ञास्वा विसोक्ष्यसे ॥ ३२ ॥

32. Thus many and various are the sacrifices spread out from the mouth of Brahma (one of the Trinity). Know them resulting from Karma (action) and thus knowing, thou shalt be emancipated.

श्रेयान्द्रव्यमयाबज्ञाज्ज्ञानयज्ञः परंतप ॥ सर्वं कर्माखिलं पार्थे ज्ञाने परिसमाप्यते ॥ ३३ ॥

33. The sacrifice of knowledge [of Self] is far superior, O terror of foes I to that which consists

of wealth, and exertiseist Drawyse (substances) All actions (by way of sacrifice) performed, O son of Pithu! are comprehended in knowledge of self).

नहिन्दि प्रणियानेन परिप्रक्षेत्र नेराया ॥ इपदेद्यंति से माने मानिनस्तराद्यिनिः॥ ६४ ॥

34. Learn this by falling at the feet (of the Gurn i. e. freeftar) by questioning and serving [him]. The wise and the secre of Tatwa) the essence of things) will impart knowledge (of Self) to thee.

यज्ञात्म न पुनर्मीत्मेर्व यास्यति पांस्य ॥ येन भृतान्यशेषेण दृश्यस्यातमन्यधो मयि ॥ ६५ ॥

35. Having known this, O son of Prithe I thou shalt not fall again into such confusion. Having this [knowledge], thou shalt see all the creation within Thyself and Myself [without any distinction].

् अपि चेइसि पापेन्यः सर्वेभ्यः पापकृत्तमः ॥ - सर्वे ज्ञानिद्वेतेव द्वजिनं संतरिष्यसि ॥ ३६ ॥

36. Even if thou he among all evil men the greatest of sinners, yet thou shalt cross by the help of the raft of [this] knowledge alone the [ocean of] sin.

#### यथेषांसि समिद्धोऽग्रिर्भस्मसात्कुरुतेऽर्जुन ॥ ज्ञानाग्निः सर्वकर्माणि भस्मसात्कुरुते तथा ॥ ३७ ॥

37. O Arjuna! as the blazing fire reduceth fuels to ashes, so doth the fire of knowledge reduce all actions to ashes.

#### निह ज्ञानेन सद्दर्श पवित्रमिह विद्यते ॥ तत्स्वयं योगसंसिद्धः कालेनात्मनि विन्द्रति ॥ ३८॥

38. Indeed, there is nothing so purifying in this world as knowledge [of self], and he that is perfected in Yoga (Karma-Yoga i. e. Yoga of action) reaches it in the self in due course of time.

#### श्रद्धावाँहमते ज्ञानं तत्परः संयतेन्द्रियः ॥ ज्ञानं रुख्ध्वा परं शांतिमचिरेणाधिगच्छति ॥ ३९ ॥

39. He, who is full of faith, on it [knowledge] intend, and hath complete mastery over his senses, obtaineth knowledge [of self]; and having gained knowledge, soon obtaineth the greatest tranquility.

#### अज्ञश्राश्रद्धानश्चः संज्ञयातमा विनद्दयति ॥ नायः कोकोऽस्ति न परोःन सुखं संज्ञयात्मनः ४०॥

40. [But] the ignorant, the faithless, and the sceptic, with destruction meet; [for them] there is neither this world nor the next;—to a mind that is doubting [there is] no happiness whatever.

### योगसंन्यस्तकर्माणं ज्ञानसंछित्रसंशायस् ॥ आस्मवन्तं न कर्माणि निवधन्ति धनंजय ॥ ४१॥

41. He, who hath renounced Karma (action) by way of Yoga (Karma-Sanyasa-Yoga) and hath by [the sharp weapon of] knowledge cut asunder his doubts, and is self-possessed, is never by Karma bound. O Conqueror of wealth!

तस्मादज्ञानसंभूतं हत्स्यं ज्ञानासितात्मनः॥
छित्वेनं संदायं योगमातिष्ठोत्तिष्ठं मारत ॥ ४२॥

42. Cut asunder, therefore, O descendent of Bharata I with the sword by thy knowledge the doubt of ignorance born, dwelling in thy heart and be ever for Yoga (Karma-Yoga) and be up [for fight].

Thus ends the discourse of Shri Krishna! with Arjuna, discourse the fourth entitled.

THE YOGA OF KNOWLEDGE.

#### TTH DISCOURSE.

#### INTRODUCTION.

In the first part of the previous discourse Bhagwan Shri Krishna asked 'Arjuna' to practice the Karma-Sanyasa i. e. renunciation of deeds [IV. 21-22] declaring to whom that the observance of that Yoga would give him the knowledge of the Self and would destroy all his actions committed in the past lives. He again closed the discourse by ex-horting Arjuna to give up all doubts whatever and follow the Karma-Yoga [IV. 42]: by participating in the war and fulfilling the duties of a Kshatriya prince. Arjuna is very naturally puzzled at the preaching of Bhagwan Shri Krishna, who at one time asked him to renounce all actions and at another asked him to perform the same-two contradictory notions like rest and motion, Arjun is not able to decide how he should carry out Bhagwan Shri Krishna's advice, he does not see his way in the midst of these conflicting statements; thus in the beginning of the present discourse Arjuna asks Lord Krishna to explain to him clearly the nature of his preaching. The object of the present discourse therefore is to remove the perplexity in Arjuna's mind by pointing out to him that there was no contradiction in what He said and that Karma-Sanyasa and Karma-Yoga if properly

understood were not opposite notions: Karma-Sanyasa is Karma-Yoga and Karma-Yoga is Karma-Sanyasa since Karma-Yoga that is performance of deeds without earing for the consequences thereof is Karma-Sanyasa and Karma-Sanyasa that is renunciation of the fruits of deeds performed is Karma-Yoga. It is the foolish, the ignorant only, who look upon these Yogas as different and ending in different results; to the wise both are the same, This is most explicitly put in the following discourse named.

THE YOGA OF THE RENUNCIATION OF ACTION

व्यर्कुन उवाच—

संन्यासं कर्मणां कृष्ण पुनर्योगं च शंतिस ।। यच्छ्रेय एतयोरेकं तन्मे बूहि सुनिश्चितम् ॥ १ ॥

ARJUNA said :-

1. Relinquishment of actions, thou praisest, O Krishna, and then again the performance [of the same], tell me definitely which one of these is better [for me to follow].

श्रीभगवानुवाच--

संन्यासः कर्मयोगश्च निःश्रेयसकरातुभौ ॥ तयोस्तु कर्मसंन्यासात्कर्मयोगो विशिष्यते ॥ २॥

BHAGAWAN SRICT: --

2. Renunciation and performance of deeds are

givers of beatitude both; of the two, however, performance of deeds is to renunciation of them superior far.

#### जेयः स नित्यसंस्थासि यो न द्वेष्टि न कांधति ॥ निर्देश्दो हि महाबाहो सुखं बन्धायमुच्यते ॥ ३ ॥

3. Know that [Karma-Yogi] to be an ascetic for ever who hatch nor desireth neither; for freed of duality, he, O of mighty arms! from bonds is easily released.

#### सांख्ययोगी प्रथमाङाः प्रवदन्ति न पंहिताः ॥ एकमप्यास्थितः सम्यग्रसयोविन्दते फङम् ॥ ४ ॥

4. [It is] The ignorant [that] the Sankhya\* and Yoga\* distinct (in fruit) declare [and] not the wise; even the one, if well performed, the fruit of both doth give.

<sup>\*</sup> The words Sankhya and Yoga play a very important part in the first part of Gita. They are not the names of the Schools of Philosophy, as is generally supposed by the Western commentators. They have nothing to do with the schools here, for K-ishna distinctly says "the ignorant look upon them as different and not the wise," while

### यत्सांख्येः प्राप्यते स्यानं तथोगैरिप गम्यते ॥ एकं सांख्यं च योगं च यः पश्यति स पश्यति ॥ ५॥

5. The State [of rest] attained by the learned the performers of deeds also reach; he [only] seeth (rightly) who the Sankhya [knowledge] and the Yoga [actions] seeth as one and the same.

Sankhya and Yoga as systems are from times immeupon as two distinct Schools of morial looked Philosophy by the ignorant as well as by the wise. The one is Nirishvara, Atheistic, that is, it does not admit the existence of any extra-cosmic god, while the other is purely Seshvara or Theistie. How can the wise consider these two as one and the same if they meant the Schools? The Sankhya in the gita properly means "knowledge" as its derivation shows and "Yoga" means "actions without desire for fruits." Gftå itself lays down for us the definition of Yoga." samatvam Yoga uchyate" "Equanimity is called Yoga." There is no other way in which the text can be explained. The text says it is the foolish—the indiscriminate, the ignorant-who look upon knowledge and disinterested actions as different, ending in different results. To the wise both are necessary for the final emancipation. If you understand the truth of one of them you are sure to be freed. This is the correct explanation of the often misunderstood terms "Sankhya" and "Yoga".

#### संन्यासस्तु महावाहो दुःखमापुमयोगतः ॥ 🐇 🖟 योगग्रको मुनित्रेण न चिरेणाधिगङ्कति ॥ ६ ॥

6. Renunciation, O of mighty arms! without the Yoga [performance of deeds] is hard to attain, man of wisdom to the Yoga attached soon unto Brahma doth attain.

#### योगयुक्तो विग्रद्धात्मा विजितात्मा जितेन्द्रियः॥ सर्वभूतात्मभूतात्मा कुर्वत्रपि न व्हिप्यते॥७॥

7. One with the Yoga filled and with mind of all dross purged, self-controlled, and ever master of his senses, and one with the Self of all and every being, is not by action defiled, though (ever) acting.

नैव किंचित्करोमित युक्तो मन्येत तत्वित् ॥ पश्यनगृण्वनस्प्रशन्जिन्नन्नन्नन्नन्यनस्थसम् ॥ ८ प्रविपत्तिस्जनगृद्धविन्मपन्निमिपनिषे ॥ इंद्रियाणीदियार्थेषु वर्तत इति धारयम् ॥ ९॥

8-9. The Yogi who the truth knoweth shot think, "naught do I do," and although he sees, hears, feels, touches, smells, eats, sleeps, breathes talks, gives, takes, opens and closes [his] eyes, he should always consider "the senses as passing out to their respective objects" [and not his Self].

#### त्रहाण्याधाय कर्माणि संगं त्यक्तवा करोति यः ॥ टिप्यते न स पापेन पद्मपत्रमिवांभसा ॥ २०॥

10. He who the actions performeth by renouncing\* all his interest therein and by resigning them to Bramha, is by sin untouched even as the lotus leaf by water.

कायेन मनसा गुद्ध्या केवंटेरिन्द्रियेरिप ॥ योगिनः कर्म कुर्वति संगं त्यक्त्वाऽष्टमगुद्धये ॥ ११ ॥

11. The Yogis renouncing all attachments perform action wholly by the body, mind, and understanding, and even by the senses only, for the purification of the Self.

युक्तः कर्मफ्छं त्यक्ता शांतिमाप्नोति नैष्टिकीम् ॥ अयुक्तः कामकारेण फछे सक्तो निवद्धयते ॥ १२॥

12. The Yogi having all concern with the results

An act done generates an effect, which in its turn becomes a cause, resulting in further causes and effects, and so on; Karma Yoga as taught by Bhagawan stops the further sequence of cause and effect by the renunciation of fruit of action and the oftering of it to Him. But the action done though free from desire if not offerred to the Deity (as sacrifice) generates Karma and has its fruit in the heaven of the Pitris, This is the gist of this verse.

#### न प्रहृष्येप्रियं प्राप्य नोद्विजेत्प्राप्य चाप्रियम् । स्थिरचुद्धिरसंसूढी ब्रह्मविद्वह्मणि स्थितः॥ २०॥

20. One who is steady-minded, undeluded, knower of Brahma, and in Brahma resteth, should neither rejoice at obtaining what is pleasant, nor grieve at meeting with what is unpleasant.

् वाद्यस्पर्शेष्वसक्तात्मा विन्दत्यात्मनि यस्त्रखम् । स ब्रह्मयोगयुक्तात्मा सुखमक्षर्यमञ्जते ॥ २१ ॥

21. One whose heart is unattached to externa objects, findeth what is happiness of the Soul and with his mind in union with Brahma the ever lasting bliss doth attain.

ये हि संस्पर्शेजा भोगा दुःखयोनय एव ते । आद्यन्तवन्तः कोन्तेय न तेषु रमते बुधः ॥ २२ ॥

22. The pleasures resulting from contract [o the senses with their objects] are ever sources o plain; the wise man, O Son of Kunti, takes no delight in them, for they come and go.

शक्रोतीहेव यः सोढं प्राक् शरीरविमोक्षणात्। कामक्रोघोद्भवं वेगं स युक्तः स सुखी नरः॥ २३॥

23. He [is] the Yogi, he [is] the happy being

who, even here, ere from the body released, can endure the perturbations born of desire and wealth.

#### योऽन्तःसखोऽन्तरारामस्तर्थान्तर्ज्योतिरेव यः। स योगी वहानिर्वाणं ब्रह्मभूतोऽधिगच्छति ॥ २४॥

24. That Yogi, who is happy within, who is pleased within, and who receives light from within only, being Brahma, in Brahma doth find the supreme unconditioned bliss.

#### लभन्ते त्रह्मनिर्वाणसृषयः क्षीणकलमपाः । छिन्नद्वेधा यतात्मानः सर्वभूतहिते रताः ॥ २५ ॥

25. Sages from all dross freed, rised above all duality, self-controlled, and ever intent on the good of all beings, find in Brahma the state of unconditioned bliss.

#### कामकोधवियुक्तानां यतीनां यतचेतसाम् । अभितो वहानिर्वाणं वर्तते विदितात्मनाम् ॥ २६ ॥

26. To saints, who are free from desire and wrath, who have their minds subdued, and who the Brahma have known, the state of supreme extinction in Brahma awaits them at every step.

स्पर्शान्कृत्वा वहिर्वाद्यांश्रक्षश्चेवान्तरे सुवोः। प्राणापानौ समी कृत्वा नासाभ्यन्तरचारिणौ॥२७॥ यतेन्द्रियमनोद्यक्तिंस्रीनमोक्षपरायणः। विगतेन्छाभयकोधो यः सदा सक्त एव सः॥२८॥

27-28. The Sage, who, dispelling all sensations from objects out-side, and fixing the gaze betwixt the eyebrows [at the root of the nose], and making the Prâna and the Apâna equally (united) in their passage through the nostrils, has his senses, mind, and reason controlled, who is solely intent upon Moksha (liberation), and from whom have gone away [all] expectations, fear and wrath, is for ever freed indeed.

भोक्तारं यज्ञतपसां सर्वेटोकमहेश्वरम् । सुहृदं सर्वे भृतानां ज्ञात्वा मां शांतिमृच्छिति ॥ २९॥।

29. He who knows Me as the Master of sacrifice and Tapa (austerities), as the great Lordof all the worlds, and as the Friend of all beings, attains bliss.

Thus ends the discourse of Shri Krishna with Arjuna, discourse the fifth entitled.—

THE YOGA OF THE RENUNCIATION OF ACTION.

Shâstrâs. Now, to those who have achieved a complete purity of mind, is prescribed the former Sanyasa, but that is secured by performing the Karma-Sanyâsa Yoga, which can only be acquired by a complete shaking off of the desire for results. and sacrificing them to God. For this reason it is that Karma-Sanyasa is said to be the best to follow. A Sanyasi, whose mind is full of desires but who has for his convenience changed the dress &c.pis far from reaching success even when he professes to be a great Sanyasi. The same is 's the case with a Grihastha (house-holder), who may perform without relinquishing desire for fruit all religious duties attached to his order, but they will be of no avail to him. One that gives up the duties or Karmas attached to his order and class, without at the same time being a Sanyasi of true mental purity, is an apostate and as such he is neither a Grihastha (house-holder), or Vanaprastha (hermit) nor a Sanyasi (one who has renounced worldly attachments). For these reasons, Karmayoga, which also means the Karma-Sanyasa-yoga, is superior to the mere surface Sanyasa secured by the change of dress and outward conduct without a change of the inner life. This will be the subject of this discourse which is styled-

THE YOGA OF SELF SUBDUAL.

#### श्रीभगवानुवाच--

#### अनाश्रितः कर्मेफ्लं कार्यं कर्म करोति यः। स संन्यासी च योगी च न निर्माने चाकियः॥१॥

#### BHAGAWÂN said :-

1. He who without desire of fruit doeth Karma (action) as his duty is a Sanyasi (one who has renounced the world) and a Yogi (Karma Yogi), but not one who hath no [sacrificial] fire, or doeth no Karmas,

#### यं संन्यासमिति प्राहुयोंगं तं विद्धि पांडव । न ह्यसंन्यस्तसंकल्पो योगी भवति कश्रन ॥ २ ॥

2. O Son of Pandu! That which is called Sanyasa (renouncement) know thou the same as Yoga also: no one can become a Karma Yogi without renouncing Sankalpa (expectations of advantages from performance of holy works).

#### आरुरक्षोर्मुनेयोंगं कर्म कारणमुच्यते । योगारूदस्य तस्यैव शमः कारणमुच्यते ॥ ३ ॥

3. To a Muni (man of wisdom) aspiring to secure Yoga (union of soul with spirit) Karmas are the means, and to him when he has acquired Yoga [the practice of] Shama (contemplation) is the means [to secure perfection].

### यदा हि नेदियार्थेषु न कर्मस्वत्वपज्जते । स् सर्वसंकरपसंन्यासी योगारूढस्तदोच्यते ॥ ४ ॥

4. Being amongst objects of the senses an among Karmas (actions) he feeleth no desire [fo them] and renounces Sankalpas (mental plant about happiness resulting from sacred perform ances) then is he perfect in Yoga.

#### उद्धरेदात्मनाऽऽत्मानं नात्मानमवसादयेत् । आत्मेव छात्मनो वंधुरात्मेव रिपुरात्मनः॥ ५॥

5. Let one raise Self\* by Self; nor allow Self to sink low [into worldliness]; verily self is the friend of self and self is the enemy of Self.

#### वंधुरात्माऽऽत्मनस्तस्य येनात्मैवात्मनाजितः । अनात्मनस्तु शत्रुत्वे वर्तेतात्मैव शत्रुवत् ॥ ६ ॥ ः

6. To him that hath subdued Selft by Self, Self

<sup>\*</sup> The reader is referred to Sk. XI. Ch. XXVIII. of Shrimat Bhâgwat containing the Bhikshu Gita, wherein instructions are given to train the mind to submission and make it a friend and a helpmate in the study of Self that leads to the condition of Jivanmukti.

<sup>†</sup> A conscious state of mind is required to be developed along with progressing mental tranquility by Dhâranâ and Dhyân attaining Samadhi. This

is the friend of Self; but to him that hath not so subdued it, Self acts as an enemy towards Self.

#### जितात्मनः प्रशांतस्य परमात्मा समाहितः । शीतोष्णसुखदुःखेषु तथा मानापमानयोः॥ ७॥

7. He who hath conquered Self and who is self-composed and Paramatma,\* (Great Soul) is tranquil in cold and heat, in happiness and misery, in honour and dishonour.

can only be secured by treating the mind as a friend and a helpmate and not as an enemy which is persecuted for gaining conquest over it. It then proves invincible and all efforts to subdue it fail, and concentration becomes ineffective.

\* Prashanta or Sadhus are known by many characteristics but of these eight are described in Shrimat Bhagwat (Sk. XI Ch. XXVI 27) as principal ones, viz.—1, unshaking steadiness of mind in its purpose, 2, constant contemplation of the Deity, 3, undisturbed equanimity of mind under all conditions, 4, even-mindedness towards all creatures, 5, unselfishness, 6, freedom from egoism, 7, indifference to the effects of pairs of opposites, and 8, freedom from family or other attachments.

#### ज्ञानविज्ञाननृप्तात्मा कृटस्थो विजितेंदियः । युक्त इत्युच्यते योगी समलेष्टादमकांचनः॥ ८॥

8. Who is satisfied with Dryana (knowledge of material or physical science or objective nature) and Vidnyana (knowledge of spiritual sciences or subjective nature) is Kutastha (unaffected, uniform, and perpetually the same) and ditendriya (sense-subdued); he is a Yogi. To him a clod of earth, a stone and a lump of gold are the same.

#### सहिन्मत्रार्थुदासीनमध्यस्थद्वेष्यवंधुपु । साधुष्वपि च पापेषु समग्राद्विविधिष्यते ॥ ९ ॥

9. He who is evenly inclined towards [his] well-wishers, friends, foes, strangers, indifferent persons, haters, relatives, pious and sinful men is exceedingly great.

योगी ग्रंजीत सत्ततमात्मानं रहानि स्थितः। एकाकी यत्तवित्तारमा निराशीरपरिग्रहः॥ १०॥

10. The Yogi\* [who has applied himself to

the (practice of) Yoga (Hatha or Ashtanga Yoga) Should betake himself to a retired place, by himself alone, restraining his thoughts and mind, and freed from expectations and hope, should constantly apply himself to Yoga.

#### ग्रचौ देशे प्रतिष्ठाप्य स्थिरमासनमात्मनः । नात्प्रच्छितं नातिनीचं चेळाजिनकुशोत्तरम् ॥ १२ ॥

11. In a clean place, let him establish himself with a steady posture on seat, which should neither be very high nor too low, and made of cloth, Jina (deer, antelope or tiger skin) and the Kusha Grass (Poacynosuroides).

Hatha-yoga Pradipika, Gheranda Samhita, and the Yoga Sara Sangraha published by this Society. Whatever mode is followed, Samadhi would not be accomplished unless the conscious state of the ego is secured all through in that condition. Samadhi without consciousness is called the Jada Samadhi, which is cateleptic state.

\*Uddhava (another beloved disciple of Shri Kṛishṇa) having spoken to Bhagawan Shri Kṛishṇa concerning the impracticability of withdrawing the mind from the impulses of the Rajo-guṇa (activity for securing the enjoyment of life) and the Tamo-guṇa (happiness of inactivity or stolidity), as being uncontrollable, Bhagwana

## तत्रेकायं मनः कृत्वा यतचित्तंद्रियकियः। उपविक्यासने गुंज्यायोगमात्मविशुद्धये॥ १२॥

12. There sitting and controlling the modifications of the mind and functions of organs, it should concentrate his mind; steadying in the seat, he should, for the purification of Self practice [this] Yoga.

suggested to him two modes in which He had instructed Sanaka and other mind born sons of Brahma, modes which can be easily acquired with the help of renunciation of desire for the objects of the world, viz., first, describing the gradual acquisition of steadiness through posture, and the regulation of Prana (in coming and outpoing vital breath) that would drive away sloth and keep contemplation firm. Steadiness of posture is essential because it steadies Prana: posture and the flow of the vital breath are interdependent. Therefore, when Prana becomes steady, the natural result is that the mind becomes steady, and Dharana, Dhyana and Samadhi are easily attained.

The second mode suggested is that, whenever the mind is drawn away by any sense-object or thought in that object, he (Uddhava) "was told to conceive Him (Shri Krishna) as the underlying principle and view in them His form with all His attributes and glory." Bhagwat Sk. XI., Ch. XIII. 12 @ 14.

#### समं कायशिरोधीवं धारयन्नचळं स्थिरः। संप्रेक्ष्य नासिकाम्रं स्वं दिश्रधानवळोक्यन्॥ १३ ॥

13. Holding the body [trunk], head and neck straight, unmoved and steady, looking fixed at the root of the nose without allowing the cycsight to wander about.

#### प्रशांतात्मा विगतभीर्वहाचारिव्रते स्थितः । मनः संयम्य मचित्तो युक्त आसीत मत्परः ॥ १४ ॥

14. Self-composed, without fear, with a firm vow of celibacy, mind controlled, fixing the heart on Me, let him sit absorbed in Me.

#### युंजन्नेवं सदाऽऽत्मानं योगी नियतमानसः । शांतिं निर्वाणपरमां मत्संस्थामधिगच्छति ॥ १५ ॥

15. Ever engaged in fixing his thought [on Me] constantly with his mind controlled, let him obtain that tranquility which leads to Parnirvana (the Transcendental union) and [final] absorption in Me.

#### नात्यश्रतस्तु योगोऽस्ति न चैकांतमनश्रतः । न चातिस्वप्रशीलस्य जायतो नेव चार्जुन ॥ १६ ॥

16. Yoga, O Arjuna! is not accomplished by one who cats much, or eats not at all, who sleeps much or sleeps not at all.

# युक्ताहारविहारस्य युक्तचेष्टस्य कर्मस् । युक्तस्वप्राववोधस्य योगो भवति दुःखहा ॥ १७॥

17. One, who is moderate in food and amusements, and observes moderation in doing work and is regulated in sleep and wakefulness, and is regulated in Ashlanga Yoga) which attaineth Yoga (Hatha or Ashlanga Yoga) which destroys all diseases.

# यदा विनियतं चित्तमात्मन्येवावतिष्ठते । निस्पृहः सर्वकामेभ्यो युक्त इत्युच्यते तदा ॥ १८॥

18. When his mind is properly restrained and fixed in Self, and when one is unmoved by desire for things, he is then called the Yukta (proficient in Yoga).

# यथा दीपो निवातस्थो नैगते सोपमा स्मृता । योगिनो यतचित्तस्य युंजतो योगमात्मनः ॥ १९ ॥

19. As in a windless place, a lighted lamp burneth without flickering, in like manner the Yogi whose mind is restrained and devoted to abstraction remaineth steady.

# यत्रोपरमते चित्तं निरुद्धं योगसेवया । यत्र चैवात्मनाऽऽस्मानं पश्यन्नात्मनि तुप्यति ॥ २०॥

20. When the mind is quiet and stopped

[working] by the practice of the Yoga and when it seeth Self by Self and feeleth satisfied in Self.

### सुखमात्यंतिकं यत्तद्वुद्धित्राह्ममतींद्रियम्। वेत्ति यत्र न चैवायं स्थितश्रटति तत्त्वतः॥ २१॥

21. And knoweth the felicity, which is endless and which is to be known by means of Buddhi (intellect) only, as it is beyond the senses; perceiving this, he fixeth therein and moveth not from Reality.

### यं छटध्या चापरं छाभं मन्यते नाधिकं ततः । यसिमस्थितो न दुःखेन ग्रुरुणापि विचाल्यते ।। २२ ॥

22. On securing it [felicity] he does not feel any other gain higher than it, and when in possession of it no pain howsoever great will move him.

### तं विचादुःखसंयोगवियोगं योगसंज्ञितम्। स निश्चयेन् योक्तन्यो योगो निर्विण्णचेतसा ॥ २३ ॥

23. Let it be known that this disconnection [of the mind] from union with pain, is called Yoga (union of Soul with Spirit). It should be practised with firm conviction and hopeful heart [determined will.]



#### यतो यतो निधरति मनश्चंचलमस्थिरम् । ततस्ततो नियम्येतदात्मन्थेय वशं नयेत ॥ २६ ॥

26. Whensoever the mind [being by nature] unsteady and wavering wandereth about, let it be drawn back and steadied in Self.

#### प्रशांतमनसं होनं योगिनं सुखसुत्तमम् । उपति शांतरजसं त्रहाभृतमप्रतमपम् ॥ २३॥

27. The Yogi whose mind has become steady, whose Rajasa (passional nature) is calmed, who in sinless, and becomes one with Brahma, enjoyeth the supreme happiness.

#### युंजप्रेवं सद्।ऽऽत्मानं योगी विगतकत्मपः । सुखेन व्रह्मसंस्पर्शमस्यंतं सुखमभुते ॥ २८॥

28. The Yogi having become freed from sins, continuously controlling his mind, without any effort enjoys the inexhaustible bliss by his contact with Brahma.

#### सर्वभूतस्थमात्मानं सर्वभृतानिं चात्मनि । ईक्षते योगयुक्तात्मा सर्वत्र समदर्शनः ॥ २९ ॥

29. He who is perfected in Yoga looketh on every thing with an even eye, and seeth himself in creation, and all creation in himself.

यो मां पश्यति सर्वत्र सर्व च मिय पश्यति । तस्याहं न प्रणश्यामि सं च मे न प्रणश्यति ॥ ३० ॥

30. He who seeth " Me" in all things and all things in Mc, to him I am never lost, nor he to Me.

सर्वभूतिस्थतं यो मां भजत्येकत्वमास्थितः । सर्वथा वर्तमानोऽपि स योगी मिय वर्तते ॥ ३१ ॥

31. He who abideth [in Me] and worshippeth Me as abiding in all beings [separately], will come unto Me, whatsoever be his mode of life.

भारमौपम्येन सर्वत्र समं पश्यति योऽर्जुन । सुखं वा यादि वा दुःखं स योगी परमो मतः॥ ३२॥

32. He who, O Arjuna! feels equally for all [creatures], as he feels for self in respect to pain and pleasure by contact, is regarded as the highest Yogi.

व्यर्कुन उवाच ---

योऽयं योगस्त्वया प्रोक्तः साम्येन मधुसूद्न । एतस्याहं न पश्यामि चंचलत्वात्स्थितिं स्थिरास् ॥३३

ARJUNA said :-

33. O slayer of [the demon] Madhu! The Yoga Thou hast taught me that I may know all [in its true aspect] by personal knowledge (experience) is all well; I do not however see [how the mind can be made] to be steady, owing to restlessness.

#### चंचलं हि मनः कृष्ण प्रमाथी वलवहृद्धम् । तस्याहं निग्रहं मन्ये वायोरिव सदुष्करम् ॥ ३४ ॥

34. O Krishna! The mind\* is very unsteady, it is boisterous, perverse, and obstinate, I reckon it as difficult to control as the wind.

<sup>\*</sup> The mind is that faculty which resolves and doubts. It is the faculty that creates an object for itself and then keeps running in its pursuit. It is the faculty, that creates in itself love and hatred for surrounding objects. It binds a man to his body by identifying itself with it, and suffers pleasure and pain in connection with, or can hold itself aloof from it as an observer, and can liberate itself from rounds of rebirths. It is composed of desires that keep it always unsatisfied and unhappy, but when it gains contentment it is happy and satisfied. The mind is enlightened by Vidya (knowledge) or obscured by Avidyâ (ignorance). The former through the knowledge of self makes it united with Deity, and the latter through ignorance of self and its relations to the universe, flings it into the painful rounds of rebirths. Its purity promotes the unselfish works of general utility, and its impurity is the cause of selfish and sinful acts. Desire, fear, grief, perplexity &c., as also their opposite affections, are the modifications of the mind. The mind is called the Antahkarana

श्रीभगवानुवाच

# असंशयं महावाहो मनो दुनिंग्रहं चलम्। अभ्यासन तु कोतिय वैराग्येण च गृहाते ॥ ३५ ए

35. It is true, O of mighty arms ! that mind is BHAGAWAN said :flighty and uncontrollable, but, O Son of Kuntil by constant practice and by renunciation, it can be controlled.\*

# असंयतात्मना योगो दुष्प्राप इति मे मतिः।

वस्यात्मना तु यतता शक्योऽवाप्तसुपायतः ॥ ३६ ॥ It is my conviction that, for him who has

(inner worker) in Sanskrit. Its modifications are the Buddhi (understanding, intelligence or will), chitta reflection) and Ahankâra (Ego). Some writers on Hatha Yoga identify it with the Kundalini: the power that is at the bottom of all phenomena. In short, the mind plays the principal part in our being, consequently no one will make progress in spiritual knowledge unless he thoroughly understands the mind.

\*In Shrimat Bhagwat Sk. XI, ch. III, 23 Prabuddha Rishi (one of the nine emancifated sons of Bharat) has pointed out that the constant company of the pious and devout, who are distinguished by their clemency, friendship and love to all creatures, is the best and the easiest means for guarding the mind from attachment of every kind.

not restrained himself, Yoga is impossible, but by them who are self-controlled it can be attained by assiduity and constant effort.

अर्द्धन उवाच-

अयितः श्रद्धयोपेतो योगाचितमानसः । अप्राप्य योगसंसिद्धिं कां गितं कृष्ण गष्छिति ॥३७॥ Aruna said :--

37. He who is unsubdued, O Krishna! but imbued with Faith, his mind unsteady [ in the practice of] Yoga, and who faileth in perfecting [himself] in Yoga, what would be his end?

\*Those who desire additional and detailed information on this subject of Faith, are earnestly recommended to read the whole of the Chap. XIV, and Ch. XI, of Shrimat Ehâgwat, a perusal of which will impart the clearest idea of the Devotion spoken of in the Gita, and its developments from the lowest to the highest stages, accompanied with instructions for gradual advancement till the devotee reaches the top.

Bhagwan has also at the end of this Chapter taught to Uddhava the mode of the Dhyana, which, of all the others is most scientific. It leads the devotee onwards from the lowest form of devotion to the highest, as he grows ripe in his practice and knowledge and realises his being as inseparable from the universal soul or Parabrahma Ishwara.

#### फविकोभयविश्रष्टिक्तिभमिव नस्यति । अप्रतिष्टो महावाहो विमुद्दो त्रवाणः पथि ॥ ३८॥

39. In he, O of mighty Arms! to be destroyed both [in this and in the life to come] like [a detached cloud which is] unsteady, since he has fallen from the path of [attaining] Brahma?

#### एतन्मे संशयं कृष्ण छेतुमर्हस्यशेषतः । स्वद्रन्यः संशयस्यास्य छेता नत्नुषणद्यते ॥ ३९ ॥

59. Thou art the only person able to completely dispell this doubt of mine. O Krishna! [Do therefore] remove it by all means, for there is none able besides Thee to do it.

#### श्रीमगद्यानुदाच—

पार्थ नेवेद नामुत्र विनाशस्तस्य विधते । निंद कल्याणकृत्कश्चिदुर्गतिं तात गच्छति ॥ ४० ॥

#### BHAGAWAN said :-

40. In [this world, O Son of Pritha! nor in the world to come, shall he be destroyed; a doer of righteous acts, will never meet a bad end.

#### प्राप्य पुण्यकृताँहोकाँविष्ता शास्त्रतीः स्माः । ्र श्रचीनां श्रीमतां गेहे योगञ्रहोऽभिजायते ॥ ४१ ॥

41. [After death] attaineth he the regions of the righteous [heaven of Indra] and dwelleth

there for innumerable years [of mortals] and then this Yogabhrashta\* (unperfected yogi) takes his birth in a rich and pious family.

"The Yogi who has accomplished Yoga in all its departments and died before securing his union with Brahma goes to Maharloka, the fourth of the seven heavens above the earth. Similar is the goal of the Tapasi (one who leads a life of austerity), and of the Brahmachari who has led a most perfect life as prescribed in the Shastras. The Vanaprastha doing all the duties prescribed, with the view of attaining union with Brahma, dying before reaching that stage, goes to Tapoloka; and the Sanyasi, who has given up all the worldly desires and is always content, dying before gaining the knowledge of Brahma goes to

<sup>\*</sup> A Yogabhrashta is one who has not completed his spiritual studies and secured the state of a Jivan-mukta or attained the object of Yoga, in this life; but what is said in this verse regarding Yogabhrashta is also equally true of all human beings, for any effort made towards attainment of any object in view, is never lost even after death. He will in his next incarnation make a fresh start from the point reached in his past incarnation as suggested by Shri Klishna Bhagvân to Arjuna. It behoves every man to allow no time to be lost in making an earnest effort in the right direction.

### अथवा योगिनामेव कुले भवति धीमताम्। एतद्धि दुर्लभतरं लोके जन्म यदीदृशम्॥ ४२॥

42. Or, he is born into a family of a Yogi possessed of wisdom, but such a birth as this is very rare of attainment in this world.

तत्र तं बुद्धिसंयोगं लभते पौर्वदेहिकम्। यतते च ततो भूयः संसिद्धौ कुरुनंदन॥ ४३॥

43. He regaineth in this birth, O delight of the Kurus! the education that had been acquired by his Buddhi (intellect) in the previous life, and from that point he starts anew to perfect himself in Yoga.

#### पूर्वाभ्यासेन तेनैव हि्यते द्यवशोऽपि सः । जिज्ञासरिप योगस्य शन्दत्रहाातिवर्तते ॥ ४४ ॥

44. By [virtue of his] practice acquired in the past incarnation he is propelled [ to become

Satyaloka or the heaven of Brahmâ, attaining emancipation at the end of the Mahâkalpa. Should he have the desire for enjoyment in that Loka, he comes down in this world to continue his rounds of births. Such however is not the fate of My devotee who obtains ultimately the state of My own being even if he worshipped with a desire for the joys of the four Muktis or states of emancipation." (Bhâgwat Ch. XI. and Ch. XXIV.)

perfect in Yoga]. A more desire to know Yoga [in past life] enables a person to go beyond the Shabda Brahma (knowledge of Brahma contained in the Yedas) [in the next following birth].

#### प्रयत्नायतमानस्तु योगी संग्रद्धकिल्विपः। अनेकजन्मसंसिद्धस्ततो याति परां गतिम्॥ ४९॥

45. The Yogi assiduously practising [Yoga] is purified from sins, and by virtue of the advancement [in the practice of Yoga] acquired in many past incarnations, attains the Highest Goal.

तपस्त्रिभ्योऽधिको योगी ज्ञानिभ्योऽपि मतोऽधिकः। कर्मिभ्यश्चाधिको योगी तस्मायोगी भन्नार्जुन ॥ ४६ ॥

46. Higher than the Tapasvi (one practising austerities) is a Yogi (one who possesses the analytical and synthetical knowledge of Âtmâ). He is thought higher than a Dayâni (one who has gained only the analytical or Vyatireka knowledge of Âtmâ.) He is also higher than a Karma Yogi (he who sacrifices his action and their fruit to Bhagawân). Be thou therefore, O Arjuna! a Yogi (perfect in wisdom).

योगिनामपि सर्वेषां मद्रतेनांतरात्मना । श्रद्धावान्भजते यो मां स मे युक्ततमो मतः ॥ ४७॥ 47. And among all the Yogis he who dwelleth in Mc[in Sakara or manifested nature] and having full faith, worships Me, he is considered by Me the highest of the highly perfected Yogis.

Thus ends the discourse of Shri Krishna with Arjuna, discourse the sixth entitled,

"SELF-SUBDUAL."

#### SEVENTH DISCOURSE

#### INTRODUCTION

The last chapter was closed by the blessed Bhagawan saying to Arjuna that among all the Yogas, that performed as an act of worshipping him with devotion was supremely great. By this he meant to convey that for one to become a perfect Yogi, that is to become inseparably united with the consciousness of his all-pervading nature, one should perfect himself in wisdom through the Vyatireka and Anvaya. (Analytical and synthetical methods of investigating the phenomenal and noumenal existences), and by losing himself into Bhagawan in his manifested and unmanifested nature. In this chapter, Bhagawan Shri Krishna shows Arjuna how a perfect Yogi can become a Bhakta (devotee) and in doing so He discourses on—

THE YOGA OF WISDOM AND KNOWLEDGE.

श्रीमगवानुवाच---

मुख्यासक्तमनाः पार्थे योगं धंजन्मदाश्रयः। ...

· असंशयं सम्प्रं मां यथा ज्ञास्यसि तच्छूण ॥ १ ॥

BHAGAWAN said :--

1. Hear the way to know Me fully and clearly O son of Pritha! The mind should be wholly imbued

with [My] love, and self should be applied to the practice of Yoga [to effect the inseparable union] by taking refuge in Mc.

#### ज्ञानं तेऽहं सविज्ञानमिदं वक्ष्याम्यशेपतः। यज्ज्ञात्वा नेह भूयोऽन्यज्ज्ञातव्यमवशिष्यते॥२॥

2. I will tell thee, without reserve, concerning Dnyâna (knowledge gained by Vyatirekâ or Analyis of the phenomenal) and Vidnyâna (wisdom gained by Anvaya or synthesis of the noumenal). By knowing these [both] there is nothing left here to know.

#### मत्रप्याणां सहस्रेषु कश्चिद्यतिति सिद्धये । यततामपि सिद्धानां कश्चिनमां वेति तत्त्वतः ॥ ३ ॥

3. Among thousands of men, one scarcely striveth to secure the perfection [in the knowledge gained by analysis] and of those perfected scarcely one striveth to understand Me fully well [synthetically] in My Essence [as One without a second].

## भूमिरापोऽनले वायुः लं मनो बुद्धिरेव च। अहंकार इतीयं में भिन्ना प्रकृतिरप्टथा ॥ ४॥

4. Earth, water, fire, air, Åkûsh (ether of space), mind, Buddhi, (intellect or understanding) and Ahankûra (ego) are the eight divisions of My Prakriti (phenomenal nature).

### अपरेयमितस्त्वन्यां प्रकृति विद्धि मे परास्। जीवभूतां महाबाहो ययेदं धार्यते जगत्।। ९॥

5. This is My Apara-Prakriti (gross natu.,, Oh of mighty arms! [Now] know My other Prakriti called the Para (the higher one), is the Soul [of all that exists in manifested form] by which the universe is supported.

#### एतयोनीनि भूतानि सर्वाणीत्यपवारय । अहं कृत्लस्य जगतः प्रभवः प्रत्यस्तथा ॥ ६ ॥

6. Both these Prakritis are the source of generation of all creation, but I am [the basic principle of] its creation and destruction.

#### मत्तः परतरं नान्यकिचिदस्ति धनंजय । मयि सर्वेमिदं श्रोतं सूत्रे मणिगणा इव ॥ ७ ॥

7. There is nothing else beyond Me, O conqueror of wealth! all these [Manifestations] are woven On Me, as Jewels woven [remain together] on a string.

#### रसोऽहमप्छ कौतेय प्रभाऽस्मि राशिसूर्ययोः। प्रणवः सर्ववेदेषु शब्दः खे पौरुषं नृषु॥ ८॥

8. [Hear] O Son of Kunti! I am the relish in water, I am the splendour in the Sun and Moon, I am the Pranava (the monosyllable Om) in all the

Vedas, I am the Sound in the Kha (akash), and I am virility in men.

## ्रपण्यो गंघः पृथिव्यां च तेजश्रास्मि विभावसौ । जीवनं सर्वभूतेषु तपश्चास्मि तपस्विषु ॥ ९ ॥

9. I am the pure fragrance in the earth, I am the light in fire, the life in all creation, and I am the austerity of those who are ascetics.

## वीजं मां सर्वभूतानां विद्धि पार्थ सनातनस् । द्यदिद्यदिमतामस्मि तेजस्तेजस्विनामहम् ॥ १०॥

10. Know O Son of Prithn! I am the eternal seed of all Creation. I am the Buddhi (intellect) of the intelligent, and I am the glory of those that possess glory.

# वलं वलवतामस्मि कामरागविवर्जितम् । धर्मविरुद्धो सूतेषु कामोऽस्मि भरतर्षभ ॥ ११॥

11. O mighty among Bharatas! I am the strength of those that are strong, and I am the procreative desire, not contrary to Dharmh (duty) among beings.

ये चैव सार्विका भावा राजसास्तामसाश थे। मत्त एवेति तान्त्रिद्धि न त्वहं तेषु ते मिये॥ १२॥

12. The Satvik (pure), Rajasik, (impure or activi

and Tamasik (indolent) temperaments, know these are from Me; in them I am not, but they are in Me.

# त्रिभिर्गुणमयैभीवैरेभिः सर्विमिदं जगत् । मोहितं नाभिजानाति मामेभ्यः परमन्ययम् ॥ १३ ॥

18. The whole world knoweth Me not, since they are deluded by the natures produced by these Gunas [qualities of Prakriti] [as I am] above them [and] imperishable [principle of them all].

# देवी होपा गुणमयी मम साया दुरत्यया। मामेव मे प्रपद्यंते मायामेतां तरंति ते॥ १४॥

14. This divine Mâyâ\*(illusion) of mine possessed of the three Gunas (qualities or natures) is invincible; those will come unto Me [who are able to] cross over this Mâyâ.

<sup>\*</sup>This word consists of two syllables; Mû and Yû, Findicating not and is, i.e. that which is does exist, as the water in the mirage, though not existing, yet appears to exist. One who wishes to understand Mûyû must understand mind which is a counterpart of it. What Mûyû is to the Macrocosm, mind is to the Microcosm. The Potentiality of both Mûyû and mind is of the same kind. As Mûyû is the energy of Ishwara,

## न मां दुष्कृतिनो मृद्धाः प्रपर्वते नराधमाः । . माययापहृतज्ञाना आसुरं भावमाश्रिताः ॥ १५ ॥

15. Those who are sinful, deluded, and fallen [among] men, come not unto Me [for] their understanding is destroyed by Maya, and they have become Asuras (men of evil propensities given up to sensual and worldly enjoyments).

the creator, so is mind the energy of Jiva soul. As Maya with its incomprehensible power creates the Universe out of nothing, so does mind by its incomprehensible power of imagination creats both the moral and phenomenal worlds. Mind therefore is as great a factor in this world as Maya is in the Universe. Mâyâ is illusory, so is also mind. Mâyâ possesses three attributes viz:-goodness, activity, and stolidity, represented by the qualities of Fatwa, Rajas and Tamas, so does mind posses the self-same attributes or qualities. As Mâyâ is subject to the three states of consciousness, birth, existence and death, so is also mind. As Mâyâ is possessed of the nature of Vikshepa (Creating doubt) and Avarana (hiding or covering) so is mind. Therefore one should know mind, in order to know the real nature of Mâyâ. This is a much easier way of knowing Mâyâ than keeping for ever beating about the bush is pursuit of the Nirguna or Saguna Brahma.

## चतुर्विधा भजंते मां जनाः सुकृतिनोऽर्जुन । आतों जिज्ञासुरर्थार्थी ज्ञानी च भरतर्पभ ॥ १६ ॥

16. In four divisions, O mighty among the Bharatas! are my worshippers, who are righteous, divided: those who are overtaken by sickness; those who strive to gain knowledge; those that desire wealth, and those who are wise.

तेषां ज्ञानी नित्ययुक्त एकभक्तिर्विशिष्यते । त्रियो हि ज्ञानिनोऽत्यर्थमहं स च मम त्रियः ॥ १७ ॥

17. Of these, the wise being constantly absorbed in the worship of oneness,\* are the highest,

\* The definition of Devotion and Devotee as given by Bhagwan Shri Krishna to his other beloved friend and devotee, Uddhava, in Shrimat Bhagwat. Sk. XI. Ch. XI. 32 and 33, is "that love which knows not to express by deed, speech and mind but is in Me consciously, as one loves his self, is true Devotion. There is no consciousness of separateness in this condition or state. Any act (pious) done with an idea of duality or separateness is not true Devotion. It is termed the Vyabhicharini Bhakti or divided love. It therefore does not deserve to be called devotion. And those are the true Devotees who know Me and worship Me inseparably. Those who worship Me only through faith, without knowledge of my nature, are simple devotees,"

[for] I am exceedingly dear to the wise, the wise are exceedingly dear to Me.

# ं उदाराः सर्वे एवेते ज्ञानी स्वात्मैव मे मतम् । आस्थितः स हि युक्तात्मा मामेवात्त्तमां गतिम् ॥१८॥

18. All the [four kinds of devotees] are noble, but of them the wise one, I consider as My own Self, for he fixeth his Self in Me, being self united, nd seeketh the highest Goal.

# बहुनां जन्मनामते ज्ञानवानमां प्रपयते। वासुदेवः सर्वमिति स महात्मा सुदुर्लभः ॥ १९ ॥

19. After many births, the wise man cometh unto Me. He sayeth that all is Vasudeva (an epithet of Krishna) [such a] Mahatma (high souled person) is very rarely met.

# कामैस्तैस्तैहतज्ञानाः प्रपद्यंतेऽन्यदेवताः। तं तं नियममास्थाय प्रकृत्या नियताः स्वया ॥ २०॥

hath been 20. They whose understanding drawn away by various desires, go to other Gods and according to their predilections they resort to their own forms of worship.

यो यो यां वां ततं भक्तः श्रद्धयार्चितुमिच्छति। तस्य तस्याचलां श्रद्धां तामेव विद्याम्यहम् ॥ २१। Whosoever wishes to worship with entir

whatsoever God, in that God I render his faith steady.

faith स तया श्रद्धया युक्तस्त्रस्याराघनमीहते। 'लभते च ततःकामान्मयैव विहितान्हितान् ॥ ३२ ॥

Possessed of that faith, he resorteth to the . 22 hip of such a God, and obtaineth what he worseth [from that God], but that gift verily desirth unto him from Me.

come अंतवत् फलं तेषां तद्भवस्य ल्पमेधसाम्। देवान्देवयजो यांति मद्भक्ता यांति मामपि ॥ २३ ॥

Persons of little understanding [are satis. 23 with ] this transient fruit [in this nature]. fied worshippers of Gods go\* to the Gods they The ship, but My devotees come unto Me. .

wors अन्यक्तं व्यक्तिमापत्रं मन्यते सामगुद्धयः। परं भावमजानंतो ससाव्ययमनुत्तमस् ॥ २४ ॥

Being formless, ignorant people suppose 240 be possessed of forms [because] they do not Me th

n this connection please see pages 59-65 and 181-\*Inf the late Mr. T. Subbarao's Lectures on the 182 c of the Bhagvat Gita, where the subject treated studys, and the preceeding three verses is further in thilated. elucil

know My transcendent, inexhaustible and most excellent nature.

नाहं प्रकाशः सर्वस्य योगमायासमावृतः। मुढोऽयं नाभिजानाति लोको मामजमन्ययम्॥ २५॥

- 25. Shrouded in My Yoga-Maya (inconceivable power that makes the impossible to appear possible, the unreal as real), the deluded world doth not know Me as without beginning and without end.

वेदाहं समतीतानि वर्तमानानि चार्छन । भविष्याणि च भूतानि मां तु वेद न कश्चन ॥ २६ ॥

26. I know, Oh Arjuna! the creations that have passed away, that are at present, and that are to be, but there is none that knoweth Me.

्रहच्छाद्वेषसम्बन्धेन ईहमोहेन भारत । सर्वभूतानि संमोह सर्गे यांति परंतप ॥ २७ ॥

27. O terror of foes! O descendant of Bharata! All creatures deluded by the pairs of opposites (pleasure and pain) arising from likes and dislikes, become confounded in their conduct in life.

येषां त्वंतगतं पापं जनानां पुण्यकर्मणास्। ते द्वंद्वमोहनिर्मुक्ता भजंते मां दृदवताः॥ २८॥

28. But by deeds of piety, those whose sins are destroyed and who have got freed from delu-

sion of the pairs of opposites, worship Mc with firm faith.

# जरामरणमोक्षाय मामाश्रित्य यतंति थे। ते त्रह्म तद्विदुः कृत्लमध्यात्मं कर्म चाखिलम् ॥२९॥

29. They who strive for liberation from old age, birth and death, take refuge in Mc that know Bramha,\* the adhystma, (the relation between the Soul and Spirit) and all [the philosophy of] the Karmas.

## साधिभूताधिदैवं मां साधियज्ञं च ये विर्दुः। प्रयाणकालेऽपि च मां ते विदुर्धक्तचेतसः॥ ३०॥

30. They who are of perfect mind, who know Me to be the Adhibhuta (the unstable creation), Adhidaiva (Jiva or Soul that incarnates) and the Adhiyadnya (the Supreme Spirit to whom all sacri-

<sup>\*</sup>It is imperative on every one to make Brahma and Its six other phases, mentioned in this and the Mollowing verses and explained in the beginning of the next chapter, the subject of inquiry for gaining knowledge of Self in relation to the cosmos. He who has accomplished this becomes Mukta or attains Nivan pafter this life.

fices are dedicated) never forget Me at the time of leaving their bodies.

Thus ends the discourse of Shri Krishna with Arjuna, discourse the seventh entitled.

THE YOGA OF WISDOM AND KNOWLEDGE.

# EIGHTH DISCOURSE.

#### INTRODUCTION.

Up to the last discourse, the Teacher of the world taught Arjuna the Tatva-Marga, (the mode of finding the real from the unreal in the manifested universe, which was the objective aspect of the inquiry. In order to encourage him to interrogete concerning the subjective side of it, that He might be able to teach him more concerning the same, the Blessed Bhagawan said suggestively, at the end of. the last discourse, that knowledge was seven fold and that righteous persons who knew Him as Adhibhuta, Adhidaiva, and Adhi-Yadnya, worshipped Him alone. The Blessed One bad also made a similar suggestion to Arjana saying, as He did in the two verses beginning with तहि द्विपणिपातेन।। in the fourth discourse, that knowledge was never imparted unasked, and that the aspirant should go to the Santas (those of divine tranquility) with joined hands, prostrating and asking for knowledge, that they might be pleased to bestow it on him. Arjung, feeling perplexed at Bhagawan's insistance on the superiority of the Karma-Sanyasa or Karma-Yoga, asked Him, in the opening verses of the Fifth discourse, to solve his difficulty. Bhagawan accordingly made the principles of the Sanyasa-Yoga and Karma-Yoga clear to him, and in passing, recommended the performance of Karmus

as the best means of progressing in Yoga, and Yoga as the best furthering means of the elevation of those who have been perfeeted by knowledge. In the Sixth discourse the Blessed One described Nirguna (attributeless or unqualified) Samâdhi, as also the Vishwatma-Yoga (Yoga of Universal Oneness) resulting therefrom. In the Seventh discourse, enlarging upon the same subject. He described His own Vibhutis (principal manifestations) and said that His own devotee who worshipped Him as वासुदेवः सर्वमिति ॥ (all is Vasudeva, who is all-pervading) is rarely to be met with. In spite of all he had heard from the Divine lids of Bhagawan, Arjuna yet failed to ask for the knowledge which Bhagawan was ready to impart to him. Though the Blessed one was full of kindness to Arjuna, He could not communicate to him the knowledge, unless He was asked to do so, it being the rule not to impart knowledge unasked. Bhagawan still persisted in trying to rouse Arjuna's interest in the knowledge by saying, at the end of the last discourse, that there were seven kinds of knowledge and that those who knew them, knew all that was to be known in knowing Brahma, the One Eternal Existence, underlying all manifestation. As the Blessed One will proceed, He will further say, अक्षरं ब्रह्म प्रमेश which means that that which is entire. ly free from impurity (of duality) is Brahma, which

is Indestructible, suggesting thereby (अधिमृतं क्षरोभावः ) that the perishable creation (or the inanifested universe) is also Brahma, as illustrated by the example of the ornaments made of gold. All know that forms given to gold in the shape of ornarnents are changing and perishable, but metallic gold remains unchanged when the ornaments are converted, ever ready to be reconverted into courtless other forms as ornaments. It is needless to say that ornaments and other forms of which gold is capable remain eternally in a state of latency in Gold. Exactly the same is the relationship between Nature and Brahma. They are virtually one, inseparable and imperishable. To induce Arjuna to ask for an explanation of this deep philosophy, the Blessed Bhagawan kept quiet in expectation of the request coming from Arjuna; but Arjuna failed to comphrehend this, even when Bhagawan spoke of the seven means of gaining the knowledge of Brahma, which is Adhyatma or Self, and which means that one's own being should know as Brahma. Karma is that which creates the universe and it is that which is the source of all being. The relation of Brahma to Karma is illustrated most beautifully by the Sun and the changes of place it seems to undergo. The Sun, we know, is fixed and revolving; and yet to all appearance it runs a course from East to West. Brahma is likened to

the Sun in this illustration, and Karma to changes it seems to undergo, but in reality does not. Hence the Adhibhuta, Adhidaiva and Adhiyadnya are all aspects of Brahma. This is well explained by the illustration of a potfilled with water, which reflects the sky. The pot stands for body, water for Antahkarana or Buddhi, which reflects Akasha which represents Jiva, the outside Akasha standing for Brahma or Parmatma. Thus all these exist in Brahma, taking their being through Upadhis (modifications, subject to conditions) which assume different aspects, like ornaments made of gold. But as gold in any condition remains gold, without undergoing any alteration, Brahma remains as Brahma whether appearing as the Adhibhuta, Adhyatma, or Adhiyadnya, which represent the buman body, the human soul and the spirit conjointly; hence He is designated here as the Adhiyadnya: the enjoyer of the fruit of all the Karmas performed in life. Having been cofounded by this perplexing and intricate idea, Arjuna could not help desiring a clearer solution of the problem, and therefore entreated the Blessed One to extricate him from this embarrassment. This discourse opens therefore with an inquiry into the seven ways of gaining knowledge and is called.

THE YOGA OF THE INDESTRUCTIBLE BRAHMA.

#### अर्जुन उवाच-

किं तद्भव्य किमध्यात्मं किं कम्ं प्ररुपोत्तम । अधिभूतं च किं पोक्तमिष्टेवं किंग्रच्यते ॥ १ ॥ अधियज्ञः कथं कोऽत्र देहेऽस्मिन्मधुसद्दन । प्रयाणकारे च कथं ज्ञेयोऽसि नियतात्मिभः ॥ २ ॥

#### ARJUNA said :-

1-2. What, O Purushottama (best among person)! What is that Brahma, what is Adhyâtma, what is Karma, what is Adhibhuta, what is said to be the Adhidaiva, O Madhusudana (the slayer of the demon Madhu?) State who is the Adhiyadnya, and how it is in the body, and how Thou art known by the self-controlled at the time of departing this life?

#### श्रीभगवानुवाच-

अक्षरं वहा परमं स्वभावोऽध्यात्ममुच्यते । भूतभावोद्भवकरो विसर्गः कर्मसंज्ञितः ॥ ३ ॥

#### BHAGAWAN said:-

3. That which is Imperishable and Supreme is Brahma. Its Swabhava (own nature) is called the Adhyâtma. The offering which is the cause of the creation of things is called Karma (action).

# अधिस्तं क्रो भावः प्रदेषधाभिदेवतम्। अधियकोऽदर्भवात्र देहे देहसृतां वर ॥ ४॥

4. The perishable nature [of Mine] is called Adhibhota (Created). The Parusha (primal being) is the Adhidaivata, O best of living beings! I am the Adhiyadaya (Atma or Spirit) in this body.

अंतकाले च मामेव स्मरन्मुक्त्वा कठेवरस् । यः प्रसाति स मद्रावं याति नास्यत्र संशयः॥ ६ ।।

5. And he who leaveth his body at the time of death, remembering. Me, he, without doubt, entereth into My being.

यं यं वापि स्परन्भावं त्यज्ञत्यंते कलेवरस् । तं तभेवंति कातेय सदा तद्रावभावितः॥ ६॥

6. Also, O Son of Kunti! To whatsoever being

<sup>\*</sup>One of the easiest ways to habituate the mind to see the deity in all His attributes at the time of death is to observe Him in whatsoever object the eye is drawn to or in whatsoever act one may be engaged in. By this practice, the mind acquires the habit of becoming steady, and unfailingly remembers the Deity at the moment of death. The reader is referred to the advice given by the Mahamuni (great sage) Kapila to his mother Devahuti in the Bhagawat, Skandha, III chap. 28, verses 21@34 as to the choice of an ideal form for the concentration of mind.

[or condition] is remembered by him at the time of death to that being [condition]\* he reaches [afterwards] having been absorbed in that thought.

#### तस्माःसर्वेषु कालेषु मामग्रस्मर युःयं च । मय्यर्णितमनोवृद्धिमामेवैष्यस्यसंशयम् ॥ ७ ॥

7. For this reason, at all times remember Mc. and fight [in the impending battle] having mind and Buddhi fixed in Me; thou wilt then surely come unto Mc.

#### अभ्यासयोगयुक्तेन चेतसा नान्यगामिना । परमं पुरुषं दिञ्यं याति पार्थाहचिंतयन् ॥ ८॥

8. By the constant practice of the Yoga (concentration), O Son of Pritha! not allowing the mind to go about, and contemplating the supremer Divine Being, One goeth to Him.

<sup>\*</sup> A Sanskrit proverb says—अंत मातिः सा गतिः whatever be the uppermost idea in the mind of a dying man, the same will be the condition he will be in here, after. One must therefore strive to retain by constant practice the noblest and highest thought at the time of death, Vide also the Gita Ch. II: verse 72.

<sup>†</sup>Refers to Brahmâ the creator, residing in the highest heaven called the Brahmaloka. There he remains with the Brahmâ till the end of Mahapralaya and obtains emancipation with him.

कवि पुराणमृहशासितारंमणीरणीयांसमृहस्परेषः ।
सर्वस्य धातारमचित्यस्पमादित्यवर्णं तमसः परस्तात ॥ ९ ॥

9. He who continually remembereth Him (Brahord) who is all-knowing, ancient, Ruler of all, who is the minutest of the minute atom, supporter of all, of Unimaginable form, and Glorious like the Sun beyond all darkness;

प्रयाणकाटे मनसाचटेन ।

भक्तवा गुक्तो गोगवटेन चैव ॥
भुवोर्मध्ये प्राणमावेद्य सम्यक् ।

स तं परं पुरुषमुपैति दिन्यम् ॥ १० ॥

10. At the time of leaving the body, with a fixed mind and devotion, and the power of Yoga [practice] drawing up the Prana (vital breath) between the two eyebrows skilfully, he goeth to the Supreme\* Divine Being (the Brahma in the Brahma-loka or heaven of Brahma).

<sup>\*</sup> This is said to be the highest attainment to be gained by the Hatha-yogi.

यरक्षरं वेदिवदो वदंति ्विशंति यश्तयो बीतरागाः। यदिच्छंतो त्रहाचर्यं चरंति तत्ते पदं संग्रहेण प्रवक्ष्ये॥ ११॥

11. That seat which persons knowing the Vedas call indestructible; which Yatis (trying to secure it) reach by freeing themselves from all desires; desiring which, people lead the life of Brahmacharies—that I will declare unto thee in brief.

### सर्वद्वाराणि संयम्य मनो हृदि निरुध्य च । मुर्व्याघायात्मनः प्राणमास्थितो योगघारणाम् ॥१२॥

12. Closing all the openings [of the body] shutting up the mind in the heart, steadying the Prana (life breath) in the Murdhni (head) intent upon [effecting] Yoga (union).

#### ओमित्येकाक्षरं बहा व्याहरन्मामहस्मरन् । यः प्रयाति त्यज्ञन्देहं स याति परमां गतिम् ॥ १३ ॥

13. Repeating the Monosyllable Om, expressive of the One Imperishable Brahma, and remembering

<sup>&</sup>quot;This is secured by the Shanmukhi Mudra or by the Kumbhaka mentioned in the Hatha-yoga Pradîpika.

Me alone, he that goeth forth leaving his body in this manner, reacheth the highest Goal (heaven of Brahma).

#### अनन्यचेताः सत्तं यो मां स्मरति नित्यशः । तस्याहं सुलभः पार्थं नित्ययुक्तस्य योगिनः ॥ १४ ॥

14. To him, O Son of Pritha! who remembereth Me, with inseparable mind at all times, to such an ever-engaged Yogi (united) I am easy of access.

#### माञ्चपेत्य पुनर्जन्म दुःखालयमशाश्वतम् । नासुदंति सहात्मानः लंतिद्धिं परमां गता ॥ १५ ॥

15. Those who have reached Me are the Mabâtmâs; having attained the highest bliss, they do not come to be re-born, for re-birth is transitory and full of misery.

आव्रह्मस्वनाहोकाः पुनरावर्तिनोऽर्जुन । मासुपेत्य तु कौतेय पुनर्जन्म न विद्यते ॥ १६ ॥

16. All the worlds including the Brahmaloka

<sup>\*</sup>After full comprehension of the Deity, secured through the Vyatireka and Anvaya process of investigation adopted by the Raja-voga system, one who establishes himself in the inseparable union in Diety is the Yogi mentioned in this verse.

(the heaven of Brahma). O Arjuna' have repeatedly to come again, but O Son of Munti! he that hath attained to Me, hath not to be re-born.

## सहस्रकृगपर्यंतमहर्यद्भवाणो विदुः। रात्रि युगसहस्रां तां तेऽहोरात्रविदो जनाः॥ १७॥

17. Those who know the day of Brahma [consisting of] one thousand Yugas (ages) and [his] night of equal duration of ages, are the knowers of [his] day and night.

#### अन्यक्ताद्वयक्तयः सर्वाः प्रभेनंत्यहरागमे । राज्यागमे प्रछीयंते तत्रवान्यक्तसंज्ञके ॥ १८॥

18. At the dawn of [Brahma's] day from the Avyakta (unmanifested Prakriti or energy of the Purusha or Being) all manifested [nature] springs forth, and at the coming of [his] night, all that sprung up mergeth into that very Avyakta.

#### भृत्यामः स एवायं भृत्या भृत्वा प्रछीयते । रात्र्यागमेऽवशः पार्थे प्रभवत्यहरागमे ॥ १६ ॥

19. This assemblage of creation, O Son of Prithul springs up again and again, and at the approach of the night it again dissolveth. At the dawn of the day it again springs forth without any will of its own.

#### परस्तरमातु भावोऽन्योऽन्यको व्यक्तात्सनातनः। यः स सर्वेषु भूतेषु नश्यत्सु न विनश्यति॥ २०॥

20. There is another unmanifested existence (Parabrahma) which is eternal and higher than that Avyakta (unmanifested) which never suffers destruction, when all the manifested creation is destroyed.

#### अव्यक्तोऽक्षर इत्युक्तस्तमाहुः परमां गतिस् । यं प्राप्य न निवर्तते तद्धाम परमं मम ॥ २१ ॥

21. It is called Avyakta, knowledge Indestructible. It is also called the highest goal. It is My excellent abode Vaikuntha; [limitless expanse of existence] after attaining which one returneth not.

#### • पुरुपः स परः पार्थं भक्तया ठक्ष्यस्खनन्यया । यस्यांतःस्थानि भूतानि येन सर्वेमिदं ततम् ॥ २२ ॥

22. He is the Supreme Being, O Son of Pritha In Him all beings reside, and by him all is sustain ed. He is attainable by single-minded devotion.

कायेन वाचा मनसिंद्रियैवीबुध्यात्मन।वाऽबुखतस्वमावात्। करोमि यद्यत्सकलं परस्मे नारायणाये।ते समर्पयेत ॥ स्कं. ११० व्य. २ स्त्रो. ३६

\*The offering made to the Lord without selfishness of acts done by the body, speech and organs of senses

### यत्र काले त्वनाद्यतिमावृत्तिं चैव योगिनः। प्रयाता यांति तं कालं वक्ष्यामि भरतर्षम्॥ २३॥

23. O powerful of Bharatas! I will relate to thee the time and the passages, departing at which the Yogis return\* or do not return [to be re-born.]

#### अग्रिज्योतिरहः ग्रुक्तः पण्मासा उत्तरायणम् । तत्र प्रयाता गच्छति ब्रह्म ब्रह्मविद्यो जनाः ॥ २४॥

24. The Brahmavid\* (knowers of Brahma) departing [leaving their bodies] during the six

intentionally or otherwise [whether religious, worldly or ordinary] is called Bhakti. Thus by offering mind, Buddhi, Chitta and Ahankara to the Lord, nothing is left for the devotee to call his own but everything is resigned in the Lord. He therefore loses his triple experiences as the knower, the known, and the knowledge in his own devotion, and becomes one with the object of his devotion. This is the true meaning of the word devotion.

\*A Hatha-Yogi departing this life by breaking through his fontanel or otherwise during the northern solstice and during the bright fortnight of the moon goes direct to the Brahma-loka, not to return again to this world; or, should he choose, he gradually ascends from region to region presided over by the Gods mentioned in the verse, who serve him as

months of the Utterayana (northern solstice) [by traversing the regions presided over by ] Agni, (the God of fire), Jyoti (the God of light) Aha (the God of day) and Shukla (the God of bright fortnight), go to Brahma.

### भूमो रात्रिस्तथा कृष्णः पण्मासा दक्षिणायनम् । तत्र चांद्रमसं ज्योतियोंगी प्राप्य निवर्तते ॥ २५ ॥

25. The Yogi\* departing during the six months of the Dakshinayana (the southern solstice), [ the regions of Dhumra (the God of the region of smoke) Ratra (the God of night) Krishnapaksha (the God of dark fortnight), goes to the Jyoti (light) of the Moon, and he returns [to this earth] from thence [to secure the departure from this body in the Korthern solstice].

his guides till he reaches the Brahma-loka. The passage to this region is through the Sun. He remains there till the Mahâpralaya, and gets his final absolution with the Brahma.

\* The passage to the Swarga or heaven, otherwise called the Devaloka is through the Chandra-loka. The Brahmavid, dying as stated in the verse, go to Swarga by this passage, accompanied by the God of each plane as guide till the next following region above is reached until he reaches the Devaloka.

#### ग्रुक्ककुष्णे गती होते जगतः शाश्वते मते । एकया यात्यनावृत्तिमन्ययावर्तते पुनः ॥ २६ ॥

26. The Bright and the Dark are the two paths regarded as the [two] eternal paths. By the one (the bright path) who goeth, returneth not, and by the other (the dark path) who goeth has to return [for being re-born].

नेते सृती पार्थ जानन्योगी मुहाति कश्चन । तस्मात्सर्वेषु कालेषु योगयुक्तो भवार्जुन ॥ २७॥

27. Knowing [both] these paths, O Son of Pritha! no Yogi [possessing the knowledge of Atma either by Vyatireka (analysis), or Anvaya (synthesis)] is deluded, therefore, O Arjuna! thou shouldst always be possessed of Yoga.\*

वेदेषु यज्ञेषु तपःसु चैव दानेषु यत्षुण्यफ्तलं प्रदिष्टम् । अत्योति तत्सर्वामिदं विदित्वा योगी परं स्थानसुपैति चायम् ॥ २८ ॥

28. The Yogi, having known this, transcends

<sup>\*</sup>Arjuna is asked here by Bhagawan Shri Krishna to become perfect Yogi by gaining the knowledge of all the Vogas culminating in the inseparable devotion, in the universal oneness of being.

the pure merits gained [by the study] of the Veda [and by sacrifices or penance, and giving of gifts,] and attains the supreme and highest seat.

Thus ends the discourse of Shri Krishna with Arjuna, discourse the eighth entitled.

THE YOGA OF THE INDESTRUCTIBLE BRAHMA.

#### NINTH DISCOURSE.

#### INTRODUCTION.

Shri Krishna Bhagawan being infinite, His gifts are also boundless; so also is His knowledge. It was impossible for Arjuna, a finite being to propose far reaching questions about the knowledge of the Tatwas (reality existing in the elements). Taking compassion on Arjuna and moved by intense kindness, the Blessed One now discloses to him the secret knowledge. The culmination of knowledge is in the power to see and feel the mobile and immobile creation in Atma in all creation. A man, who has reached this power, is called a Siddha (a perfected being). Such a one never becomes a Yoga-Bhrashta (Shaken from Yoga) as said in the Kanva-Shakha of the Yajur-Veda यस्तु सर्वाणि भूतीान आत्मन्येवातुप-इयति। आत्मानं सर्वभूतेषु ततो न वीजुगुप्त्यते।। he who sees the whole creation in Atma (self) and Atma in the creation, does not fall. In other words, the Siddha-Purusha (perfected person) is not he who has not perfected himself in Yoga before his death, or he who is in pursuit of the pleasures of sense objects, being Nindya (a fallen man). Yet, even such a one is not forsaken by the Blessed Bhagwan, who says in discourse VI. 30. ये। मां पश्यति सर्वत्र सर्वच मिथ पश्यति । तस्याहं न प्रणश्यामि स च मे न प्रणश्यति ॥ " I am of "him who sees everything in Me, and I forsake

" blet not, by is Mire, and will not forsake Me." flence it is that one who has perfected himself to the Speratoraka-Ung in a show wedge of the univerval onenessi, will out become a Yoga-Bheashta. In order to ecoure this position to the Yogi or Sidding, the fliessed Rhagawan advised Arjuna in discourse IV, to seek in humility a Guru (sfiritual frecessor), for then only will be have the unshallable conviction of the inceparableness of all from himself, and of hunself from all the Bhutas train himself, and of himself from all the Bhutas f erations, as increased by the inseparability of entire thread from clath, and vice rosse. In the tast discourse, the Elessed One became Himself the Guru of Arjuna and taught him that Adhyate and harma was all Brahma; though impermatent in themselves, and changing as substances ore, yet all in Brahma, as ornaments in gold and gold in ornaments; there being no other substance than gold in either ornaments or gold. But the answer to the seventh question in that But the answer to the seventh question in that discourse remained to be given. When once the answer of the changing or impermanent substances is clearly understood as Brahma, then will one understand that all creation is in Atma, and that Atma is in all creation. As a serpent is imagin-ed in a rope, so is the ideation of the universe in Brahma. But when the knowledge of Brahma and of the rope is gained, then will the imaginary serpent and the illusive creation disappear like fantoms, leaving the real rope and the True Brahma alone perceptible to the inner vision. This knowledge Bhagawan Shri Krishna will impart to Arjuna in this Chapter, convicing him of the imaginary existence of the universe, likened to that of the water in the mirage in the rays of the Sun. Those ignorant of this phenomenon of the mirage consider the water in it, to be real. But the wise consider both these as ontical illusions, .not as real existences. One in pursuit of the knowledge of Self looks upon this phenomenal nature in two aspects viz., one as perceptible to the senses, as transitory, and the other as underlying the transitory, being everlasting and eternal and permeating the former. Arjuna, not having yet transcended the Jivadashâ (state of ignorance), considered the phenomenal world as alone real as it could be perceived the Blessed Bhagawan, therefore, spoke to convice him that all the creation he saw was in Him perceptible as water of mirage is in the rays of the Sun. He will next prove to Arjuna that He is not in creation and more than the rays of the Sun or in water of the mirage, though with the eye of a human being the Blessed One pointed out to Arjuna that the creation was in Himself, and he in the creation. Yet in His view the manifested and the unmanifested creation is not at all in Himself. He cannot conceive Himself existing in the creation. For this reason, Bhagawan Shri Krishna will say that considering this creation as it is, He is not in them nor they in Him. Thus instructing him, He will direct Arjuna to meditate upon the whole creation as existing in Him and He in it. By the practice of such con-

templation Arjuna will no doubt gain the wisdom and knowledge of the universal unity in the self of the whole nature, but his mind when observing this universal unity in the self of the whole nature, but his mind when observing this uni-versal unity will be diverted to things as that of the seer in sky to the different stars that shine the seer in sky to the amerent stars that some in the heaven, and he will observe only those to which his attention is drawn, not however in their natural size, but like specks looking large and small according to their distances anticipating that when contemplating this universal creation, as existing in himself, Arjuna will not observe it as it exists, but would think that the Guru did not fully impart to him the wisdompower to enable him to realize in self the entire creation as Bhagawan Himself did, the Blessed One, in order to dispel his doubt will say to यथाऽकाशस्थितो निस्यं त्रायुः सर्वेत्रगो महान्। तथा सर्वाणि भूतानि मत्स्थानीत्यपथारय।। that in the sky the air exists in the form of atmosphere, fully pervading it and having two conditions, one steady and the other in motion. The one in motion is experienced. Though it is intangible and stable occupying space, all acknowledge its existence. So the whole creation whether perceived or not must be viewed as existing in one's self. As imagination creates a snake out of a rope seen in the dusk of the evening, so the idea of the snake persists as a reality



#### श्रीभगवानुषाच--

इदं तु ते गुहातमं प्रवक्ष्याम्यनसूयवे । ज्ञानं विज्ञानसहितं यज्ज्ञात्वा मोक्ष्यसेऽग्रुभात् ॥ १ ॥

Bhagawân said:—

1. To thee who art (Being) free from cavil, I will [now] communicate the most secret Dnyana [knowledge of the phenomenal] and Vidnyana [knowledge of the Noumenal], Knowing these [both] thou shalt free thyself from the evil [of rebirth].

### राजविद्या राजगुद्धं पवित्रमिद्युत्तमम् । प्रत्यक्षावगमं धर्म्यं सुसुखं कर्तुमन्ययस् ॥ २ ॥ •

- 2. The highest of the Vidya [knowledge] and the highest Secret which is Pure, Supreme, directly cognizable, compatible with Dharma (ordinances), easy to practice, and everlasting.

अश्रद्धानाः पुरुषा धर्मस्यास्य परंतप । अप्राप्य मां निवर्तते सृत्युसंसारवर्त्माने ॥ ३ ॥

3. Persons having faith in this Dharma (ordinances), O terror of foes! do not reach Me, and return to the way of the mortal world.

मया ततमिदं सर्वं जगदन्यक्तमूर्तिना । मत्स्थानि सर्वभूतानि न चाह तेष्ववस्थितः ॥ ४॥

4. [Though] By Me who am Avyakta (Not mani-

fest) has been spread the whole of the Universe, all created things are in Me, But I am not in them;

# न च मत्स्थानि भ्तानि पश्य मे योगमैश्वरस् । भूतभृत्र च भूतस्थो ममात्मा भृतमावनः ॥ ९॥

5. Nor yet are they [created] things in Me. Behold [this] My Yoga-Aishwara (Divine my-sterious power). My Âtmâ is the support of all the created. He is the things, but not existing in them, Myself is the cause of them all.

# यथाऽऽकाशित्थतो नित्यं चागुः सर्वत्रगो महान् । तथा सर्वाणि भूतानि सत्स्थानीत्युपचार्य ॥ ६ ॥

6. As the mighty air existeth in the Akasha (space) and moveth on all sides, so know thou that all the creation existeth in Me.

# सर्वभुतानि कोतिय प्रकृति याति मामिकास् । कल्पक्षये पुनस्तानि कल्पादौ विस्रुजास्यहस् ॥

7. O Son of Kunti! at the end of a Kalpa (the day and night of Brahma) all the creation entercth in my Prakriti (the first cause of manifestation) and at the beginning of the [new] Kalpa, I again create them.

#### प्रकृतिं स्त्रामवष्टभ्य विसृजामि पुनः पुनः। भूतग्राममिमं कृत्वमवशं प्रकृतेर्वशात्॥८॥

8. Controlling Prakriti I [cause it to] bring forth over and over again the whole of the assemblage of creation, without power of its own, by the force of the power it possesseth [from Me].

#### न च मां तानि कर्माणि निवन्नंति धनंजय । उदासीनवदासीनमसक्तं तेषु कर्मस ॥ ९ ॥

9. By those Kermas (acts of creation and absorption). O conqueror of wealth! I am not bound, as I sit indifferent and unattached [and keep from them unconcerned].

#### मयाऽध्यक्षेण प्रकृतिः सूयते सचराचरम् । हेत्रनाऽनेन कींतेय जगेद्विपरिवर्तते ॥ १० ॥

10. By My inspiration, O Son of Kunti, the Prakriti bringeth forth all the mobile and immobile [creation] and for this [from this case] the universe repeatedly appears.

#### अवजानंति मां मूढा मातुषीं ततुमाश्रितम् । परं भावमजानंतो मम भूतमहेश्वरम् ॥ ११ ॥

11. The deluded\*[persons] disregard Me as the

<sup>\*</sup>Bhagawan alludes in this verse to Duryodhana his ninety-nine brothers and his associates who knowing

Maheshwara (the great Lord), ignoring my higher nature, because I have assumed human fater you Krishna).

#### मोघाशा मोयक्षांणो मोचलना विशेतमः। राक्षसीमासुरी चेव प्रकृति मोदिनी थिताः॥ ६२ ॥

12. [Persons of] vain hopen, vain action, vain knowledge, and those who are senselest, rech help of the deceptive Rahshasi' and Arnel Pestrili (having Tamas Guya or dark nature).

### महारमानस्तु मां पार्थ देवी प्रकृतिमाथिताः। भजेत्यनन्यमनसो जात्या भृतादिमञ्चयम् ॥ २३॥

13. Mahatmas (high souls), O Son of Prithal partaking of my Daivi-Prakriti (Divine mature ex Sattwa Guya) worship Me with mind fixed on no other [Deity], knowing Me to be the Indestructible source of all creation.

#### सततं कीतंयंतो मां यतंत्रध दुवनताः । नमस्यंत्रध मां भक्तया निथयुक्ता उपासते ॥ १४ ॥

14. They always sing My praises, and strive His superhuman nature treated him like a humanbeing owing to their evil nature.

<sup>\*</sup> Those who have no regard for any hind of rule and are unruly and are given up to wantenness and pleasures of senses are called Rakshasas and Asurás.

(for Me), (are) firm in their resolution, bow to Me with devotion, and worship me with undivided attachment.

#### ज्ञानग्जेन चाप्यन्ये यजंती माम्रुपासते । एयत्वेन प्रथकेन बहुचा विश्वतोसुखस् ॥ १५ ॥

15. And, others again by performing the Dayanayadaa (Sacrifice by wisdom), worship Me as the One and Manifold, pervading all Manifestations.

#### शंदे कंतुरहं यहः स्वधाहमहमापधम् । मंत्रोऽहमहमेवाज्यमहमग्रिस्हं हुतम् ॥ १६ ॥

16. I am the Kratu (Vedic Sacrifice or the God Vishmu), I am Yadnya (Sacrifice prescribed by the Shastras), I am the Swadha (the sacrifice offered to the ancestors of humanity), I am the product of herbs, I am the Mantra, (the Sacred formula) I am the clarified butter used for sacrifice. I am the fire, and I am the [burnt-offering] Homa, [consecrated fire in alter used in sacrifice.].

#### पिताहमस्य जगतो माता धाता पितामहः। वैयं पवित्रमांकार ऋक् साम यज्ञरेव च॥ १०॥

17. I am the father of the universe. I am the Mother. I am the supporter, I am the Grand-father, I am the pure [Being] to be known I am the

Omkara (the Secred Syllable), on And the Riy, Sam, and Yajur [Vedas].

गतिर्भर्ता प्रमुः साक्षि निवासः घरणं सुद्धत् । प्रभवः प्रस्यः स्थानं निधानं वीजमन्यवस् ॥ ५८ ॥

18. I am the final Condition, Sustainer, the Lord, the Witness, the Dwelling place, the Protector, the well-wisher, the Origin, the Dissolution, the place of repose, and I am the Indestructible seed [of all things.]

त्तपाम्यहमहं वर्षं निगृहामगुरस्तामि च । असृतं चव सृत्युथं सदस्याहमग्रुन ॥ १९ ॥

19. O Arjunal I give heat, I hold back and send forth the rains, I am immortality, as also death, and I am the Sadasat (existent and nonexistent, i. e., Brahma and Mâyâ.')

त्रेविद्या मां सोमपाः प्तपापा यजेरिट्टा स्त्रगतिं प्रार्थयंते । ते प्रण्यमासाय सुरंद्रलोक-मश्रंति दिव्यान्दिवि देवभोगान् ॥ २०॥

20. The knowers of the three (Veilas), the drinkers of the Soma (a prepared juice of a certain creeper in accordance with the formula given in the Vedas), the sacrificers purified from their sins, pray to Me for admittance in the Swarga (the

heaven of the Gods presided over by Indra), they go to the holy regions of the God Indra, and enjoy in the heaven Divine enjoyments.

ते तं भृताः स्वर्गछोकं विशादं क्षीणे पुण्ये मर्त्यछोकं विश्वति । एवं त्रयीधममत्त्रपत्रा गतागतं कामकामा छसंते ॥ २१ ॥

21. Having enjoyed the vast Swarga, their [acquired] merits, becoming exhausted, they come [back] to this mortal world. In this manner, the observers of the observance [mentioned in the] Three (Vedas); desiring [the object of] desires, obtain the going and coming back (Births and Re-births).

अनन्यार्श्चितयंतो मां ये जनाः पग्रपासते । तेपां नित्याभिगुक्तानां योगक्षेमं बहाम्यहम् ॥ २२॥

22. To those who worship Me [only] not meditating on another [Diety], to such assiduous [devotees] I give what they need\* and preserve [for them] what they already have.

<sup>\*</sup>The need for a true devotee is the perpetual presence of the Diety i.e., unseparatedness from him. This the Diety provides for His devotee, and preserves for him the wisdom and devotion he already possessed.

#### ग्रेडच्यन्यदेवताभक्ता यजंते श्रद्धयान्विताः। तेडपि मामेव कौतेय यजंत्यविधिपूर्वकस् ॥ २३ ॥

23. [Even] those who worship other Gods with devotion, O Son of Kunti! they two worship) Me, but not in accordance with Vidhi (sacred grdinances).

अहं हि सर्वयज्ञानां भोक्ता च प्रसुरेव च । न तु मामभिजानंति तत्वेतातश्र्यवंति ते ॥ २४ ॥

24. I am the enjoyer and the Lord of all Yadnyas (sacrifice or worship), but not knowing Me, truly [who I am] in essence, they fall.

यांति देवत्रता देवान् पितृन्यांति पितृत्रताः । भूतानि यांति भूतेज्या यांति मद्याजिनोऽपिमाम्॥२५॥

25. Those who worship the Gods, go to the [regions of those] Gods; those who worship the Pitris (the manes), to [the region] of the Pitris; worshippers of Bhutas [Gods of elements] to [the respective regions of] the Bhutas, but those who worship Me, come into Me.

पत्रं पुष्पं फलं तोयं यो मे भक्तदा प्रयुक्ति। तद्दं भक्तपुपहतमभामि प्रयतासम्बाधी २६॥

26. He who with love offers Me a leaf [of a tree] flower, fruit, or water [only], that offering of love I accept [as it is] made by the purehearted.

#### यहररोपि पर्भापि यहम्होपि ददापि यह । यचपस्यमि फीनेय तस्कुरुष्य मदपेणम् ॥ २०॥

27. Whatsoever thou dost, whatever thou eatext, whatsoever thou sacrificest, whatsoever thou givest, and whatsoever susterities thou performent, do them then as offerings unto Me, O Sun of Kunti!

### शुभागुभफ्टेरेवं मोथ्यसे कर्मवंबर्मः । संन्यासयोगगुक्तारमा विष्ठका मासुवैष्यसि ॥ २८ ॥

28. Thus shall thou be liberated from the ties of action of good and evil fruit, and by engaging (thyself) in the Sanyasa-Voga (the union by re-nonnerment) thou shall come unto Me liberated.

समोऽहं सर्वभृतेषु न में हेप्योऽन्ति न प्रियः। ये भजति तु मां भक्तया मिय ते तेषु चाप्यहम्॥२९॥

29. I am the same to all beings. None [ of them] is hateful to Me, nor dear, but those who worship Me are in Me, and I in them.

अपि चेत्सुदृराचारो भजते मामनन्यभाक्। साधुरेव स मंतन्यः संस्थान्यवसितो हि सः ॥ ३०॥ . Even though a man is unrighteous, if he

<sup>•</sup> Thogawan is equal to all beings without partiality but He serves those who serves Him.

worship Me with undivided attention, he must be regarded as a Sadhu (righteous person) for he has well resolved.

#### क्षिप्रं भवति धर्मात्मा शश्वच्छांतिं निगच्छति । कातिय प्रतिजानीहि न मे भक्तः प्रणश्यति ॥ ३१ ॥

31. Speedily he becometh a righteous person, and obtaineth eternal tranquility, [by means of the objective and subjective knowledge], know thou certainly, O Son of Kunti! that my devotee is never destroyed.

### मां हि पार्थं व्यपाशित्य येऽपि स्युः पापयोनयः । स्त्रियो वैरुपास्तथा सदास्तेऽपि यांति परां गतिम् ॥३२॥

32. They who take refuge in Me, O Son of Pritha! though of sinful birth, of the female sex, of the Vaishya, (trading) or Shudra (servant) class reach the highest state.

#### कि पुनर्जाहाणाः पुण्या भक्ता राजर्षयस्तथा । अनित्यमस्रुखं ठोकमिमं प्राप्य भजस्व माम् ॥ ३३ ॥

33. How much more easily then do the holy Brâhmanas, the devoted Râja-rishis (sages sprung from royal families), [reach me] after having come into this perishable and joyless world, worship Mc.

#### मन्मना भव मङ्को मयाजी मां नमस्क्रह । मामेवैध्यसि युक्तवैवमात्मानं मत्परायणः ॥ ३४ ॥

34. \*Fix thou thy mind or Me, be devoted unto Me, worship me, prostrate thyself before Me, engaging thyself in this manner, and devoting thyself to Me, thou shalt come unto Me.

Thus ends the discourse of Shri Krishna with Arjuna, discourse the ninth entitled,

# THE YOGA OF THE HIGHEST & SECRET KNOWLEDGE.

\* Uddhava, on the eve of the departure of Bhagawan Shri Krishna from this world, requested Him to describe for the salvation of humanity the simplest mode of devotion suited to all persons, by which men of different capacities can attain to Him without fail and to which all the other modes are subordinate. Owing to the importance of question, Bhagawan related to him elaborately the mode of devotion which will be found in Shrimat Bhagwat, Skandha, XI., Chapter XXIX., being an application of the latter portion of this Chapter of the Gîtâ. Those desirous of advancing in spiritual study should read regularly every day this Chapter along with Chapter XXXIII., of the same Skandha.

## TENTH DISCOURSE.

The Vibhuti-Yoga or that concerned with the individual Manifestations of Parabrahma was described in Discourse VII, and will now receive here further amplification at the request of Arjuna; but, at the commencement, Bhagawan Shri-Krishna will further describe the subject of the devotion to His own Self being far superior to the worship of other Gods, as described in the last discourse. He will thus proceed with THE YOGA OF INDIVIDUAL MANIFESTATIONS.

श्रीभगवानुवाचः—

भूय एव महाबाहो बृष्ठ मे परमं वचः । यत्तेऽहं प्रीयमाणाय वक्ष्यामि हितकाम्यया ॥ १ ॥

#### BHAGAWAN said :-

1. Hear thou agaio, O of mighty arms! (My supreme) words, which, desiring thy welfare, I will speak to thee.

#### न मे विदुः सुरगणाः प्रभवं न महर्षयः। अहमादिहिं देवानां महपर्णां च सर्वशः॥ २॥

2. Neither the hosts of Gods nor the Great Rishis (sages) know My origin \*, for I am verily the Source of the Gods and of the great Rishis.

<sup>\*</sup> Refer to Ch. IV, 5-6 of this Gîtâ.

#### महर्षेयः सप्त पुरे चरवारो मनवस्तथा । महावाःमानसा जाता येषां लोक इमाः प्रजाः ॥ ६ ॥

6. The seven great Rishis,\* the four† Ancients. and also the Manus! were born of My Being and Mind, from them have these races [of men] descended.

एतां विभूतिं योगं च मम यो वेचि तस्त्रतः। सोऽविकंपेन योगेन युज्यते नात्र संशयः॥ ७॥

7. He who knows truly My Vibhutis (individual Manifestations) and the Yoga (all pervading principle underlying Manifestations or classes or Spacies in creation) will with unflinching Yoga be united [in Me]. There is no doubt of this.

<sup>\*</sup> Bhrigu, Marichi, Atri, Pulastya, Palasha, Kratu and Vashishta were the seven great Rishis and mindborn sons of Brahma.

<sup>†</sup> Prior to the above seven sons of Brahma, Sanaka, Sanandana, Sadananda, and Sanat-Kumara were also mind-born sons, called the Ancients, and were born of Brahma. They are also called the four Kumaras.

<sup>†</sup> The progenitors and the rulers of the human race as also the law-givers, who are said to be fourteen in number.

### खं संबंध्य प्रभवो सत्तः सर्वं प्रवर्तते । इति सत्ता भनते सां सुधा भावसमन्विताः ॥ ८॥

8. I am the source [of generation] of all, and from Me all [creation] proceeds. Wise men knowing this [of Me] adore Me, partaking with devotion of My Being.]

## मित्ता मद्रतप्राणा बोधयंतः परस्परम् । फथयंतव मां नित्यं तुप्यंति च रमंति च ॥ ९ ॥

9. Imbuing [their] minds with Me, reposing their Prana (life principle) in Me, teaching each other [the wisdom regarding Me] and always conversing about Me, they are at all times content and joyful.

## तेषां सततगुकानां भजतां प्रीतिपूर्वकम्। वदामि ग्रिटियोगं तं येन मामुपयाति ते॥ १०॥

10. To those who are even engaged [with Supreme Spirit] worshipping (Me) with love, I give the Buddhi-Yoga (direction to) the intellect to effect union), by which they come unto Me.

#### तेपामेवातुकंपार्थमहमज्ञानजं तमः । नाज्ञयास्यात्मभावस्यो ज्ञानदीपेन भास्त्रता ॥ ११ ॥

11. Out of Mercy, I dwell in their Self destroy

their ignorance born of darkness, (Mây&\*), by the bright light of knowledge (vidy&) [of Self].

**अर्जुन उवाच**—

पर ब्रह्म परं थाम पवित्रं परमं भवान्।
पुरुषं शाश्वतं दिन्यमादिदेवमजं विश्वम् ॥ १२॥
शाहुस्वास्ट्रपयः सर्वे देविपिनीरदस्तथा।
असितो देवलो ज्यासः स्वयं चैव व्यीपि मे ॥ १३॥

ARJUNA said :-

12—13. Thou art the Supreme Brahma, the Supreme Abode, the Supreme Holiness, all the Rishls, as also the divine Rishl Narada; also Asita, Devala and Vyasa call Thee, applied Thee, ever-lasting Being Divine, the first God, the Unborn, the Lord, and Thou sayest the same unto Me.

सर्वमतेद्रतं मन्ये यन्मां वद्सि केशव। न हि ते मगवन्व्यक्तिं विदुर्देवा न दानवाः॥ १४॥ 14. I take all that Thou sayest to be true.

<sup>•</sup> The inexhaustible energy of Ishwara or Brahma is the Maya which is divided into Vidya (Wisdom) and Avidya (ignorance) which creates and governs the whole creation.

O derreper of the demon Reshil neither Gods nor Odnaras (lemont) comprehend Thy Vyakil ("Innifertations), O Blessed Lord!

रुनयमे गरमकात्यानं घेषा रवं गुरुषोत्तम् । भूतमादन भूनेत्र देनदेव जगव्यते ॥ १५॥ वन्तुमदैस्ययेषेण दिश्या स्वाप्यविभृतयः । साभिनिकृतिनिक्तित्रानिमांस्ट्रवं स्वाप्य तिस्रति॥१६॥

45-46. O first among men! Thou only knowest Thyself by Thyself. O source of all creatures
food of all beings, the God of gods, and the
Master of the worlf. Do Thou genelously tell Me
without reserve Thy Divine Vibbutis (individual
finnifectations, by which Thou keepest pervading
these worlds.

कर्च विद्यामहं योगिस्त्रां सद्ग परिचितयत् । केषु केषु च भावेषु चिन्त्योऽसि भगवन्मया ॥ १७ ॥

17. Tell me, O Yogin (he who is underlying all existences) how shall I, who am always meditating on Thee, know Thee? O Bhagawan! (he who possesses the six attributes of greatness or excellence) in which different manifestations are Thou to be meditated upon?

## विस्तरेणात्मनो योगं विभृतिं च जनार्दन । भूयः कथय तृतिर्हि शृण्वतो नास्ति मेऽसृतम् ॥१८॥

18. O Protector of the universe! tell Me again at length, Thy Yoga (all pervadedness) and Vibhutis, for I do not feel satisfied by hearing Thypambrocial words.

#### श्रीमगवानुवाच-

इंत ते कथयिष्यामि दिव्यां ह्यात्मिबसूतयः । प्रायान्यतः कुरुश्रेष्ठ नास्त्यंतो विस्तरस्य मे ॥ १९॥ः .

#### BHAGAWAN, said :-

19. O Chief of the Kurus! I will tell thee My principal Divine Vibhutis, for there is no end to-My extent.

अहमारमा गुढाकेश सर्वभूताशयस्थितः। अहमादिश्च मध्यं च भूतानामंत एव च॥ २०॥

20. O Conqueror of sleep! I am the Âtmf. (observer.) abiding in the hearts of all the creatures, I am the Beginning, the Middle, and the End also of all the Creation.

आदित्यानामः विष्युज्योतिषां रविरंशुमान् । मरीचिर्मरुतामस्मि नक्षत्राणामहं शशी ॥ २१ ॥

21. Among the Adity as (the twelve sons of

wava brought forth by nector, Know me to be Airawata among great elephants, and King among men.

## आयुपानामहं वर्ज पेन्हनामस्मि कामगुक् । प्रजनभारिम कंदंपः सर्पाणामस्मि वासकिः॥ २८॥

28. Among weapons I am the Thunderbolt, among cows Kamadhenu (cow that yields desired objects; I am Love [righteous] which procreates; among serpents I am Vasuki (King of snakes).

## अनंतश्चास्मि नागानां वरुणो यादसामहम् । पितृणामर्थमा चास्मि यमः संयमतामहम् ॥ २९ ॥

29. Among the Nagas (serpents in general or the demi-gods having bodies of serpents and faces of men), I am Ananta (otherwise called Shesha on whom the God Vishnu reclines); among the aquetic creatures I am Varuna (the God presiding over waters); among the Pitris (manes of the departed progenitors of the human families) I am Aryama. Among rulers I am Yama (God of death).

#### प्रहादश्चास्मि देखानां कालः कलयतामहस् । सृगाणां च सृगेदीऽहं वैनतेयश्च पक्षिणास् ॥ ३०॥

30. And I am Prarhada (one of the greatest devotees of the God Vishnu born of the king of

Daityas named Hiranyakashyapa). Among measures, I am the Kala (time); among beasts I am the Lion; among Birds I am Vainateya, (Eagle, the vehicle of the God Vishnu).

पवनः पत्रतामस्मि रामः शक्षभृतामस्म् 🗓 🛷

इपाणां मकरश्रास्मि स्रोतसामस्मि जाह्नवी ॥ ३१ ॥

31. Of (those that blow) puriflers, I am the Pavana (wind), I am Rama (Parshurama the Sixthincarnation of Vishnu) of the warriors; and I am Makara (Crocodile) among fishes; I am [the river] Ganges among the rivers.

## सर्गाणामादिरंतश्च मध्यं चैवाहमर्जन । अध्यात्मविद्या विद्यानां वादः प्रवदतामहम् ॥ ३२ ॥

32. Of created things I am the beginning. O Arjuna! I am the End and I am also the Middle-Among all the sciences I am the Adhyatma Vidya (the science of Self); and among the controversia, lists I am the Dispute.

अक्षराणामकारोऽस्मि द्वंद्वः सामासिकस्य च । अहमेवाक्षयः कालो धाताऽहं विश्वतोसुखः ॥ ६६ ॥

33. Of the letters [of Alphabets] I am the letter A; and of the compound words I am the compound called the Dwandwa (formed of two syllables sug-

gesting dual existence in the world). I am also the inexhaustible Time, I am the supporter [of all] whose faces are on all directions.

स्टरपुर सर्वेहरथाहमुद्भन्नश्च भविष्णताम् । कीर्तिः श्रीवाक्च नारीणां स्मृतिमेघा एतिः श्रमा ३४ -

34. And I am the all destroying Death; I am the Source of what is to be; among the females I am Fame, Prosperity, Speech, Memory, Intellecticourage and Forgiveness.

#### गृहस्ताम तथा साम्नां गायत्री छंदसामहम् । जन्न मासानां मागेशीपोऽहमृतृनां फुसुमाकरः॥ ३५॥

35. Among the Sama (Vedic Songs) I am the Britateama (the metre so called); I am the Gayatri [metre) among [all] metres [of the Vedic hymns]; of the months [of a year] I am [the month] Margashireha, f of the seasons I am the Spring.

<sup>\*</sup>These words are of the Feminine Gender in the Sanskrit language.

<sup>†</sup> All the months of the year are His Yoga but among them the month Margashirsha is His Vibhuli (Manifestation); for in this month the Gopees (cow-herdesses of Gehul) obtained emancipation; besides all the religious acts done in this month end in good results. It is also the beginning of the spring: the best of the seasons.

#### यूतं छल्यतामस्मि तेजस्तेजस्तिनामहम् । जयोस्मि व्यवसायोऽस्मि सस्व सस्ववतामहम् ॥३३॥

36. I am the Game [ with dice ] among cheats; I am the Splendour of the splendid; I am Victory, I am Industry; I am the Goodness in the good.

### वृष्णीनां चाह्यदेवोऽस्मि पांडवानां धनंजयः। स्रुनीनामप्यहं ष्यासः कवीनासुक्षाना कविः॥ ३७॥

37. I am the Vasudeva (Son of Vasudeva) of the Vrishnis (epithet of the race of Yadu known as Yadavas). Among Pandavas, I am Dhananjaya (an epithet of Arjuna); I am Vyasa among Munis (great sages); I am among Kavis (all knowing adepts) the sage Ushana.

## दंडो दमयतामस्मि नीतिरस्मि जिगीपताम्। मौनं चैवास्मि गुह्यानां ज्ञानं ज्ञानवतामहस् ॥ ३८॥

38. I am the Rod of those that restrain; I am the Diplomacy of those who desire conquest; I am Silence among secrets; I am the Knowledge of its possessors.

## यचापि सर्वभूतानां बीजं तदहमर्जुन । न तदस्ति विना यत्स्यान्मया भूतं चराचरम् ॥ १९॥

39. Whatsoever is the seed of the creation,

O Arjuna I that um I. Nor could there exist anything among mobile or immobile things without Me.

नांतोऽस्ति सम दिव्यानां विभूतीनां परंतप । एप नुदेशतः शोक्तो विभूतेविस्तरो सया ॥ ४० ॥

40. Of my divine Vibhutis findividual manifestations). O chastiner of foest there is no end. These details of my Vibhutis, I have but briefly related unto thee.

> ययद्विभृतिमत्सत्वं श्रीमद्जितमेव वा । तत्तदेवावगच्छ त्वं मम तेजाँऽशसंभवम् ॥ ४९ ॥

41. Know thou that whatsoever [object] possesses Sipremacy, splendour, Greatness or Power is sprung from my glory.

अथवा बहुनैतेन कि जातेन तवार्जन । विष्ठभ्याहसिदं कृत्समेकांशेन स्थितो जगत् ॥ ४२ ॥

42 O Asjuna! But what [good] of the know-ledge of these details [of Vibbuties.] to thee, O Arjuna! [know only that]! stand pervading this whole universe with a portion of Myself.

Thus ends the discourse of Sliri Krishna with Arjuna, discourse the tenth entitled,
THE YOGA OF INDIV DUAL MANIFESTATION.

#### ELEVENTH DISCOURSE.

#### INTRODUCTION.

In the ninth discourse Bhagwan Shri Krishna said " पुरुष से योगसेश्वरम् " " See my Divine myste rious power;" in other words, He asksed Arjuna to recall to his mind the mystic, incomprehensible power with which He created the universe, and to note that the whole of the creation was in Him like the imaginary serpent observed in a rope in the twilight. This simile was employed to represent Bhagawan Himself as the rope andthe imaginary serpent His manifested universe in form. This was to prove that there is no existence of the objective universe, real and independent of Himself, any more than there was a real serpent in the rope. Similarly, it would be illogical to say that an earthen pot exists in clay of which it is made; but it is an undeniable fact that, without clay, a pot could not have its existence at all. It is the clay that exists at all times, and not the pot, which has only a phenomenal existence. It is the clay that appears in different forms and shapes without affecting in any way its own quality as clay under any modifications. Such, however, is not the case with the pots. They appear in clay, and are therefore said to be impermanent or unreal. This power of manifesting unreality in reality is called the Aghatita-Ghatana Yoga, i.e., the Divine power

that makes impossibility possible, and evolveappearances as if out of darkness which the eye is unable to penetrate and which therefore is really very wonderful and incomprehensible. For this reason it was that Arjuna was asked by Bhagawan Shri Krishna to worship Him in His Universal form; for then only would His worship be perfect and complete. His worship in spirit only would be one-sided and incomplete, and would not be so acceptable as the worship in His identity as the manifested and unmanifested God.

Arjuna was, however, not able to comprehend fully the force and purport of these teachings of the Blessed Bhagawan, whom he still looked upons as a Jiva or a finite being beyond his power to comprehend the Infinite. But Arjuna being a true and since redevotee, Bhagawan Shri Krishna in His unbounded compassion, imparted to him the knowledge of comprehending of Himself in His incomprehensible nature, and thus taught him to arrive at an undivided and inseparable devotion to Him.

In further proof of Bhagawan's identity in both the manifested and unmanifested states, the analogy of Ornaments and Gold was made use of. The former are entirely dependent for their existence on the latter since they could not possibly have their being without the latter. Neither could they conceal the metal out of which they are made, notwithstanding their variety of forms. It will thus be easily conceived how Bhagaware can be viewed as identically the same in both. His subjective and the objective states.

To enable bim to realize His unseen nature, the Blessed One asked Arjuna to recall to his mind the instructions given to him in the ninth discourse, and revert to the example given of the existence of the air in space. Though its existence is not perceived, still it begins to blow in the form of wind and yet its existence in space is undeniable. Similar is the way of viewing Him as existing in the multifarious forms of the manifested universe.

Ariuna having heard all this, was wonderstruck and began to realize within himself that Bhagawan Shri Krishna Himself was Almighty God, and able to give whatever was asked of Him, being like the mysterious bountiful tree called Kalpataru or Kalpavriksha; he therefore asked himself why he should lose the golden opportunity of requesting Bhagawan to bestow on him the power of possessing the same Divine Faculty that He Himself possessed, in order to enable him to realize His transcendental teachings regarding His countless manifestations in their unity as His Vishwarapa i.e., the universal manifestation. When the ninth discourse was going on it had occurred to Arjuna to make this same request, but he failed to do so having been led away by the incidents of the struggle with which his mind was then occupied.

At the end of the last discourse, the Blessed Bhagawan explained to Arjuna that the principal manifestations formed but an infinitismal portion of His vast nature. Remembering this, he became more curious than ever to have a more complete view of all His manifestations and to see how his enemies Duryodhana and his compatriots Bhishma; Drona, Karna, and others were killed already and how he was a mere, instrument in the hands of Bhagawan. Promoted by this desire Arjuna now makes the request to the Blessed One to exhibit to his vision his objective manifestations, which is complied with in the following discourse called.—

THE YOGA OF UNIVERSAL FORMS.

अर्जुन उनाच-

मदत्त्रग्रहाय परमं गुल्लमध्यात्मसंज्ञितम् । यस्त्रयोक्तं वचस्तेन मोहोऽयं विगतो मेम ॥ १॥ Ariuna said:—

1. In consequence of the excellent and mysterious discourse about the Adn atma (knowledge of Self) that Thou hast spoken for my benefit, My delusion is removed.

भवाष्ययो हि भूतानां श्रुतौ विस्तरशो मया। लक्तः कर्मलपत्रीक्ष माहात्म्यमपि चान्ययम् ॥ ३॥

2. I heard from Thee, O Lotus-eyed ! regard

ing the production and destruction of beings in minute detail, as also about Thy imperishable greatness.

एवमेतवथात्थ त्वमात्मानं परमेश्वर । द्रष्टुमिच्छामि ते रूपमैश्वरं पुरुषोत्तम ॥ ३ ॥

3. What Thou hast declared, O supreme Lord? regarding Thyself, is so; for, I wish to see Thec, O Best of beings! in Thy glorious form.

मन्यसे यदि तच्छक्यं मया द्रष्टुमिति प्रभो । योगेश्वर ततो मे त्व दर्शयात्मानमन्ययम् ॥ ४ ॥

4. If thou thinkest, O Lord! that it is possible for me to see It, O Yogeshwara (master of the mystic power)! then show me Thy imperishable self.

श्रीभगवानुवाच--

पदय में पार्थ रूपाणि शतशोऽथ सहस्रशः। नानाविधानि दिन्यानि नानावर्णाकृतीनि च ॥ ५॥

BHAGAWAN said :-

5. O son of Pritha! behold my forms, which are hundreds and thousands, various, divine, and of divers colors and shapes.

<sup>\*</sup> A' similar sentiment is expressed in Shrimat: Bhagawat Sch. XI. Ch. XVI, 9,@.39.

## पश्यादित्यान्त्रसञ्ज्ञद्वानिभनौ मरुतस्तथा। बहुन्यदृष्टपूर्वाणि पश्याश्रयाणि भारत ॥ ६ ॥

6. See the Adityas (the twelve sons of Aditi), the Vasus (the eight Guardians of cardinal points), the Ashwins (the twin physicians of Gods) and the Maruta (the God presiding over winds); and O descendent of Bharata! behold many wonders which thou hadst not seen before:

## इहैकस्थं जगरकरतं पश्याद्य सचराचरम् । मम देहे गुडाकेश यचात्यद्रष्टुमिच्छसि ॥ ७ ॥

7. Here, behold to-day the entire universe, moveable, and immoveable, and whatever else thou wishest to see, O conqueror of sleep I all collected in My person.

### न तु मां शक्यसे द्रष्टुमनेनैव स्वचक्षपा। दिव्यं द्वामि ते चक्षः पश्य मे योगमैश्वरम्॥८॥

8. But thou art not able to behold Me with these eyes of thine. I therefore will give thee the divine eyes. Behold [therewith] My Yogs. Aishwarya† (the glory of My universal nature.).

This must not be confounded with the second sight derived from the mesmeric or Yoga practices. This is the divine sight of which Bhagawan has said in

#### संजय उवाच---

#### एवसुक्ता ततो राजम् महायोगेश्वरो हरिः। दर्शयामास पार्थाय परमं रूपमेश्वरम् ॥ ९ ॥

BANJAYA BRId :-

9. Having spoken thus, O King (addressing Dhritarashtra), the Great Lord of Yoga (the Universal Being) Hari, showed to the son of Pritha His Supreme divine forms.

अनेकवक्रनयनमनेकाद्धृतदर्शनम् । अनेकदिष्याभरणं दिन्यानेकोद्यतायुषम् ॥ १० ॥ दिन्यमाल्यांवरघरं दिन्यगंधात्तत्वेपनम् । सर्वाधर्यमयं देवमनंतं विश्वतास्रतम् ॥ १९॥

10-11. With many mouths and eyes, with many marvellous aspects many darling orna-

this very chapter that it cannot be secured by the practice of Yoga, reciting the Vedas, giving alms, performing sacrifices, or by the practice of austerlies. The gods themselves long to possess this blessing but it is said to be in the reach of the inseparable devotees only.

† The unlimited and unfathomable mighty power that pervades the space and is exhibited in His innumerable manifestations is called His Yoga-Aishwarya.

ments and many glorious weapons, held erect, wearing celestial garlands [of flowers] cloths and divine unguents, full of marvels, shining, boundless with [His] faces in all direction.

## दिवि सूर्यसहस्रस्य भवेषुगपदुरिथता । यदि भाः सदृशी सा स्यादासस्तस्य महात्मनः ॥१२॥

12. If the splendour of a thousand suns were burst together [simultaneously] in the sky, that would be similar in brilliance of that Mahâtmâ [the Great Soul].

## तन्नेकस्यं जगस्त्रत्कं प्रविभक्तमनेकया। अपरयदेवदेवस्य शरीरे पांडवस्तदा॥ १३॥

13. There the whole of the universe was be held by the Son of Pandu, divided in manifold parts, but all united together, in the person of the God of gods.

#### ततः स विस्मयाविष्टो हृष्टरोमा धनजयः । प्रणस्य शिरसा देवं कृतांज्ञिसमापत ॥ १५ ॥

14. Then the conqueror of wealth, Arjuna felt overnwed with astonishment, hair standing on end, bowed down his head, and with hande joined, spoke to the God.

अर्जुन उवाच--

पश्यामि देवांस्तव देव देहे
सर्वास्तथा भूतविशेषसंघान्।
त्रह्याणमीशं कमटासनस्थमृपींथ सर्वीतुरगांश्च दिव्यान्॥ १५ ॥

ARJUNA said :-

15. In Thy person, O God! I see all the Gods, all [different] groups of various beings with distinctive marks; the Lord Brahma [seated] on this lotus [seat], all the Rishis (sages), and the celestial Uragas (also called the Nagas—the semi-divine beings having the faces of men and bodies of serpents.

अनेकवाहदरवक्षनेत्रं पदयामि त्वां सर्वतोऽनंतरूपम् । नांत न मध्यं न पुनस्तवादिं पदयामि विश्वेश्वर विश्वरूपम् ॥ १६ ॥

16. With many arms, bellies, mouths and eyes on all sides I see Thee, O Lord of the universe and assumer of countless forms! I do not see your end, middle or beginning.

किरीटिनं गदिनं चिक्रणं च तेजोराशिं सर्वतो दीक्षिमंतम्।

#### पदयामि त्वां दुनिरीक्ष्यं समृताद् वीसानलाक्ष्यतिमप्रमेयम् ॥ १७ ॥

17. Shining in masses of splendour on all side I see Thee wearing crown, holding mace, and disc blazing like fire and sun, and dazzling the gaze on all sides and being undefinable.

स्वमक्षरं परमं वेदितव्यं स्वमस्य विश्वस्य परं निधानम् । स्वमस्ययः शाश्वतधर्मगोप्ता सनातनस्त्वं पुरुषो मतो मे ॥ १८॥

18. Thou art Imperishable Paramam (Great beyond conception), Veditavyam (the thing to be known), Tatwam (the primary principle), the Supreme support of the univere, thou art Undecaying the Protector of the undecaying Dharma duties or nature) Thou art Eternal, and the Best among beings [thus] I think of Thee.

भनादिमध्यांतमनंतवीर्थ-मनंतवाहुं शशिस्त्रेनेत्रम् । पश्यामि त्वां दीसहुताशवकं स्वतेजसा विश्वमिदं तपंतम् ॥ १९ ॥

19. [Thou hast] no beginning, middle or end, and having infinite power, arms without number,

he Sun and Moon, as [Thy] eyes, I see in Thy mouth the blazing sucrificial fire, and heating up with thy radiance the universe.

चावापृथिव्योरिदमंतरं हि
ब्यासं स्वयेकेन दिशश्च सर्वाः ।
दृष्ट्वाऽद्भुतं रूपसुग्रं तवेदं
लोकत्रयं प्रव्यथितं महासन् ॥ २०॥

20. Thou hast alone occupied the space lying between the earth and the heaven. O great soul! as also all the directions [ of Compass ]. At the sight of Thy marvellous and terrible form, the three worlds are frightened.

अमी हि खां सुरसंघा विशंति केचिद्गीताः प्रांजलयो गृणंति । स्वस्तीत्युक्त्वा महर्षितिद्वसंघाः स्तुवंति खां स्तुतिभिः पुष्कलभिः॥ २१ ॥

21. These assemblages of Gods enter into Thee some frightened, and with joined hands are invoking [Thy favours]. These assemblages of great Rishis (Sages), Siddhas (adepts in Yoga) saying "Swasti" may all fare well with Thee) and chanting Thy praises, with numerous songs (of praise,)

रदादित्या वस्ते ये च साध्या विश्वेऽभिना मस्तश्चोष्मपाश्च । गंधर्ययासुरसिद्धसंघा वीक्षेते त्यां विस्मिताधेव सर्वे ॥ २२ ॥

22. The Rudras (the dreadful eleven manifestations of the God Shiva), the Adityas (the twelve sons who shine and blaze at the dissolution of the world) the Sidhyas (a particular class of celestial beings) Vishwa-devas (the Gods of the universe), Ashwins (the twin physicians of the Gods) Marutas (the Gods presiding over winds), Pitaras (the manes of the departed progenitors of mankind), Gandharvas (the eelestial musicians) Yakshas (the servants of the treasurer of the God of Gods, Indra), Asuras (demons) and Siddhas (semi-divine beings possessing superhuman faculties), behold Thee with amazement.

रूपं महत्ते, बहुबक्तनेत्रं महाबाहो बहुबाहरूपादम् । बहुद्दरं बहुदंष्ट्राकराठं ृद्धा ठोकाः प्रच्यथितास्तथाऽहम् ॥ २३॥

23. [By looking at] Thy mighty form, having many mouths and eyes, many arms, thighs, feet, bellies, mouths set with many fearful teeth, the world is fear-stuck as also myself.

नभःस्पृशं दीप्तमनेकवर्णं व्याताननं दीप्तविशालनेत्रस् । दृष्ट्वा हि त्वां प्रव्यथितांतरात्माः वृतिं न विदापि शर्मं च विष्णो ॥ २४ ॥

24. Having seen Thee, O Vishnu (the Protector) Thou that touchest the sky, art full of brilliant light of many colors, with mouths opened, having radient large eyes, my soul in me is greatly troubled, my courage and peace of mind are gone.

दंष्ट्राकराछानि च ते छखानि
दृष्ट्रेव काछान्छसनिभानि ।
दिशो न जाने न छभे च शर्म
प्रतीद देवेश जगित्तवास ॥ २५॥

25. O God of Gods I O Resort of the world! Seeing Thy mouths, terrible with jaws, and looking like the Kalanala (the frightful fire that blazes at the Maha Pralaya, the dissolution of the universe) I forget the directions [to fly and take refuge from Thee], I feel no comfort. Have mercy on me.

अमी च ध्वां एतराष्ट्रस्य पुताः सर्वे सहैवावनिपालसंघैः। भीष्मो द्रोणः सूतपुत्रस्तथामी
सहास्मदीयरिप योधमुख्यैः ॥ २६ ॥
वक्राणि ते स्वरमाणा विश्वति
दंष्ट्राक्ररालानि भयानकानि ।
केचिद्विल्या दशनांतरेषु
संदुद्धयेते चूर्णितेस्त्रमांगैः ॥ २७ ॥

26-27. These sons of Dhritarashtra, along with a multitude of the rulers of the earth, Bhishma (grand uncle of the Pandavas and Kowravas and an invincible warrior, great phi osopher and a devotee), Drong (the teacher of the art of war to both Pandavas and Kowravas), the son of Suta (coachman [an appellation of Karna a grest warrior, and a halfbrother of the Pandavas], and all the great warriors on our side are rushing fast into Thymouth, looking terrible with teeth; some appear stuck within the spaces between Thy teeth with their heads crushed.

यथा नदीनां वहत्रोऽह्यतेगाः सम्रद्धमेत्रासिमुखा द्ववति । सथा तवामी नरलेक्षत्रशिरा विशेति वकाण्यभिविज्वर्ठति ॥ २८ ॥

28. As the water currents of rivers run towards the sea alone, so do these warriors of this mortal world, enter into Thy blasing mouth.

यथा प्रदेश ज्वलनं पतंगा विश्वति नाशाय समुद्रवेगाः। तथैव नाशाय विश्वति लाका-स्तवापि वकाणि समृद्धवेगाः॥ २९॥

29. Like the moths which with rapid swiftness rush towards the blazing light only to be destroyed, these men rapidly enter into Thy mouth with great velocity to their own destruction.

छेटिछसे प्रसमानः समंता-होकान्समणान्वरनेज्वेलाद्भेः । तेजोभिरापुर्यं जगत्समधं

ः भासस्तवोग्राः प्रतपंति विष्णो ॥ ३० ॥ 🧸

30. With Thy flery mouths Thou swallowest all the people that are around Thee, and lickest them up. O Vishnu (the protector of the righteous) i Thou hast filled up the whole space with Thy flerce light which is heating the universe.

आख्याहि से को भवाउप्ररूपो नमोऽस्तु ते देववर प्रसीद । विज्ञासुमिच्छामि भवंतमार्घ न हि प्रजानासि तव प्रवृत्तिस् ॥ ३१॥

31. [Please] tell me who Thou art in this fearful form, O Supreme Lord I bow down to

thee. Be Thou gracious [to me]. I wish to know Thy Primal aspect. I understand not the way of thy action.

अभिगवात्ववाच—

काटोऽस्मि छोकक्षयकृत्ववृद्धोः ङोकान्समाहर्त्तुमिह प्रवृतः । ऋतेऽपि त्वां न भविष्यंति सव येऽवस्थिताः प्रस्यनीकेषु योधाः ॥ ६२ ॥

BRAGAWAN said :-

32. I am the KMa (death) which destroyes the worlds, and I have set about the destruction of the world. Not one of the warriors that have stood in array for fight will escape death, even wert thou not to kill them.

तस्मास्त्रमुक्तिर यशो लभस्त जित्ता शत्रूनमेक्त्र राज्यं समृद्धम् । सयैवेते निहताः पूर्वमेत निमित्तमात्रं भव सम्यसाचित् ॥ ३६ ॥

38. Therefore be thou up, obtain fame, defeat thy enemies and enjoy the prosperous kingdom. I have already killed them [as thou hast seen already.] O Savyasachin the thrower of arrows with both hands)! become [thou] but the [nominal] instrument.

क्षीणं च भोषमं च नयद्रथं च कर्णं तथाऽन्यानपि योधत्रीरान् । सया हतांस्वं जहि मा व्यथिष्ठा सुद्धयस्य जेताऽसि रणे संपत्नान् ॥ ३४॥

84. I have killed Drona, l'hishma, Jayadratha, Karna, and all the other warriors here [in this battle] already. Destroy them. Now fight; over thy rivals shalt thou gain victory on the battlefield.

संजय जवाच-

एतच्छ्रत्वा वचनं केशवस्य कृतांजिवेंगमानः किरीटी । नमस्कृत्वा भूय एवाह कृष्णं सगद्गदं सीतसीतः प्रणम्य ॥ ३५ ॥

Sanjaya said :-

35. [To Dhritarashtra] hearing these of Keshava (the Triune Deitý Brahma, Visha Shiva), Arjuna, who had worn the diadem, joined hands, trembling and bowing down again and again, spoke to Him with his throat choked.

अर्धन ज्वाच-

स्थाने हृषीकेश तत्र प्रकीत्र्या . जगत्प्रहृष्यत्यतुरुव्यते च ।

# रक्षांति भीतानि दिशो दवं सव नमस्यंति च तिद्धसंघाः॥ ३६॥

ARJUNA Bald :-

36. O Lord of the sense! It is only proper that in hearing of Thy renown the world feels rejoiced and takes delight and Rakshasas fly in all directions, in terror, and the hosts of Siddhas (perfected Yogis) bow down [in veneration].

कस्माश्र ते न नमेरन्महारमन् गरीयसे ब्रह्मणोऽप्यादिकर्त्रे। अनंत देवेश जगन्निवास त्वमक्षरं सदसत्तत्परं यत्॥ ३७॥

37. O Mahatma! (Supreme Soul) why should they the Siddhas) not bow down to Thee who art

<sup>\*</sup> The word Siddha used in this verse does not mean adepts (in the Yoga) as the preceding verse but Mumukshu (the person desirous to attain salvation or molisha). The rendering of this meaning is supported by the Text of the Upanishada a salvation. These Mumukshus know perfectly well that the God (Vishau) is the First cause, Father and Guru of Brahma, the creator of the world. Arjuna therefore interrogated Bhagawan, as to why they (Mumukshu)

greater that Brahma, who are the First Cause, and greater than Brahma, O Infinite, God of Gods, the nead of the worlds' undecaying, Thou are that which is and that which is not; and that which is beyond them.

स्वसादिदेवः पुरुषः पुराण-स्त्वसस्य त्रिश्वस्य परं निधानस् । वेत्ताऽसि वेद्यं च परं च धाम स्वया ततं विश्वसनतरूपम् ॥३८॥

38. [Thou art] the first of the Gods, the ancient Purusha (Being) the highest support of the worlds, knower and the object to be known; the Eternal abode, Thou of endless manifestations; by Thee is the universe pervaded,

चापुर्यमोऽग्रिवेरुणः शशांकः प्रजापतिस्त्वं प्रपितामहश्च । नमो नमस्तेऽस्तु सहस्रकृत्वः पुनश्च सूयोऽपि नमो नमस्ते ॥ ३९ ॥

39. Thou art Vayu (God of wind), Yama (God of justice), Agni (God of fire), Moon (God of night) (do not worship Him in His incarnate personalities as Rama, Krishna &c., when He is all in all as shown to him in His universal manifestation and are dasirous to know only the Nirguna Brahma. This is the gist of this verse.

and morrisher of medicinal plants), Vasuna (God of watery element), Penjapati (Lord of creatures) or Brahma), and his great grandlather (Vishqu). A thousand times do I have down to Thee, again and again I how to Thee.

नमः प्रस्काद्य प्रश्तस्ते नमोऽन्तु ते सर्वत एव सर्व । अनंतवीर्योगितविक्रमस्यं सर्व समागोपि ततोऽति सर्वः॥ ४०॥

40. To Thee I how down in the front, behind, and on all sides. O Thou who art all! Thou art of boundless power, unmeasurable in strength. Thou pervadest all, therefore, art Thou all.

समेति मध्या प्रसमं यदुकं है कृष्ण है गृहव है सखेति। ज्ञानता महिमानं तनेरं मया प्रमादात्वणयेन वापि॥ ४३॥

41. Taking Thee to be my friend and not knowing Thy Majesty, either through love or escelessness whatever I called Thee-for instance O Krishna, O Yadav, O friend.

यनावहासार्थमसत्कृतोऽनि विहारसम्यासनभोजनेतः ॥

# एकोऽथ वाष्यच्युत तस्त्मक्षं तस्त्रामये स्वामहसप्रसेयम् ॥ ४२ ॥

42. [Again] Achchyuta (unmoved by passions)? whatever disrespect I might have shown to Thee when playing together or when sleeping together, or when alone, or in company of others, for all these I beg to be pardoned, O Thou Boundless one.

पितासि लोकस्य चराचरस्य स्वमस्य पूज्यश्च गुरुगरीयान् । ८ न त्वस्समोऽस्त्यभ्यधिकः क्वतोऽन्यो लोकन्येऽप्यशतिमप्रभावः ॥ ४३ ॥

48. Then art the father of all that moveth, and all that doth not move. Thou art more worthy of reverence than the great Guru (preceptor). There is none like Thee; whence can there be one greater? Thy person is unparalleled, in the three worlds.

## तस्मात्प्रणस्य प्रणिधाय कार्यः प्रसादये स्वामहमीशमीज्यस् ।

By being the Creator or Father, as also the Gure or Preceptor of the God Brahma, the Creator of the Universe, Bhagawan is therefore addressed here by Arjuna as the Supreme Father and Preceptor of all beings.

## पितेन पुत्रस्य सत्तेन सल्युः प्रियः प्रियायाईसि देन सोदुम् ॥ ४४ ॥

44. Therefore I prostrate myself before Thee, and would propitiate Thee, the praiseworthy; forgive me as father [does] his son, friend his friend, lover his beloved.

अदृष्टपूर्व हिपिनोऽस्मि दृष्ट्वा मयेन च प्रव्यधितं मनो मे । तदेव मे दर्शय देव रूपं प्रसीद देवेग जगनिवास ॥ ४५॥

45. I am overjoyed to see what had not been seen before by me, but my mind feels troubled through fear, therefore, O God! show me that (original) form again. Be gracious, O Lord of Gods, the abode of the universe.

किरोटिनं गदिनं चक्रहस्त मिच्छामि त्वां द्रष्टुमहं तथैन । तेनैव रूपेण चतुर्भुजेन सहस्रवाहों भव विश्वसूर्ते ॥ ४६ ॥

46. I wish to see Thee, O Thou of thousand arms and innumerable forms, with the diadem [on Thy

nead], and the disc and the mace in Thy\* hands, and possessing four arms and the same form (as before), O Lord 1

### श्रीमगवानुवाच--

मया प्रसन्तेन तवार्जुनेदं स्वं परं दर्शितमात्मयोगात्। तेजोमयं विश्वननंतमायं यन्ने त्वदन्येन न दृष्टपूर्वम् ॥ ४७ ॥

BHAGAWAN said :-

47. O Arjuna! Through my favour and by the Majestic power I possess, I have shown thee the Primeval, Radient, Universal, and Infinite form, such as was not seen by any one but by thyself.

न चेर्यज्ञाध्ययनैर्न दानैर्न च क्रियाभिर्न तपोभिरुप्रैः।

<sup>\*</sup>This is the ideal form in which a devotee is recommended to contemplate and worship the Deity in the Saguna, Sakara Upasana which ultimately ends into Savikalpa Yoga or the condition of the Kaivalya or Jivanmukti or unification of Self in the Deity. The Maha Muni Narada initiated Prarhada and Dhruva into this identical worship. An account of this is given in Shrimat Bhagwat.

## एवं रूपः शक्य अहं नृलोके - वर्ड व्यदन्येन कुरुप्रवीर ॥ ४८ ॥

48. It is impossible, O Kurupravira (the fore-most of the warriors of the race of Kurus) for any one in this world to see Me in this form that thou hast seen, even by performing sacrifice or by [the study of] the Vedas, or by giving alms or [by undergoing] fierce austerities and actions (religious duties ordained by the Vedas and Shastras.

मा ते व्यथा मा च विमृद्धावी दृष्ट्वा रूपं घोरमीदृङ्ममेदम् । व्यपतभीः प्रतिमनाः पुनस्तवे तदेव से रूपमिदं प्रपद्य ॥ ४९॥

49. Be not alarmed and bewildered; seeing these fearful forms, but cast away thy fear and with joylul heart behold now. My familiar form.

संजय ववाच-

इत्यर्जनं वासुदेवस्तथोक्खा स्वकं रूपं दर्शयामास भूयः । आधासयामास च भीतमेनं भूदवा युनः सोम्यवपुर्महात्मा ॥ ५०॥

50. Sanjaya said [to Dhritarashtra]:-Vasudeva [all pervading Lord, as also the son of Vasudeva]

having thus spoken to Arjuna, showed again His own gentle form [as requested], and consoled him in his frightened condition.

अर्जुन उदाच्-

दृष्ट्रेदं मार्च्य रूपं तव सौम्यं जनार्दन इदानीमस्मि संवृत्तः सचेताः प्रकृतिं गतः॥ ५१ ॥

#### ARJUNA said:

51. Seeing Thy gentle human form, O Janurdana (dispeller of pains of mankind), I am come back to my consciousness, and my mind has become as quite as before.

### श्रीभगवानुवाच-

सुदुर्दर्शिमिदं रूपं दृष्टवानिस यन्मम । देवा अप्यस्य रूपस्य नित्यं दर्शनकांक्षिणः ॥ ५२ ॥

#### BHAGAWAN said :--

52. This form of mine which Thou hast seen is difficult to get a sight of. Even Gods are longing to see this form.

नाहं वेदैर्न तपसा न दानेन न चेज्यया। शक्य एवंवियो दुर्हु दृष्टवानास मां यथा॥ ५३॥

53. Nor can I be seen as thou hast seen Me 10y any one, even by study of the Vedas, nor by

practising] austerities, nor [by giving] alms, nor [by performance of ] sacrifice.\*

भत्तया त्वनन्यया शक्य अहमेवंविघोऽर्जुन । ज्ञातुं द्रष्टुं च तत्त्वेन प्रवेष्टुं च परंतप ॥ ५४॥

54. But O Parantapa (the terror of thy foes)! O Arjuna! By exclusive devotion to Me, can I thus be seen, known and perceived, and My essence may be entered into.

मत्कर्मकुन्मत्परमो मङ्गत्तः संगवर्जितः। निवेंरः सर्वभूतेषु यः स मामेति पांडव ॥ ५५ ॥ He who doth Karmas (actions) for My sake,

\* In Shrimad Bhagawat, Skandha xi, Chapter v, 55. Verse 1, four ways to secure the final beatitude are mentioned in connection with the four Yugas; viz in the Krita-Yuga, by controlling the mind and the sense organs, in the Tretá-Yuga, by performing sacrifices (ordained by the Vedas), and in the Dwapara. Yuga by the Worship of the (Saguna and Sahara) Deity, in accordance with the forms Prescribed in the Agamas or Tantra-Shastras, but these are not considered sufficient, for, in the Kali-Yuga, the constant singing of praises and repeating the names of Keshara the trianc God) are considered necessary. Hence the Namasmarana (the repetition of the names of the Lord Is above all forms of worship reckoned the best.

whose highest object is Myself, and who worships Me alone, being freed from attachments, and bears no ill-feeling to any creature, O Pandava! (son of Panda), cometh unto Me.

Thus ends the discourse of Shri Krishna with Arjuna, discourse the eleventh entitled,

THE YOGA OF THE VISIONS OF UNIVERSAL FORMS.

### TWELFTH DISCOURSE.

#### INTRODUCTION.

In the last discourse, Vishwa-rupa (an appearance as universally manifested in the form of nature) was shown to Arjuna by Bhagawan Shri Krishna by the exercise of His power of Yoga-Maya (otherwise called mystic power) and thereafter His beautiful; mild and attractive form. Bhagawan saying to him at the same time that He was not to be seen as Arjuna saw Him in His universal Manifestations even through sacrifices performed in accordance with the ordinances of the Vedgs, or by their study, or through severe austerities or by the giving of rich and valuable gifts to the rightcous. He was only to be seen in His truc aspect, as He exists, through Ananya-Bhakti (inseparable devotion) alone, and then alone will one be able to enter into Him and to know Him.

The inseparable and ceaseless devotion spoken of is one in which there is a total absence of the idea of self-separation between the devotee and the object of his devotion. The whole being is as it were, lost through devotion in the being of the Deity, when a clear conception of His existence is gained. The Vedas condemn the devotion followed with an idea of duality or separatedness between the Deity and the devotee as an error. Such a devotee is characterised by them

as a beast, indicating thereby that he is ignorant or bereft of intelligence. Such devotion does not constitute Ananya-Bhakti. When a worshipper has no thought of other god or gods but the One, and pays entire devotion to Him with his body, mind and soul, his devotion is far from being an inseparable, devotion, for the idea of separatedness is not gone yet. It is not the devotion like that of a faithful and a devoted servant whose motive and object is to serve his master, even at the sacrifice of his life. In rendering such service he has a desire to secure comforts for self and his family. In the same manner, a devotee who worships: God in the attitude of a servant has an object of securing good either here or hereafter in compensation for his service. Hence it is clear that he has a greater love of self than of his master, the God, from whom he expects return for what he does for Him. This kind of devotion is distinguished by the name of Anyatwa-Bhakti (the devotion of separatedness). This Bhakti or devotion is characterized by three defects, distinguished by the appellations of Sanimitta-Bhakti, Vyavahita-Vyabhicharini-Bhakti. Sanimittaand Bhakti is devotion which is performed with personal motives, Vyavahita-Bhakti is devotion which is not steady, and Vyabhicharini-Bhakti is g devotion which is offerred to more than on

object of worship. It is like the love of a married woman whose affection is divided between her husband and her other lovers. But the inseparable devotion, which is distinguished by the name of Atma-Bhakti, has also three attributes in contradistinction of those of the Anyatwa Bhakti. These 'are named Nirnimitta-Bhakti, Avyavahita and Avyabbicharini-Bhakti. The Niroimitta-Bhakti (devotion without any personal object), takes the form of Avyavahita-Bhakti (unshaking devotion) for it has no personal object to secure or attain-When a personal object is concerned, likes and dislikes regulate the action in devotion, but when this motive is absent from devotion, it naturally becomes steady, and the same devotion assumes the name of Avyavahita-Bhakti. But Nirnimitta-Bhakti is that which has no object beyond Self-for its exercise. Self-love is another name for this devotion. One loves and hates the things about himself for his own sake. But he cannot answer if asked why he should love himself above all other beings and things. In this love of self, there is no excuse or reason to show. That he loves himself is an undeniable fact. This is the exact feature of Nirnimitta devotion. This devotion is to be found in all creatures, and is expressed in all their actions, more so in man. It can, therefore, be called universal love or devotion pervading the universe. Now the Avyavahita-Bhakti is that which is acquired as a

logical sequence of a thorough knowledge of Nirnimitta devotion or the love of Solf, which being the representation of the Supreme Love that rules the universe, not only becomes steady, but also takes the character of the Avyabhicharini-Bhakti for there is no one else besides Self to direct his love to. This is in short the philosophy of devotion or Bhakti as taught in the Gith and outlined in the introduction of this discourse. But there are some persons who not knowing its import. wrongly interpret it in support of their cherished doctrine of Dwaitism (duality of . Atma and Parmatma) either through ignorance or cunning. There are, however, others who are known as the Doyanis (knowers of the unity of Atma and Paramatma) and who follows the Nirguna-Upasana, (devotion of the attributeless or abstract Deity),. which is impracticable to follow as: their ideal is: incomprehensible, they take pride in their ignorance and brag as knowers of Brahma and conceitedly declaim the worship of the Saguna Brahma (possessing attributes). But a mere understanding of Atma and Parmatma does not constitute a perfect knowledge. They have understood but half the aspect of the whole Existence, and therefore their doctrine is untenable. The true doctrine is clearly enunciated in this Gita and the Brahma-Sutras, as also in the Bhagawat-Purana. The persons who designate themselves the Dnyanis or the knowers of the attributeless

Brahma and utterly ignorant of the knowledge they profess, inasmuch as they have not accomplished the duty of phenomena and noumena by analysis and synthesis and have not gained selfexperience. A partial study of this subject from books does not entitle them to the position they assume as Dnyanis. But even if they have studied under a proper Guru (preceptor) the Atmanatma-Viveka (the discrimination of Atma from that which is not Atmâ) by a Vyatireka or analysis of the phenomenal nature, and understood the nature of Atma (spirit) as distinguished from what is not Atma (matter) by comparison, this cannot constitute the actual knowledge of it. This knowledge is imperfect. Such persons are merely lost in nothingness forever as in darkness. They may call themselves the devotees of the Nirguna Brahma or call themselves in common language Monists or Unitarians, or believers in the existence of one God as spirit; their respect to the Deity could-not be called devotion since they have not got the exact knowledge of their ideal Deity. Besides this, they could also be taken for Adwaitis, or respectors of the unity of Paramatma, or Unitarians, for they divide Nature into two existences: nature and spirit, or matter and spirit, or Nature and its God. Such a person far from advancing makes his path difficult and tedious, for he has as it were to grope in the dark unaided by

offering his devotion to Nirguna-Brahma (attributrices Deity). The case of the worshippers of the
Saguna-Brahma or Ishwara, on the contrary, is
entirely difficult. They acquire perfect knowledge of the Deity by means both of Vyntireka
and Anvaya or by analysis and synthesis of phenomenal and noumenal aspects in their Self and,
after experiencing the unity of both, they
worship Bhagawan as He exists in unity in
Nature, with inseparable devotion as the One
field in all creatures.

In one of the previous discourses, Bhagawan Shri Krishna and that, among the four kinds of devotees the Dayani devotee is the best, for the devotion is not tainted with any sellish motive, nor is it imperfect as that of the Nirgana-Bhakta. By knowledge so perfectly secured, the devotee becomes inseparably one with Saguna Brahma through unceasing devotion. Such a devotee therefore is truly called a Monist, or the follower of the Adwait worship, of one Principle existing in the universe without a second. He is also deservedly called true Bhakta or devotee, for the considers and feels within himself 41443: 44fafa

Less that all is Vasudeva or the One prevading the universe.

opinion. It upholds the need of Bhakti in cases of both those who possess no knowledge and those who possess it but the character of Bhakti in each is different. The former is imbued simply with faith and the latter with knowledge, resignation and devotion, combined with a longing for complete union. The former devotee belongs to one of the first three categories of Bhaktas out of the four mentioned by Bhagawan Shri Erishna, and the latter to the fourth, who. He said, was most liked by Him for he loved Him as he loved himself. This love and devotion is established by the study of physical and moral or spiritual sides of nature by resolving effects into their cause, or phenomenal into noumenal, or matter into spirit, whilst he remains himself united with the conscious love that remains to the last.

This position of the Saguna devotee is not within reach of the Nirguna devotee, as he is devoid of love and devotion, resulting from perfect knowledge which is wanting in his case; consequently he cannot bave a clear conception of the Deity he cherishes and worships, and therefore cannot possess love and devotion that a devotee of the Saguna Brahma enjoys. Nor could the Nirguna Brahma have love, kind feeling or sympathy for Its devotee, though he might possess great love and devotion for It; for the Nirguna Deity is devoid of all qualities and affections, as It is an abstract existence, devoid of the faculty of congnition and of all conception of the attributes of form and qualities. Thus the

devotee of Nirguna Brahma without any benefit has to keep groping in the dark in disappointment and the pangs resulting therefrom, till he gets some happy moment a clear conception of Brahma. The devotee of the Saguna Brahma, through his intelligent devotion, is favoured by the Deity with knowledge which ultimately qualifies him to become consciously One with His Sat-Chidenanda (all pervading existence, consciousness and love), attributes of the Lord-the Saguna. Brahma or Ishwara. This state is reached in regular course of development with the greatest case, and with no loss of time, and as a matter of course like one who climbs a ladder, in the dark with the help of a lighted lamp in his hand till he reaches the top. Thus to dispel all doubts and misunderstanding in respect to the truc Bhakti or devotion, Bhagawan Shri Krishna has opened this discourse entitled-

THE YOGA OF DEVOTION.

अर्जुन ठवाच-

्रष्वं सततयुक्ता ये भक्तास्त्वा पर्यपासते । ये चाप्यक्षरमञ्यक्तं तेषां के योगवित्तमाः ॥ १ ॥

ARJUNA said :--

1. Of the Bhaktas (devotees) who constantly steadying their mind, worship Thee (knowing Thy attributes) thus, and those who meditate on Thee

s the Akshara\* (imperishable) and Avyakta Attributeless), which of these is to be considered he best Yogi?

### रीमगदानुवाच-

मय्यावेश्य मनो ये मां नित्ययुक्ता उपासते । श्रद्धया परयोपेतास्ते मे यक्ततमा मताः ॥ २ ॥ Знадаман ввід:—

2. Those that ever steady! their mind on Me,

† The Avyakta-Brahma is that which underlies unobserved, all objects having forms, qualities, colours or names, and is not affected by any changes they undergo. The devotees of this Brahma are called the Nirvikalpa-Yogis.

† The word Satata-Yukta used in the last verse has the same meaning as the word Nitya-Yukta used in this verse; both have reference to the last verse of the last chapter. These words suggest that it is only the Bhakta, the worshipper of the Saguna-Brahma, who is capable of ever steadying his mind in the Deity, whereas the mind of the worshipper of Akshara or Avyakta-Brahma is constantly diverted by sense, objects, and hence he is unequal to the Bhakta.

<sup>\*</sup> The Askhara-Brahma is the indissoluble or unchanging principle that remains after the dissolution of the universe at Mahapralaya.

and worship Me with the highest faith, them I consider the greatest Yogis.

ये त्वक्षरमिनद्वेश्यमन्यक्तं पर्युपासते । सर्वत्रगमचित्यं च कूटस्थमचलं ध्रुवस् ॥ ३ ॥ संनियम्यद्वियप्रामं सर्वत्र समबुद्धयः । ते प्राप्तुवंति मामेव सर्वभूतहिते उताः ॥ ४ ॥

3-4. They\* who worship the Indestructible, the Indescribable, the Invisible, All-pervading, Inconceivable, the Kutastha (the unconditioned), Immoveable, Constant, having controlled their senses (from sense-objects), whose Buddhi (understanding) is ever intent on the welfare of all creatures, they too come unto Me.

क्षेत्रोऽचिकतरस्तेषामय्यक्तासक्तचेतसाम् । अव्यक्ता हि गतिर्दुःखं देहवद्भिरवाप्यते ॥ ५ ॥

5.. [But] the troublet is great for those whose

<sup>\*</sup> This has reference to the worshippers of the Avyakta or Nirguna Brahma. Their sole object is to secure perfect immunity from re-births and final Moksha or absorption in the Deity, which Bhagawan has said here that they do get by virtue of their evenness of mind, &c.

 <sup>+</sup> Before attaining to the state the Nirvikalpa-Yogi seeks, he has to encounter difficulties which are many;

minds are fixed on the Avyakta (Unmanifest or unperceived or unembodied) [to reach It], for the unseen goal is, hard for the embodied to reach.

obstructions from the gods through spite as they are disregarded by this Yogi by withholding offerings to them, by abandoning performance of Karmas, as also by restraining the senses from their objects of enjoyments, for these Cosmic gods preside over the senses. Their next difficulty is egoism from which they cannot free themselves easily. A third difficulty is that caused by a vague conception of the Avyakta or Nirguna Brahma to which they aspire. A fourth trouble is that they have to work of their way unaided, (whereas the Savikalpa-Yogi is supported and aided by the Saguna Deity), and consequently they grope, as it were in the dark, to find their way out without getting into any pitfall. Bhagawan has at the end of this verse already said for the embodied being it is not easy to acquire Nirvikalpa-Yoga as their conditions are entirely different from the Akshara or the Avyakta Brahma, and to make those conditions agreeable they have to pass through many births and then at last they gain their object. For it is said (see the fourth chapter) by Bhagawan Shri' Krishna that by them who worship the Deity in whatever way, in that selfsame way, He is attained,

ं से तु सर्वाणि कर्माणि मयि संन्यस्य मत्पराः । 'र्ञनम्येनेव योगेन मां ध्यायंत उपासते ॥ ६ ॥ देतेपामइं समुद्धक्तां मृत्युसंसारसागरात् । क्षेत्रवामि न चिरात्पार्थं मय्यावेदितचेतसाम् ॥ ७ ॥

6-7. [But those who dedicate their Karmas (actions) to Me, and by inseparable\* devotion meditate on Me, and worship Me in their mind, having their minds fixed on Me I become, O son of Pritbal their speedy deliverer from the ocean of mortal World.

of mortal world.

मध्येन मन आधारत मिय दुद्धि निनेशय।

िह. निनेसिप्यिस मध्येन अत अर्ध्व न संद्यायः॥ ८॥

Buddbi (the observing faculty of the mind) be centered in Me, then verily shalt thou abide in Me, hereafter.†

† From this to the twelfth verse of this chapter Bhagawan has pointed out several modes of Yoga for

In this and the next following verse Bhagawan refers to Savikalpa Yogis perfecting themselves in Bhakti-Yoga. To become adept in the Savikalpa-Yoga the acquisition of the Nirvikalpa Yoga is an Imperative condition. For becoming a Jivanmukia, perfection in all these three Yogas is necessary.

## अथ वित्तं समापातं न शकोपि मयि स्थिएम्। अभ्यासयोगेन ततो मामिन्छातं धनंजय ॥ ९॥

9. If, however, thou art unable to fix thy mind firmly on Me, then, O Conquerer of wealth [of nations]! strive to seek Me by Abhyasa-Yoga, (continuous Practice of Contemplation).

## अभ्यासेऽप्यसमर्थोऽसि मक्तर्मपरमो भव। मदर्थमपि कर्माणि कुर्वन्सिद्धिमवाष्ट्यसि॥१०॥

10. If thou art unable to practise Abhyasa Yoga, then let thy actions be performed for My

practice as expedients to suit different persons of different spiritual developments of mind, so that they might not feel frightened or daunted in their selection of Yoga for practice.

\* The meaning of the word "Matkarma-paramah" is the doer of action with entire devotion for the sake of Bhagawân. Such actions constitute the nine modes of devotion: Shravana (whatever is heard in praise of the Lord); Smarana (whatever is remembered is in His memory): Pâda-sevana (fixed attention at His feet,) which signifies humility to all creatures, who represent the feet of Bhagawân; Archana (constant devotional worship); Vandana (bowing down to Him, viz: submission): Dâsya (serving Him is to

sake. By performing actions with the object of propitiating Me, thou wilt attain perfection [in knowledge, by means of which union with Bhagawan is effected.

# अथेतदप्यशक्तोऽसि कर्तुं मधोगमाश्रितः। सर्वकर्मफळत्यागं ततः कुरु यतास्मवान्।। ११॥

11. Even if thou possessest no strength to do this (performance of action for my sake), then restrain thy mind and submit thyself unto Me by abandoning\* desire for fruit of action by [practising] self control.

## श्रेयो हि ज्ञानमभ्यासाज्ज्ञानाद्धयानं विशिष्यते । ध्यानात्कर्मफळत्यागस्त्यागाच्छातिरनंतरम् ॥ १२ ॥

12. Knowledge (Universal oneness of the Spirit)

being kind and useful to all creatures); Sakhya (courting His friendship by befriending all creatures) and Atmanivedana (entire dedication of self to Him). The word "Matkarma" also means the fasts and all other acts done or performed for the sake of Bhagawân. These nine forms of devotion are also ordinarily explained to suit the purposes of simple Bhaktas, and need not be mentioned here.

• This means the performance of the Karma-Yoga as mentioned in chapters II and IV of this Gîtâ, in order to purify and train the Buddhi to make it fit to become Matkarma-Parama.

is better than Abhyasa-Yoga, (constant practice of oneness of soul and spirit, or matter and spirit). Dhyana (practice of constant meditation) is better than [for it results into] knowledge; renunciation of desire for fruit of action [which] is better than Dhyana; renunciation is soon followed by tranquility."

This verse requires some explanation to make it more clear to the reader. The reason for establishing the superiority of knowledge in this verse is that the Vedas have declared that no emancipation is possible for a man without the attainment of knowledge. It is superior to Abhyasa-Yoga because without possessing knowledge Abhyasa-Yoga is impossible. In the same way, knowledge gained, if not made steady and constant by means of Abhyasa-Yoga, would not be of any possible use. For this reason, Bhagawan has again said that Dhyana is superior to knowledge; indeed they are interdependent to become effective. The Abhyasa and the Dhyana Yogas are considered indentical. The other reason why Bhagawan has placed Dhyana above knowledge; is that it is the abandonment of results effects action by securing a perfect state of Being. The Vadas also say आत्मानचे। that the true Vairfigya (renouncement) is that which

अद्वेष्टा सर्वभूतानां मेत्रः करुण एवं च। निर्ममो निरहंकारः समदुःखसुखः क्षमी ॥ १३॥ संतुष्टः सततं योगी यतात्मा दृदनिश्रयः। मय्यर्णितमनोबुद्धियों मे भक्तः स मे प्रियः॥ १४॥

13-14. That devotee of Mine who has no hatred

comes after gaining the knowledge of self. It is considered better than Dhyana, for the renouncement of self brings perfect Felicity or Bliss.

In Shrimad Bhagawat, Sk. XI, Ch. II verses 45 and 50, Hari, one of the nine Jivanmuktas has described true devotees and the way they live and confluct themselves. He classes them in three divisions: Superior, middling and inferior. He calls superior devotees those who are free from the distinction of good or bad, and do not at all feel affected thereby. They are at all times absorbed in their inseparable devotion to the One without a second. The middling devotee regards God as Supreme Being and His devotees next to Him in respect. He treats disrespectfully those who, he thinks, are not devotees and are ignorant. The inferior devotees are those who adopt idols of stone, &c., for their worship, and whose conception of God is very limited, and who are incapable of appreciating and respecting the true devotees.

towards any creature, who is very friendly and compassionate [to all,] free from attachment and egoism, equally balanced in pleasure and pain, forgiving, contended, always engaged in Yoga, (devotional union with the Deity), self cotrolled,

Of these, Hari said, the devotees of the first class are peculiar persons. They live in various ways in this world and pass their time. Some live regardless of their bodies, clothing and food, and at time they eat food and wear clothes as other people do; some look like mad persons and live like them; some pass their lives in singing the praises of the Lord regardless of all other things, yet fully absorbed in the Deity; some sing and keep dancing; some as ordinary men are engaged in worldly avocations; some hold their silence and remain speechless not mingling with the world; some are engaged in the performance of religious acts, and some abandon them altogether and laugh at them; some make friendship with animals, feed them and keep playing with them; some live among people and preach to them the path to reach the highest goal, and become free from the round of rebirths; some live and earn their livelihood like coolies and day labourers; some live on the dry or green leaves of trees and pass their time in undisturbed tranquility. These are a few out of many ways the devotees live to exhaust their Prarabdha Karma.

firm in his resolve, with his mind and body fized in Me, he is dear to me.\*

यस्मान्नोहिजते ठोको ठोकानोहिजते च वः। हर्षामर्षभयोहेगैर्सुको यः स च मे भियः॥१५॥

15. The world is not troubled by him, nor is he troubled by the world. He is free from joy, anger, fear and agitation; such a one is also dear to me.

अनपेक्षः ग्रुचिर्दक्ष उदासीनो गतव्यथः । सर्वारंभपरित्यागी यो मद्भक्तः स मे प्रियः ॥ १६ ॥

16. That devotee of Mine who is unconcerned, pure, diligent, importial, free from trouble, and has renounced all endeavours [for temporal happiness] is dear to Me.

यो न हृष्यति न द्वेष्टि न शोचिति न कांक्षति । शुभाग्रभपरित्यागी भक्तिमान्यः स मे प्रियः ॥ १७॥

17. He who doth neither rejoice nor feel distressed, nor grieve, nor desire [the worldly enjoyments] and renounceth both good and evil is My devotee, is dear to Me.

<sup>\*</sup> From this verse to the end of this chapter, Bhagawan describes the nature of those who have obtained perfect felicity by means of Dnyana and Dhyana Yoga and have attained the condition of the Jivanmukta, Siddha, or Bhakta.

समः शत्री च मित्रे च तथा मानापमानयोः। श्रीतोष्णसुखदुःखेषु समः संगवित्रजितः॥ १८॥ तुर्व्यनिदास्तुतिमीनी संतुष्टो खेन केनिचेत्। अनिकेतः स्थिरमित्रभिक्तिमान्मे प्रियो नरान॥ १६॥

18-19. He who is alike to foe and friends, as also in honour and dishonour, in cold and heat, in pleasure and pain, free from attachments, to whom censure and praise are alike; who is silent contented with what he gets, homeless, steady in his mind, and devoted to Me, is dear to Me.

ये तु धर्म्यामृतिमदं यथोक्तं पर्शुपासते । श्रद्धाना मत्परमा भुकास्तेऽतीव मे त्रियाः ॥ २०॥

20. Those who have betaken to my teachings of Dharmyamrita (the worship of the conditioned Deity) with faith in Me, and regarding Me as the supreme, [goal] and are devoted to Me, are exceedingly dear to Me.

Thus ends the discourse of Shri Krishna with Arjuna, discourse the twelfth entitled,

THE YOGA OF DEVOTION.

## THIRTEENTH DISCOURSE

#### INTRODUCTION.

In the last discourse Bhagawan Shri Krishna describes the worship of Saguna Brahma (positive existence) through inseparable devotion to Him and says that He becomes the immediate Deliverer of such devotees from the ocean of repeated births and deaths, because they are inspired with faith and imbued with the conviction of the Universal unity of His existence. ever, is not the conviction of the worshippers of Nirguna Brahma (negative existence). The devo-tees thereof labour under great difficulties since they) view the Universal existence in the duel they view the Universal existence in the duel and unconnected aspects of matter and spirit. As Kalpavriksha (the tree having power to grant whatever is desired of it by one sitting under it) gives whatsoever is desired of it, so does Ishwara (Saguna Brahma) give impartially whatever is asked of Him. For this reason Bhagawan Shri Krishna asked Arjuna to follow the devotion of Saguna Brahma ceaselessly, in order to secure from Him Kaivalya Mukti (absorption or oneness with Deity) by fixing on Him his mind, which by its nature is unsettled, and by remembering His life-stories and exploits, as also by blending his Buddhi (intellect) with His being. The word Buddhi here used should be interpreted to mean (chitta or reflection) which when intensified by thought will become imbued with His being. The meaning of the expression "Fix thy mind on Me and penetrate the Buddhi within My being" is

that he should be worshipped in both ways. When adoring Him as Saguna (objectified) Brahma in case his mind cannot settle in Nirguna Brahma, one must never lose sight of the Nirguna (unobjectified) Brahma. But if one cannot do this then he should become free from all desires and attachments. But even if this too be found to be impracticable, then one should perform Karmas and offer them to Him. Further even if this befound difficult, he should abandon all the Karmas with their fruits by a strong will. That is to say, he should become free by abandoning all religious duties and adoring Him as the Universal Being. The happiness resulting from actions is the fruit of actions done, and the abandonment of the fruit of action is the best way of reaching Him. The attainment of Heavenly happiness is itself the fruit of action, but if one does not perform action, how could he get these fruits, and what else instead could be abandon in order to secure them? Therefore one has to perform Karmas and abandon their fruit as already pointed out. That is to say, when one cannot fix the mind on Bhagawan's Nirguna nature, then one should perform actions for His sake; that is, he should do actions without an attachment to their fruit. If this also be found to be impracticable, then "Surrender thou," says Shri Krishna, " to Me by abandoning all thy actions with their fruit." In the following chapter also Bhagawan Shri Krishna suggests the abandonment of Karmas and their fruit, as also the desire for them. He

repeats the same injunctions in Ch. XVIII, where hesavs—सर्वधर्मान्परित्यज्य मामेकं शर्ण त्रज । "abandon thou all religious duties and surrender thyself to Me alone." For, as long as one has not abandoned the religious duties, in other words, abandoned desire, he is a slave to the rituals. As long as there is a desire for the objective happiness, the abandonment of daily observance of Karmas is not demanded, for in the term abandonment of practice of the Karmas, the abandonment of the objective happiness is also included. This means, in short, that one has to give up all enjoyments. But this is impossible, since without enjoyment the Prarabdha Karmas (or fate or destiny that causes rebirth) could not be exhausted. It is, therefore, vain to speak of the abandonment of Karmas with their fruit, for pleasure and pain come uninvited to every one: The truth about the matter is that one should in order to avoid future rebirths, abandon desire for fruits of one's own actions, i.e. the objective happiness.

Now the word "Matkarma" (actions done for the sake of Bhagawan as Vishnu) implies the observances of fasts on the day of Ekadashi (the eleventh day in each bright and dark fortnight) in propitiation of Bhagawan Shri Krishna. And in case such facts are found difficult to observe, Arjuna is advised to perform only the appointed daily duties; also in perfect renunciation of their fruit. This, then, also seems to be the sense of the "Matkarmas" (actions done for His sake) as

they also come under the category of the neces-sary observances appointed to be performed. These interpretations would seem to contain some confusion and contradiction of terms, for, having at first asked Arjuna to follow the "Matkarmas" by abandoning the performance of the daily religious duties, He subsequently says that if the "Matkarmas" be found difficult to fulfil, then the appointed daily Karmas should be performed. What can we reasonably infer from these apparently conflicting sentiments conveyed by the terms used? Is the performance of Matkarmas more difficult than the performance of daily appointed Karmas, or the latter than the former? Since He makes a seeming difference between the daily Karmas and the "Matkarmas," would it not be reasonable to ask whether both these classes of Karmas cannot be merged in one of them, viz: the Matkarmas? For, in the third discourse Bhagawan Shri Krishna has said ये मे मतमिदं नित्यमन्तिष्टाति मानवाः।—that the performance of the duties sacred to Vishnu is in His opinion the best, and by it He does not mean that the ap-pointed daily Karmas are inferior or are not sacred to Vishnu. The practical conclusion that - can be drawn from these various teachings is, that the Matkarmas comprehend all the Karmas that are done for the sake of Bhagawan Vishnu. Should this be objected to, on the ground that Bhagawan Shri Krishna has recommended the abandonment of the fruit of the Lowkiki-Karmas (actions done with worldly desires) then even these

Karmas when done become Matkarmas by virtue of the sacrifice of the fruit of action. For, in the third discourse, Bhagawan, moreover, has said यज्ञार्थात्कर्मणोऽन्यत्र लोकोऽयं कर्मबंधनः । That Bhaga-wan Shiî Krishna is the Yadnya, therefore Karmas performed for His sake arc the only proper Karmas dedicated to Him, and other Karmas performed are all wrong. By asking Arjuna to be-come (Matkarmapara: performer of Karmas for His. sake), !!He evidently means to include in the widecategory of Matkarmas, the Lowkiki and other Karmas. Hence it is clear that Karmas not dedicated to Bhagawan Shri Krishna are not of the class of Matkarmas. Though the Lowkiki and other Karmas are referred to when speaking of the Nityakarmas, yet they cannot be excluded from the Matkarmas. Were they not offered with trom the Matkarmas. Were they not offered with their fruits to Bhagawan Shri Krishna, and yet done with the object of securing Immortality for oneself, their effect would prove to be as disastrous to the performer as the swallowing of poison. But as Aconite which, though a poison, would act beneficially when administered by a physician to his patient, so when Karmas are offered to the Deity, they lose their injurious effect and become the means of salvation for the door. In asking Arjuna to become a Matkarmanara (door of Karmas for Bhagaman's sabel. He para (doer of Karmas for Bhagawan's sake), He has in view, Karmas whose performance is indispensable, all the Vaidiki (ordained by Vedas) and Lowkiki Karmas and Vishnu-Vratas (observances of fasts done in propitiation of Vishnu) 3-And

therefore it is that He further explains it by saying that if it be found to be difficult to perform the Matkarmas, one should then abandon the fruit of Karmas altogether, together with the desire for happiness.

If Karmas be abandoned they will still fructify, and the effect of such abandonment will only result in the worst Karmas which would further. lead one to a perpetual bell, and the abandonment of desire for the Karmas given up is impossible and such an abandonment will indeed prove worse than no abandonment at all. An objection to this, says Bhagawan, would only arise from absence of the knowledge of self and of the philosophy of Karma. It is quite true that the performance of Karmas and abandonment of their fruit would become binding, but when they are dedicated to the Deity, they not only lose their cvil effect but become the means of salvation. These discourses are not suited to the ear of the ignorant, for, as long as a semblance of desires clings to the mind of the knower of Self, he cannot escape from their effects. In asking Ariuna, therefore, to strive for abandonment, Bhagawan means that he should aspire to an absolute abandonment of desire. In the third discourse, while censuring the abandonment of Karmas, he declares that a Dnyênî who has abandoned attachment to all things is free from all यस्त्वात्मरतिरेव स्यादात्मवृप्तश्च मानवः। आत्मन्येव च संतुष्टस्तस्य कार्यं न विद्यते Il That one

who has obtained perfect knowledge of the Seif, and is pleased with himself, and who entertains no idea of separatedness, has no need of doing सर्वयमीनपरित्यज्य मामेकं शर्ण नज । At the end of the last discourse, speaking in size milar terms. Bhagawan asks Ariuna to abandon o all desires and take refuge in Him alone. For one who has abandoned all desires and is a Dnyani, is alone fit to follow His doctrine, but one though a Dnyani if his desires are not extinguished, is bound to follow all the ritual. अहं त्वां सर्वपापेश्यो मोक्षयिष्यामि मा ग्रुच ॥ From this passage one may gather that Arjuna is far from being Dnyan, but the true interpretation of it is that in saying, "I will release thee from the binding sin of Karmas," Bhagawan means that he would free him from the Sanchita Karmas (the accumulated stock of Karmas of many past rebirths), that is to say that, after he has gained the knowledge of Self, the sins of his past births (the sanchita) and those of the Karmas of his present life, would be neutralized in their effect. The Brahmasutras say तद्यिगमे उत्तरपूर्वार्थयोरश्लेष-विनाशों ॥—Which means that by knowledge the past and present, sins (of actions) will perish. Actions whether rightcous or sinful bind their authors with chains, one of the gold and the other of iron, the functions of which are to bind, as is evidently the meaning conveyed herein. Granting that Arjuna is already a Doyani, what reason, is there for Bhagawan to still insist upon

the abandonment of Karmas, in his case, and again at the end of the last discourse of this Gith to speak to the same effect, all the while prompting him to plunge into the war? The reason, which is not far to seek, is that Bhagawan knows very well that by gaining the knowledge of self, Arjuna has overcome the effects of the Sanchita (past accumulated sins which fructify into rebirths) and of the Kriyamana (actions yet to be performed); but he has to destroy the effect of the Prarabdha Karmas (that have caused his present birth for suffering and enjoying pains and pleasures). This can only be effected by his submitting himself to his lot in life as already suggested—स्वभावजेन कार्तय निबद्धः स्वेन कमणा! that is to say to wage war and regain his lost kingdom only to enjoy it, like a Dnyani, who would look upon it as an illusion of Maya and upon bis own self as unaffected by it.

Granting that Arjuna, though a Dnyant has yet to exhaust his Prarabdha Karmas as they come to be exhausted, why are the successively rising steps of Knowledge necessary in this case. The answer is, that the mere gaining of the knowledge of Atma is not enough. In the previous discourse it is stated that, in order to perfect the state of the Dnyani and to be confirmed in it, Arjuna is asked to worship his Guru and Saguna Ishwara. He who worships the Deity having attributes and form in the unity of Spirit and then realizes His Nirguna aspect, obtains

Siddhi (union) promptly. Bhagawan, therefore has asked Arjuna as his devotee to worship Him in his Saguna aspect, and in doing this he is advised to look upon himself as one with Himself in His Nirguna aspect and effect union with Him by means of Yoga. If such a Yoga is in any way difficult for him he is asked to practise only the Karma-Yoga, with devotion to Him. Is Arjuna then to say that he cannot carry out these instructions, whilst his mind cannot comprehend in the self the Nirguna Brahma (attributeless or incomprehensible Deity) and so he thought it impossible for him to be His (Nirguna's) devotce, and can he till he became such devotec abandon Karmas? But Bhagawan has already removed this doubt in the ninth Discourse by saying प्रत्यक्षावरामं धर्म सस्व कर्तु-मञ्ज्यम् ।। .[In that case he must fix his mind] on the Saguna Brahma (objectified Brahma, ) having the Saguna Brahma (objectified Brahma,) having the form perceptible to his organs and pleasing to contemplate upon, as soon either in nature or in the form already made visible to him, while teaching him that He is the basic principle running through the whole of the creation like the cotton fibre that runs through the texture of the cloth, or earth, which is in every earthen pot. This mode of realization is called Dnyana Yoga or cognisance, which is better than the attempt of finding real from unreal or Dharana; but understanding Him by both these ways is still better, for the abandonment of the Karmas becomes possible when the unity of existence is felt and its duality as both the cause and the effect has disappeared; hence Karmas and their abandonment become an impossibility. For this reason Bhagawan says.

# श्रेयो हि ज्ञानसभ्यासात् ज्ञानात्व्यानं विशिष्यते । ध्यानात् फर्मफल्व्यागस्त्यागाच्छातिरनंतरम् ॥

The full meaning of this passage is given in the last Discourse, but briefly it means that the Vishustmadhyana (contemplation of His universal form) is far superior to both the practise of Vyatireka (analysis of real and unreal) and Dayana (the knowledge or cognition of the universal exis-tence otherwise called the Anvaya). For, this effectually accomplishes the natural result of the abandonment of all Karmas and their fruit, and secures to the devotee instantly the Jiwanmuktisecures to the devotee instantly the ofwandukti-state (freedom from bondage of rebirths while yet living in the gross body). Bhogawan has said that knowledge is superior to practice, being the ensier of the two. It does not require the discipline needed to procure the suppression of the cipine needed to produce the suppression of the thinking principle called the Chitta, and Dayana or Knowledge secured by cognition is gained by both the practice of the Vyatireka or analysis of the phenomenal and the Anvaya or the synthesis, that is to say, by the combined knowledge of both the analytical and the synthetical methods. But it had been said &c. तिद्विद्व प्रणिपातन that a disciple gains this knowledge from his Guru by surrend, ering and submitting himself to him. The distinguishing feature of that knowledge will be that withou shalt see all the creation as within thyself,"

In ancient times Yoga was understand to be the mode of practiting concentration by accesting the thinking principle and directing it to the Nirguna lehwara for the purpose of distinguishing the real from the unreal; and Dayana or wisdom was known to be the tralization of the identity of matter with spleit as gold with ornaments. When this inseparable identity of matter and spirit or the phenomenal and the naumenal was realized in one's self, the great Rishis called this realization Durana or Legviledge. This difference between practice (Yoga) and Doyana has been defined by Vasishtha Rishi in his great work the Yoga-Vashishtha;—

हो फ्रमी चित्रनागाय योगी शानं च रागव । योगी वृत्तितिराघो हि ज्ञानं सम्यगवेक्षणम् ॥ १ ॥ अमाध्यः शस्यचित् योगी जानं शस्यचिते च । प्रकारी ही ननः साक्षाक्रमाद परमः शिवः ॥ > ॥ meaning that there are two ways for the destruction of the modi-Beations of the mind, one is called Yoga and the other Dayana. The mode of restraining the modifications of the mind is designated Yoga; and the proper discernment (cognition resulting thereby), Dayana. To some the practice of Yoga is difficult and to others Dayana. Therefore Bhagawan, to suit his doctrines to their preditections has provided these absolutely faultless ways of reaching Him.

The meaning of the expression, "proper discernment or cognition!" is, the knowledge that ever goes deeper and wider, and realises the cause pervading the effect, as gold in ornaments, mud in earthen pots, cotton thread in cloth, ice. As gold, mud and cotton threads are the substantive or material causes of ornaments, earthen pot and cloth, so the Dayani, by dint of his knowledge, properly recognizes or discerns Brahma as pervading the manifested universe. Such is the philosophy taught by Vashishta Rishi to Shri Ramchandra and by Bhagawan Shri Krishna to Arjuna and Uddhava. Such being the explanation of the words Abhyasa or practice and Dnyana, Bhagawan is telling Arjuna that if he found the practice of Yoga impossible in restraining the thinking principle, and attaining the Samadhi, it would then be better for him to try to gain the knowledge and recognition in Self of the one real existence by keeping before his mind the ideal of Brahma as ever present in the Universe. But even a Dnyani or one enlightened by wisdom and Spiritual discernment is apt to be at times forgetful and be carried away by his senses and at every moment, instead of looking at every

and at every moment, instead of looking at every thing as Brahma, view It as the Universe. Bhagawan therefore says as a warning that contemplation is superior to Dnyana. When contemplation is perfect then alone is the entire abandonment of Karmas' possible. For it has been said ध्यानाकर्मफळ्यागः ॥ that the effective abandonment of Karmas takes place by Dhyana (contemplation), and such abandonment is Bhagawan also says, followed by undisturbed internal tranquility; त्यांगाच्छांतिरनंतरस् which is the condition of the Jivanmukta (one emancipated in this incarnation).

After communicating this esoteric doctrine to Arjuna, Bhagawan will next proceed to make clear in this discourse His meaning of the terms Kshetra and Kshetradnya, or body or soul, which had been in brief discussed upon in the previous In order to elucidate further the chapters. meaning comprised in the word Dhyana which he says is better than Practice or Yoga, and which is referred to as the true faculty of the cognition of the effect in the Cause (Ishwara), He says क्षेत्रक्षेत्रज्ञयोज्ञानं यत्तज्ज्ञानं मतं मम ॥ "Kshetra means the body, which is gross and inert, and Kshetradnya, the Soul, is the Knower of it, but the Dnyana or Knowledge contained in both these is the Dnyana proper acknowledged by Me.' Arjuna may say in answer to this that it is admitted indeed, that in the Kshetradnya or Soul, knowledge exists but to say that it exists in the body as well is incredible, since the body is admittedly an inert thing. Many commentators have foundered on this rock of metaphysical nicety, not being able to answer this doubt of Arjuna's in a satisfactory manner. Bhagawan, however, explains it by the simile of the cotton thread in the cloth, asking him whether the cloth can exist without the thread or the soul without the body, or the body without the Soul; hence it stands proved that the body contains, the Dnyana or knowledge. As nothing but mud is observable in an earthen pot, so the spirit lis seen as manifested in the Universe. Those only who have the power of divine vision can understand this inter-

pretation of this passage.

What Bhagawan has described in the second verse of the last discourse as the universal Consciousness being the sense of the word Dnyâna, He will amplify in this discourse. In the last discourse He dwells upon the necessity of Yoga as the condition of acquirement of the Nirguna Dayana, (abstract knowledge of the indwelling spirit), but the knowledge of the Saguna or Universal oneness of the spirit which leads to a proper cognition, is better than Yoga and of these two the contemplation or Dhyana of the latter is better still. Arjuna having heard this, Bhagawan thinks that he might raise an objection that, when one has known Atma, he has gained at the same time the knowledge of the universal oneness of self (Atma), then what else would remain to be known by him which Bhagawan designated as the Dnyana (wisdom)? To dispel this anticipated doubt. Bhagawan will say in this discourse एकं त्रहा द्विधा जेयम् । that the one and the same Brahma is knowable in two ways. the twelfth verse of the same discourse He says to Ariuna "I shall relate to thee the Doyana, by knowledge of which thou shalt gain emancipation." He will speak to him concerning Dayeya (the object of inquiry or knowledge, Brahma). will further dilate upon the analysis of the real and the unreal through Vyatireka which He will designate (Dneya) the discernment of the object

of inquiry. अनादिमत्परं त्रहा न सतन्नासद्वच्यते॥ By this, pure Brahma will be shown in the Universe as mud is shown to be the only real existence in all earthen pots, for, says He, Hand पाणिपादं तत् । In the same way Dnyeya (Nirguna Brahma) exists all throughout the Universe in the manifested form. This is called Dnyana or recognition or realization of the unity of the manifested and the unmanifested, or soul and spirit, gained through the Anvaya and Vyatireka. or the analytical and synthetical methods. In the thirteenth verse, Bhagawan says that it would be perfectly impossible to know Dayeya az understood by the Vyatireka, and as said in the 7th discourse, वासुदेवः सर्वमिति स महात्मा सुदुर्छभः॥ a Mahâtmâ (Great Soul) who knows that all is Vâsudeva, is also very rarely to be found. Dnyeya is understood by many to be that ultimate essence of things arrived at by the analytical process which cannot be described as something that is or is not, and which defles further analysis; and the Phenomenal Universe is exanalysis; and the Phenomenal Universe is explained as an unreality or illusion, without personal experience. But he who by means of Anvaya or Synthesis of what is observed gains Dnyâna and cognizes that all that exists is nothing else but Brahma, is rarely to be met.

As said in verse thirteenth, सर्वतः पाणिपादं तत्॥ one first perceives a rope lying on the ground,

and then the imagination of it as a serpent comes into play, so on seeing 'an earthen pot the first idea that arises in the mind is that of the mud and then of the pot. The unreal fancies of the serpent and the pot vanish, however, once the original idea of the rope and of the mud reverts to the mind, and similarly can Dnyanis realize the one existence as Vasudeva underlying all things, and such Dayanis are called Bhagawatas and Jiwanmuktas who are very very rare. At first sight the gold is perceived, and then comes the perception of ornaments. Similarly, one seeking truth and reality in the universe, sees nothing but God Hari everywhere. As ornaments ranish into gold on losing their form, so does the perceived Univese vanish in Brahma. He who experiences this, is the rarest of men. This experience ought to be gained alone from the Guru\*

यावनानुमहः साक्षाञ्जापते परमेषरात्। तावन सदुरः कश्चित्सच्छात्रं वापि नो लमेत्॥

The references to the verses given at the commencement of the ninth Discourse have been quoted here in addition to certain authorities from Vedas and Shas

<sup>\*</sup>Let it be clearly understood by the reader that it is not possible to meet with the true Guru until God's favour is secured by complete devotion, as is said in the Yoga-Vashishtha.

Bhagawan, therefore, will describe in this chapter two ways of arriving at Dnyeya (the real object

tras, to prove that contemplation of the universal Unity is superior to Dnyana or the realization of it. But this is all very well when Dnyana is obtained. Bhâgawân has therefore said in the last Discourse श्रेयो हि ज्ञानमम्यासात् Dnyana is superior to the practice of Yoga. In the following Discourse, He will help to a clear conception of the two ways mentioned in the last Discourse of arriving at the perfection of knowledge, and will then dilate upon the subject of contemplation. In the last Discourse, He says मिय नुद्धि निवेराय "Contemplate on Me by inserting thy Buddhi (thought) in me." In this Discourse, He will shew that contemplation is Atma seen. The importance of Karmas as a necessary step to Dnyana is further insisted upon, for, says He, कर्मयोगेन चापरे II which means, through Karma-Yoga also they know Atmavastu (the Self). Vishwatma-Dhyana contemplation of the universal Unity) was mentioned as subsequent to the gaining of Dnyana. Other ways of arriving at knowledge are, as is said in the verse, अन्ये सांख्येन योगेन॥ the Sanakhya and the Yoga. The Sankhya according to the Vedas means the counting of the elements, that is to say, analysis of the material manifestation by which cognition of spirit as distinct from non-spirit is arrived at. In ignorance of the connection between the last Discourse and the following, Arjuna will propose a further question in order to make the point clear to himself.

of knowledge). In the last Discourse Bhagawan has also said श्रेयो हि ज्ञानमभ्यासात "Dny na is superior to practice, i. e. Vyatireka (analysis) or Yoga," thereby suggesting two (Vyatireka and Anvaya or the Yoga and Dnyana) of attaining to Dnycya. The unreal fancies of the scrpent and the pot are taken by some as real, whereas the original idea of the rope and of the mud is left out by them even after gaining the real knowledge, in viewing the Universe, just as cloth is by forgetting the cotton yarn of which it is made. In order that the Dnyanis may not even for a single moment lose sight of the unity or identity with Vishwatma (the Universal Soul) through the influence of the objects of senses Bhagawan in the last Discourse lays stress on practice of contemplation when He says ज्ञानाद्धवानं विशिष्यते ll constant contemplation on the unity of the Soul and of Spirit and Matter, is still higher than Dnyana. The contemplation recommended is one of realizing the God Vasudeva as immanent in all the creation, and creation as not separate from Himself, and both creation and Himself as a Unity. A Dnyani accomplishing such contempla-tion never becomes Yogabhrashta (disunited). He inevitably derives emancipation while in his present incarnation.

अर्जुन उवाच--

प्रकृतिं पुरुषं चैव क्षेत्रं क्षेत्रज्ञमेव च । एतद्वेद्वितुमिच्छामि ज्ञानं ज्ञेयं च केशव ॥ १ ॥

ARJUNA said :-

1 O Keshava! I wish to know what are Prakriti and Purusha; Kshetra and Kshetradnya, and what is knowledge and what is to be known.

श्रीभगवानुवाच--

इदं शरीरं कौंतेय क्षेत्रमित्यभिधीयते । एतद्यो वेत्ति तं प्राहुः क्षेत्रज्ञ इति तहिदः ॥ १ ॥

BHAGAWAN said:-

1. This Sharfraf [human body] is called Kshetra†

- \* The word Sharira is formed from the root Shîrya which means that which is produced and perishable.
- † The Kshetra or body is composed of the Sthula (gross) and the Sûkshma (finer or etherial) Shariras (bodies). The gross body is inert and is made of the five great elements; earth, water, fire, air, and Åkåsa. The Sûkshma body is made of the five organs of action, viz., hands, feet, anus, penis, and the mouth; five organs of sense viz., ears, skin, eyes, tongue and nose; and the four Antahkaranas, viz., Mind, Buddhi

(a field), and he who knows [as his own] is called the Kshetradnya (the knower of the field) by those who know [them].

#### क्षेत्रज्ञं चापि मां विदि सर्वक्षेत्रेषु भारत । क्षेत्रक्षेत्रज्ञयोज्ञानं यत्तरज्ञानं मतं मम ॥ २ ॥

2. [But] Know me, O descendant of Bharata I to be the Kshetradaya\* (Ishwara or the Katastha) in all the Kshetras (bodies). The knowledge of the Kshetra and the Kshetradaya is considered by Me the true knowledge.

Chitta and Ahankara. The reason for its being called Kshetra is that it produces fruit of karma or action done, like a field which fructifies whatever seed is sown in it.

\* The copulative conjunctions \(\Pi(in)\) and \(\Pi\) used in the Sanskrit text of this verse make the meaning of the preceding verse clear that Bhagawan himself is the Kshetra and Kshetradnya, inasmuch as both the one and the other cannot have their existence apart from Him. This knowledge of Unity existing all through nature is considered the true knowledge by Bhagawan Shri Krishna.

#### यस्तेत्रं यच यादृक् च यद्विकारि यतश्च यत्। स च यो युष्प्रभावश्च तत्समासेन मे श्र्णु ॥ ३ ॥

3. Hear from Me briefly what the Kshetra\* is, what changes it undergoes, whence it comes what He (the Kshetradnya) is, and what His powers are.

#### ऋषिभिर्वेहुधा गीतं छंदोभिर्विविधेः पृथक् । त्रह्मसूत्रपदेश्रीव हेतुमद्भिर्विनिश्चितेः ॥ ४ ॥

4. [All this has been] sung (described) by the

The relation between Kshetradnya and Kshetra is mentioned in verses 5 and 6 of this Chapter, but is not very clear to the reader. In the Vedas and Puranas this has been explained by an illustration of a pot holding water. Before holding water, the pot previously empty was full of Akas'a, and when filled with water the Akas'a was still in the pot permeating the water it contained. This water also reflected the Akas'a which is above it. In this the pot represents the body, the water the Antahkarana, the reflection of the Akas'a in the water is the Jîva or Soul, the lasting Principle or Ego, and the Akas'a is the Ishwara or the Kûtastha which is unchanging, immoveable and ever present. It is like the Akas'a existing before the pot, whether empty of filled with water, it is there even when the pot is destroyed; such is the relation existing between Kshetra and Kshetradnya.

Rishis (Vashistha and other sages) in various ways, in various hymns (in the Vedas) and in Brahma Sutras (Vedanta Aphorisms of Vyasa [which are] full of argument.

### महाभूतान्यहंकारो बुद्धिरव्यक्तमेव च । इंद्रियाणि दशैकं च पंच चेंद्रियगोचराः ॥ ५॥

5. The great Tatwas, (the elements) the Ahankara, (egoism) the Buddhi, (understanding) the Avyakta, (Malaprakriti or undifferentiated matter), the eleven senses and the five objects of the senses;\*

## इच्छा द्वेषः सुखं दुःखं संघातश्चेतना घतिः। एतत्क्षेत्रं समासेन सविकारमुदाहतम्॥ ६॥

6. Desire, aversion, pleasure, pain, the Sanghâta (Combination), consciousness, and courage: —all these have been said to be in brief the Vikâras (modifications) of the Kshetra.

<sup>\*</sup> The arrangement and order followed in treating of the creation of the Microcosm or human body looks at first sight to the reader very odd, but it will be found very consistent and orderly with the help of a good commentary.

#### अमानित्वमदंभित्वमहिंसा क्षांतिरार्जवम् । आचार्योपासनं शोचं स्थैर्यमात्मविनिग्रहः ॥ ७ ॥

7. Absence of vanity, absence of ostentation, abstinence from injury; forgiveness, uprightness, service of preceptor, purity, steadiness, and self-restraint.\*

### इंद्रियार्थेषु वैराग्यमनहंकार एव च । जन्मसृत्युजराव्याधिदुःखदोषात्रदर्शनम् ॥ ८ ॥

8. Indifference to the objects of senses, as also absence of egoism, understanding of the misery of birth, death, old age, sickness, and pain.†

#### असक्तिरनभिष्वंगः पुत्रदारगृहादिषु । नित्यं च समचित्तत्विमष्टानिष्टोपपत्तिषु ॥ ९ ॥

- 9. Freedom from attachment, indifference to son, wife, home and the rest, and preserving
- \* From this verse to verse eleven, means are pointed out by Bhagawan Shri Krishna of securing the perfect knowledge, which He has described in the second verse as "the true knowledge."
- † This verse contains the identical four truths on which Lord Buddha has built up his religious and moral ethics, and preached it to the world for its salvation.

equanimity of mind on the approach of things [both] good and bad.

#### मयि चानन्ययोगेन भक्तिरव्यभिचारिणी। विविक्तदेशसेवित्वसरतिर्जनसंसदि॥ १०॥

10. Inseparable devotion to Me, resort to solitude, and disliking [to go into] assemblies [of men].

# अध्यात्मज्ञाननित्यत्वं तत्त्वज्ञानार्थदर्शनम् । एतज्ज्ञानमिति प्रोक्तमज्ञानं यदतोऽन्यथा ॥ ११ ॥

11. Constant application to the knowledge of Adhyâtma (the identification of the soul with thy spirit), knowing the object of the knowledge of truth,—this is called knowledge; every thing other than this is ignorance.

#### ज्ञेयं यत्तत्पवक्ष्यामि यज्ज्ञात्वाऽसृतमञ्जते । अनादिमत्परं ब्रह्म न सत्तन्नासदुच्यते ॥ १२ ॥

12. I will now tell thee what the subject of Dhyana (contemplation) is, by knowing which Immortality is obtained. [It is] the Supreme Brahma, having no beginning or end, and which cannot be said to be existent or non-existent.\*

<sup>\*</sup> The word "Dnyeya,' conveys an idea of a fit subject for inquiry or knowledge—to know Atma both subjectively and objectively. In order to start

#### सर्वतः पाणिपादं तत्सर्वतोऽक्षिशिरोसुखम् । सर्वतः श्रुतिमहोके सर्वमावृत्य तिष्ठति ॥ १३ ॥

13. It has hands and feet everywhere; every-

this inquiry Bhagawan, in Ch. IX., four and 6 has defined His own being suggestively, and Porphiry, one of the Neo-Platonists, has expressed in a logical, and beautiful manner similar sentiments which we quote here for the benefit of our readers:—

"God is present everywhere because He is nowhere. and this is also true of Spirit and Soul. Each of these is everywhere because each is nowhere. As all beings and non-beings are from and in God, hence He is neither beings nor non-beings, nor does He subsist in them. For if He was everywhere, He could be all things and in all; but since He is likewise nowhere all things are produced through Him, and are contained; in Him because He is everywhere. They are, however different from Him, because He is nowhere. Thus, Mind or Spirit, being everywhere and nowhere, is the cause of souls, and of nature, and of the natures posterior to souls; yet mind is not soul, nor the natures posterior to souls, nor does it subsist in them; because it is not only everywhere but also nowhere with respect to the natures posterior, to it. Soul, also, is neither body nor in body, but it is the cause of body; because being everywhere, it is also nowhere with respect to body." where It has eyes, heads, mouths and ears. It stands enveloping all (in this world).

### सर्वेदियगुणाभासं सर्वेदियविवर्जितम् । असक्तं सर्वभृचैव निर्गुणं गुणभोक्त् च ॥ १४ ॥

14. [It] shines with the faculties of the senses without possessing the senses. It supports all, without attachment [to them], and being attributeless, It enjoys attributes [i.e. perceives them].

#### वहिरंतश्च भूतानामचरं चरमेव च। सूक्ष्मत्वात्तरविज्ञेयं दूरस्थं चांतिके च तत्॥ १९॥

15. It is without and within all creation, not moving and yet moving, being subtle. It is not to be known owing to its subtle nature. It is far away and yet near.

## अविभक्तं च भूतेषु विभक्तमिव च स्थितम्। भूतभर्तुं च तज्ज्ञेयं प्रसिष्णु प्रभविष्णु च॥ १६॥

16. [Though] It is not divisible yet It abides as if divided in the creation. It is to be known as the supporter of all creation, and the absorber and creator of it.

## ज्योतिषामपि तज्ज्योतिस्तमसः परमुच्यते । ज्ञानं ज्ञेयं ज्ञानगम्यं हृदि सर्वस्य घिष्टितम् ॥ १७ ॥

17. It is the light of all the luminous bodies. It is said to be beyond darkness. It is wisdom [itself]. It is [also] the object of knowledge and the Dnyanagamya (that which is reached through knowledge); and seated in the hearts of all.

इति क्षेत्रं तथा ज्ञानं ज्ञेयं चोक्तं समासतः। मद्भक्त एतद्विज्ञाय मद्भावायोपपद्यते ॥ १८ ॥

18. In this way has been told by Me in brief the Kshotra (body), the Knowledge and the object of Knowledge. My devotee knowing these, attains unto My being.

प्रकृतिं पुरुषं चैव विद्वयनादी उभावपि । विकारांश्र गुणांश्रेव विद्वि प्रकृतिसंभवान् ॥ १९ ॥

19. Know thou that neither Prakriti (primary matter) nor Purusha (Spirit) bath a beginning and know thou also that modifications and qualities take their birth in Prakriti.\*

<sup>\*</sup> Tukârâm Bâwâ, one of the Great Marâthâ Sâdhus; has defined Mâyâ and in one of his poems, which runs

### पार्यकारणंकचुँत्वे हेतुः श्रकृतिरुच्यते । पुरुषः सरादुःसानां भोक्तरवे हेतुरुच्यते ॥ २०॥

20. Prakriti is said to be the creative source of causes and effects, and Purusha is the source [of experience] of pleasure and pain.

#### पुरुषः प्रकृतिस्थो हि भुंके प्रकृतिजान्गुणान् । कारणं गुणसंगोऽस्य सदसयोनिजन्मसः ॥ २१ ॥

21. Purusha (Spirit) residing in Prakriti (primary matter) experiences the qualities in-

ns under suggests devotion to Ishwara or Saguna Brahma as the means of conquering it.—

- "Maya and Brahma bear to each other the same relation as the shadow of a person to the person himself. It cannot be separated, by cutting it asunder, nor can he be separated from it but it disappears when the person falls prostrate before God. When it is inseparable, where is the good of using force and entering into elaborate arguments? Maya grows big by becoming big and disappears by becoming low."
- \* The Puruska and the Prakiti are to be taken as the Kshetra and the Kshetradnya, or the body and the soul.

herited by Prakriti. Attachment to the qualities of [Prakriti] is the cause of births in good and sinful wombs.\*

उपद्रष्टातुमंता च भर्ता भोका महेश्वरः। परमारमेति चाप्युक्तो देहेऽस्मिन्युरुषः परः॥ २२॥

22. [He who is the] witness, approver, supporter, enjoyer [and sufferer], the great Lord, is the Paramatma (Supreme self) in this body the Supreme Purusha.

ं य एवं वेत्ति पुरुषं प्रकृति च गुणैः सह । सर्वथा वर्तमानोऽपि न स भूयोऽभिजायते ॥ २३ ॥

23. He who knoweth (understandeth) this Purusha (Spirit) and Prakriti (Matter) and [its] various qualities, in whatever conditions [he] shall not be born again.

ध्यानेनात्मनि पश्यंति केचिदात्मानमात्मना । अस्ये सांख्येन योगेन कर्मयोगेन चापरे ॥ २४ ॥

24. Some see the Self in Self by meditation;

<sup>\*</sup> In its connection with the body the soul by its identification with the body (through ignorance) suffers pain and pleasure as also repeated rebirths.

others see by means of Sankhya\* and Yoga, and others by Karma-Yoga.

\*Four ways of realizing Self in the Parabrahma are mentioned in this verse by Bhagwan Shri Krishna one is seeing Self into Self (Buddhi) by means of contemplation, the second is by Sankhya or by analyzing the Phenomenal to reach the Noumenal; the third is by Yogafor synthesizing the Phenomenal and Noumenal as inseparably one as cause and effect, and the fourth, Karma-Yoga or devotion.

The Vedas and the Brahma-Sûtras state that Âtmâ (Kûṭastha) can only be realized in the state of mind existing intermediate between the end of a first thought and the beginning of a second; or in the state of mind existing before going to sleep and that before awakening senses, before the breath is let off and a fresh breath is taken in. During these intervals mind keeps abstracted or suspended in its operations. This gives an opportunity to see the Âtmâ in its true nature. In short Amanaska (adstract) condition is necessary to know Âtmâ. Pâtanjali, therefore, in his Yoga-Sûtras lays this as the imperative condition at the commencement, and then suggests means and modes of practice to accomplish this end.

In Ch. V, 4 and 5, Bhagwan Shri Krishna has

#### मन्ये खेवमजानंतः श्रुरवान्यभ्य उपासते । तेऽपि चातितरंत्येव मृत्युं श्रुतिपरायणाः ॥ २५ ॥

25. Others not knowing this, worship after

said that, though Sankhya and Yoga are distinct systems, yet they are one in their ultimate result, for the followers of either of these systems reach the same goal. This very sentiment is repeated in respect to these and other Yogas in this verse. But: some philosophers hold that these systems, though distinct, are yet interdependent for securing the Samyoga Dnyana (right or perfect knowledge). A knowledge of Sankhaya, Yoga and Vedanta systems is necessary for the purpose of securing, the knowledge and wisdom inculcated by the Vedasand the great Rishis for reaching the final beatitude: or the condition of the Isvanmukta, Sankhyateaches only the analysis of Atma as distinguished from that which is not Atma. Yoga teaches how to realize in the Self the Atma made certain by Sankhya by abstracting the modifications of mind. and the Vedanta leads the inquirer to observe the very Atma realized as the Self through Yoga, as the only Reality existing in the Noumenal and Phenomenal. worlds. The knowledge thus gained is perfect and not otherwise.

bearing\* from others; they too being devoted to bearing (from others) transcend death.

#### यावत्संजायते किंचिस्सत्वं स्थावरजगमम्। क्षेत्रक्षेत्रजसंयोगाचिद्वेद्वि भरतर्षम्॥ २६॥

26. Know thou. O great among the descendants of Bharata! that whatever immoveable or movesble thing comes into existence, is from the union of Kshetra and Kshetradnya.

#### समं सर्वेषु भूतेषु तिर्हेतं परमेश्वरम् । विनय्यत्स्वविनस्यंतं यः पश्यति स पश्यति ॥ २७ ॥

27. He who seeth the Supreme Lord equally seated in all creation, imperishable within the perishable (creation), is the [only] man who seeth [truly].

समं पश्यन् हि सर्वत्र समवस्थितमीश्वरम् न हिनस्यासमाऽज्यानं ततो याति परां गतिम्॥२४॥

28. Whoever seeth the Lord residing alike in

<sup>\*</sup>Those who have not reached the abovementioned four stages of perfection to realize Prakriti and Purusha, but possess entire faith and devotion, and hear from competent teachers about the inseparability of them, are also able to avoid repeated rebirths.

the creation, doth not harm himself by himself, and thus reaches the highest goal.

प्रकृत्येव च कर्माणि क्रियमाणानि सर्वधाः। यः पश्यति तथारमानमकर्तारं स पश्यति ॥ २९ ॥

29. He who seeth that all actions are every way wrought by Prakriti (Mând or energy of the Deity) alone, and that Atma (the Katastha or Spirit) is not the döer [but an observer], he seeth [truly].

यदा भूतप्रथाभावमेकस्यमत्त्रश्वस्यति । तत एव च विस्तारं ब्रह्म संपयते तदा ॥ ३०॥

30. When one seeth different things in the creation, as existing in Unity [in Brahma] and proceeding from It, he then obtains Brahma.

व्यनादित्वाचिर्गुणात्वारपरमात्मायमध्ययः। शरीरस्थोऽपि कतिय न करोति न लिप्यते ॥ ३१॥

31. Beginningless, void of qualities and inexnaustible, this Supreme Self, though living in the body, O son of Kuntil acteth not, nor is it tainted [by action].

यथा सर्वगतं सौक्ष्म्यादाकाशं नोपलिप्यते । सर्वत्रावस्थितो देहे तथात्मा नोपलिप्यते ॥ ३२ ॥ 22. As the all pervading Akasa (space) is not soiled by reason of its subtlety, so is the Atma (the Katastha or the Spirit that dwells in and pervades the body), residing everywhere in the body, is not soiled.

यथा प्रकाशयत्येकः कृत्सं ठोकमिमं रविः। क्षेत्रं क्षेत्री तथा कृत्सं प्रकाशयति भारत॥ ३३॥

33. As only one Sun, O descendent of Bharata! illumineth the whole world, so doth the Kshetradnya shine over all the Kshetras.

# क्षेत्रक्षेत्रज्ञयोरेवमंतरं ज्ञानचक्षणा । भूतप्रकृतिमोक्षं च ये विदुर्याति ते परम् ॥ ३४ ॥

34. Those who with the eyes of wisdom see the difference between Kshetra (body) and Kshetradnya (soul) and also liberation of all beings, from Prakriti (Māyā or energized Matter) go to the Supreme (beatitude).

Thus ends the discourse of Shri Krishna with Arjuna, discourse the thirteenth entitled,

#### BRAHMA OR PURUSHA YOGA-

<sup>\*</sup>By differentiation of Spirit from matter or what is real from unreal by Vyatireka or analysis.

#### FOURTEENTH DISCOURSE.

#### INTRODUCTION.

In the last Discourse Bhagawan Shri Krishna taught Arjuna that the human body was the Kshetra (Field) and Atma the knower of the Field; and that, they both were not separate from the Purusha (the Supreme Being)—the Lord; and that, those who have gained this knowledge are emancipated. He will in this chapter enlighten him on the divisions of Nature or Prakriti, and will show that the sense organs are controlled by the Three Gunas or qualities inherited from Prakriti, and that those who transcend these Three Gunas, do know and enjoy the subjective bliss and behave in the world in full knowledge of the Self. They are the Yogis and his devotees. To instruct Ariuna in this knowledge Bhagawan opens this Discourse under the title of

THE YOGA OF SEPARATION FROM THREE GUNAS.

श्रीमगवानुवाच-

परं भूयः प्रवक्ष्यामि ज्ञानानां ज्ञानसुत्तमम् । यज्जात्वा सुनयः सर्वे परां सिद्धिमितो गताः ॥ १॥ Bhagawan said :—

1. will tell thee again the excellent Dnyana

(Wisdom), the best of all Dayana, knowing which all the Munis (the illuminated ones) have attained Park-Siddhi (perfection) beyond [the bonds of] this [body].\*

#### इदं ज्ञानसुपाश्रित्य मम साधर्म्यमागताः । सर्गेऽपि नोपजायंते प्रत्ये न च्ययंति च॥२॥

2. [But] those who having resorted to this knowledge enter into Sidharmya † (My nature)

\*In continuation of the subject of the last chapter Bhagawan here instructs Arjuna in the further knowledge regarding the Prakiti and her three Gunas or qualities, so that he may stear himself clear of them as all the Munis had done, in order to reach the Parassiddhi (the Nirguna Mukti or the Nirvanic condition) gaining which there is no return to this life.

† The word Sādharmya denotes the same qualities as are attributed to Saguna or Avyakta Brahma. The Akshara or the Nirguna Brahma has six negative attributes, by which It's existence is hypothecated. These attributes are unknowable by the organs of touch, hearing, sight, taste and smell, and incompresensible to the human Mind. The attributes of the Saguna Brahma are also six, which signify the glory and vastness of His power and resources. These six attributes are—Aishwarya, Dnyāna, Vairāgya,

[Munis] are not reborn, even when the creation of the world begins again, nor have they to feel pain at its dissolution.

Dharma, Yasha, and Shri. The word Aishwarya implies great inexhaustible and unimaginable power manifested in the creation, sustenance and maintenance of the order in the Cosmos, and its potency of making impossibilities possibilities through Maya or Praktiti which is illusion. The word Dnyana indicates intelligence or knowledge manifested in His Aishwarya. Vairagya means disregard for personal interests. This is the nature of Ishwara. He is never affected by Praktiti or Maya. He remains for ever in the creation, maintenance and distruction of the Universe, unaltered or unaffected by the changes worked by Mâyâ. The attribute Dharma indicates property or nature which He possesses of impelling Maya to His own manifestation, in the form of the Universe or Creation, after the manner of the magnet which puts iron in motion when in close proximity with it or of electricity operating when it is touched. The attribute Yasha indicates His glory or success, which Ishwara possesses. The word Shri has a variety of meanings, but we would confine ourselves to one of these which applies to Goddess Lakshmi, the wife of god Vishnu: the former representing Maya and the latter Ishwara. The smittis and the Puranas have

#### ामम योनिर्महद्भक्ष तस्मिन् गर्भ द्धास्यहम्। संभवः सर्वभुतानां ततो भवति भारत ॥ ३॥

3. The Mahat-Brahma\* is the womb for Me. In that I lay My seed, O Bharata! thence proceeds the birth of all things.

held that the wife is part of the husband's being, and the children, the representatives of their father. Hence Maya and her progeny-the creation, represent Ishwara as both their husband and father. Such are the explanations of the six attributes of Saguna Brahma. He, who fully comprehends them, attains through intense devotion, Kaivalya or identity, who embodies all these attributes; and he is never more troubled with the pains and misery of rebirths at repeated creations and destructions of the world. This is the whole import of the verse under annotation.

\*This compound word is thus explained by the commentator; that Bhagawan Shri Krishna is Brahma in the Mahat(Prakriti) which is designated as the womb; or the whole creation proceeds from that Mahat-tatva, which is born of Avyakta-Prakriti, called also Maya. It is Maya who makes the Nirguna-Brahma Saguna or conditioned, and itself becomes the womb, otherwise called Purusha and Prakriti.

#### ं सर्वयोनिषु कोंतेय मूर्त्तयः संभवंति याः । तासां ब्रह्म महद्योनिरहं वीजप्रदः पिता ॥ ४ ॥

4. Whatever form, O son of Kuntil comes out of any womb, of them Mahat-Brahma \* is the womb, and I am the Father who giveth the seed.

सत्वं रजस्तम इति गुणाः प्रकृतिसंभवाः । निवन्नंति महावाहो देहे देहिनमन्ययस् ॥ ९ ॥

5. Satwa (goodness) Rajas (activity for pleasures of life), and Tamas (darkness) are the Gunas (qualities) born of Prakriti (unmanifested energy of Parabrahma), and bind fast in the body, O

\* Another meaning of this compound word is

possible. Brahmû, the Creator, having four faces, is the symbol of the Mahût-tatwa. This Mahût-tatwa of Macrocosm is identified with Buddhî in Macrocosm or Man, and it (Buddhî) is presided over by God Brahmû who stands for Buddhi in the Virûta or the Macrocosm. Hence the Mahût-Brahmû may be taken as Mahût-tatwa only as mentioned in this verse.

<sup>†</sup> Guna means also a rope. The use of it is to tie together things or animals. The three qualities of Prakriti are called Gunas, for they bind human beings to the effects of Karmas that they (human beings) create irrevokably.

# मम योनिर्महद्भव्य तस्मिन् गर्भं दधास्यहम्। संभवः सर्वभूतानां ततो भवति भारत ॥ ३ ॥

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#### ं सर्वयोनियु कीतेय मूर्त्तयः संभवति याः । तासां प्राप्त महत्योनिरहं चीजप्रदः पिता ॥ ४ ॥

4. Whatever form, O son of Kuntil comes out of any womb, of them Mahat-Brahma a is the womb, and I am the Father who giveth the seed.

#### सत्वं रजस्तम इति गुणाः प्रकृतिसंभवाः । निवन्नंति महावाहो देहे देहिनमञ्गयम् ॥ ५ ॥

5. Satwa (goodness) Rajas (activity for pleat sures of life), and Tamas (darkness) are the Gunas-(qualities) born of Prakriti (unmanifested energy of Parabrahma), and bind fast in the body, O.

<sup>\*</sup>Another meaning of this compound word is possible. Brahmå, the Creator, having four faces, is the symbol of the Mahāt-tatwa. This Mahāt-tatwa of Macrocosm is identified with Buddhi in Macrocosm or Man, and it (Buddhi) is presided over by God Brahmå who stands for Buddhi in the Virāta or the Macrocosm. Hence the Mahāt-Brahmā may be taken as Mahāt-tatwa only as mentioned in this verse.

<sup>†</sup> Guna means also a rope. The use of it is to tie together things or animals. The three qualities of Prakriti are called Gunas, for they bind human beings to the effects of Karmas that they (human beings) create irrevokably.

Mahahahu (of Nighty Arms)! the inexhaustible Dweller (the Jieatma or the Soul) in the body.

तप्र सत्वं निसंच्यात्यकाशकमनास्यम् । स्टब्संगेन व्याप्ति ज्ञानसंगेन चान्य ॥ ६ ॥

6. Of these the Satwa-[quality] which is pure and consequently enlightening and of a healthy nature, O sinless! binds [the diva or Soul] by attachment to bliss and to knowledge [of the Self].

रजो रागात्मकं विक्षि तृष्णासंगसग्रहवम् । निवयाति फाँतेय समसंगेन देहिनम् ॥ ७ ॥

7. O son of Kunti! know the Rajas [quality] to be full of passions. It is the source of attachment to and thirst for things in life. It binds the dweller [Jiva or Soul] in the body to actions.

तमस्त्वज्ञानजं विद्धि मोहनं सर्वदेहिनाम् । प्रमादायस्यनिद्राभिस्तिविवशाति भारत ॥ ८॥

S. O Bharata! know that Tamas [quality] is born of ignorance and deludes all dwellers [Jiv-atmas or Souls], and binds them with neglect, sloth and sleep.

#### सत्वं सुखे संजयति रजः कर्मणि भारत । ज्ञानमावृत्य तु तमः प्रमादे संजयत्युत ॥ ९ ॥

9. O descendant of Bharata I Satwa [quality] joins [the divatma or Soul] with bliss, Rajas with Karmas (actions), and Tamas enveloping the wisdom, drowns [divatma or Soul] in negligence.

रजस्तमधाभिभूग सत्त्वं भवति भारत । रजः सत्त्वं तमशेव तमः सत्वं रजस्तथा ॥ १० ॥

10. O descendant of Bharata! By suppressing Rajas and Tamas [qualities], Satwa [quality] predominates, by suppressing Tamas and Satwa, Rajas predominates, and by suppressing Rajas and Satwa [qualities], Tamas predominates.

सर्वद्वारेषु देहेऽस्मिन्प्रकाश उपजायते । भानं यदा तदा विद्याद्विद्युद्धं सत्वसिख्यत्॥ १९॥

11. When in the body, through all the gates (openings of all the sense organs) the light of knowledge shineth, It should be known that Satwe [quality] has developed.

टोभः महत्तिरारंभः कर्मणामशमः स्पृहा । रजस्येतानि जायंते विवृद्धे भरतर्पभ ॥ १२ ॥

12. O Bharatarshabha (Mighty of the race of

Bharata)! when Rajas [quality] is developed, greed, activity, beginning to [perform] Karmas (actions) restlessness, and longing desire are generated.

#### अप्रकाशोऽप्रवृत्तिश्च प्रसादे। सोह एव च । तमस्येतानि जायंते विवृद्धे कुरुनंदन ॥ १३ ॥

13. O Kurunandana (son of Kuru)! When Tamas [quality] is predominating, darkness (ignorance), slothfulness, carclessness and delusion are born.

# यदा सत्त्वे प्रवृद्धे तु प्रत्यं याति देहसृत् । तदात्तमविदां छोकानमछान्प्रतिपयते ॥ १४ ॥

14. When Satwa [quality] prevails in man dembodied one) he attains the pure world (Brahmaloka or the Heaven of Brahmâ) of those who know the highest after death.

#### रजित प्रख्य गत्वा कर्मसंगिषु जायते । तथा प्रजीनस्तमसि मृदयोनिषु जायते ॥ १५ ॥

15. If while possessed of the Rajas [quality], a man goes to death, he is born amongst those who

<sup>\*</sup> In the Shrimat Bhagawat Sk. XI Ch. XVIII, 21. Bhagawan suggests the means of promoting Satwa-Guna which is the nature of Daivi-Prakriti, by practising virtues, friendship and clemency to all creatures without distinction or partiality.

have attachment for Karmas (actions.) If he dies full of Tamas [quality], he takes his birth in the womb of the deluded.\*

<sup>\*</sup> Let it not be supposed that the man of Asuri-Sampatti or Tamas nature is re-born according to the popular belief, immediately after death, into this order of lower animals; for human development proceeds according to the evolutionary laws It has also been said in the Shastras that birth in the human kingdom is most uncommon, and difficult to attain. It only takes place when the sum of merits and demerits of the re-incarnating ego are equibalanced. Besides, in the order of nature, it is found that human egos are born with the Tamas nature, and by dint of their effort, they have to rise higher in the scale of beings, or if they be so unfortunate as not to be able to exercise the free will, will remain in their next re-birth at the point where they had left, or retrograde according to their propensities or desires; but every man wishes to be happy and strives to secure happiness here and hereafter. It is therefore not proper to suppose that man will be re-born as an animal to suffer for his sins; for his dying thoughts are generally of the happiness of this world or the next. Bhagawan has supported this view by stating that men of Asuri-Prakriti would be re-born among the ignorant classes.

कर्मणः सुकृतस्याहुः साखिकं निर्मटं फटम् । रजसस्तु फर्ड दुःखमज्ञानं तमसः फटम् ॥ १६ ॥

16. It is said that the fruit of good action is Satwik [Satwik quality, i. c. Pure] and unsoiled; of Rajas [quality], is misery, and of Tamas, ignorance.

सस्वारसंजायते ज्ञानं रजसो छोभ एव च । प्रमादमोहो तमसो भवतोऽज्ञानसेव च ॥ १७ ॥

17. From Satwa [quality], knowledge [of Self] is obtained; from Rajas, greed, and from Tamas, carclessness, delusion and ignorance.

जर्ध्व गच्छंति सत्वस्था मध्ये तिष्ठंति राजसाः। जघन्यगुणवृत्तिस्था अधो गच्छंति तामसाः॥ १८॥

18. Those who possess the Satwa [quality] rise upwards (to heaven of Brahma); those full of Rajas, reach a middle state (heaven of Indra called the Swarga); and those full of the Tamas go down (to the Bhalbka or the world of men) [to Buffer for their misdeeds].

नान्यं गुणेभ्यः कर्तारं यदा द्रष्टातुपश्यति । गुणेभ्यश्च परं वेत्ति मङ्गावं सोऽधिगच्छति ॥ १९ ॥

19. When one sees that the doer of actions is no other than Gunas (qualities of Maya) and knows.

That, which is beyond these Gunas, he attains to My Being ...

# गुणानेतानतीत्य त्रीन्देही देहसम्रद्भवान्। ः ि जन्ममृत्युजरादुःखैविंसुक्तोऽमृतमग्रुते ॥ २०॥

20. When the embodied one (a man) transcends these three Gunast (qualities of Mâyâ) producing these bodies, he enjoys Immortality, being freed from birth, death, old age and sorrow. ‡

<sup>\*</sup> The acquisition of the Satwa-Guna secures only the condition of a Mumukshu (one desirous of gaining liberation) but to secure liberation from the Gunas of Prakriti a perfect knowledge of the Purusha and Prakriti is necessary.

<sup>†</sup> This verse has reference to the subject of the last chapter. It is stated there that body or Kshetra produces Gunas, and Gunas in their turn produce bodies over and over again as plants produce seeds, and seeds produce plants in Kshetra (field). This rotation will go on until the position mentioned in Ch. XIII, 23 is reached.

<sup>†</sup> In Ch. XII, 13 to 20 and in verses 20 to 27 of this Chapter, as also in many other places in Gith, Bhagawan has described the nature of the Muktas (chiancipated persons) in general, and nowhere in Gith has

सर्द्रन उवाच-

केंटिंगेश्रीन्गुणानेतानतीतो भवति प्रभो । किमाचारः कथं चेतांश्रीन्गुणानतिकतेते ॥ २३ ॥

ARJUMA said :--

21. O Lord! what are the signs of him who has

He qualified them distinctly except as Yogis and Dnyanis (forming wisdom). This division however refers to the Jivanmuktas and the Videhamuktas whose conditions have been clearly defined by Vidya, ranya Swami in his work called Jivanmukti.

The Jivanmulta is he who has succeeded in accomplishing perfection in the Amanasha Yoga (Complete abstraction of the mind) and has become unconscious of his surroundings and his own personality in contemplation of the Nirguna Brahma. This state is also called the Nirvikalpa Samadhi. It is attained by the practice of the Hatha, Sankhya or Raja-Yoga. By this, the Yogi attains after death the condition of the Nirguna Brahma or the Nirvanic state, and gets absorbed or lost in the Brahma, as a river gets lost in the ocean, whence there is no return. For this reason it is called Videhamukti or the final emancipation.

On the other hand, the Jivanmukta is he who, after attaining the condition of the Nirvikalpa Samadhi

transcended these Gunas, how does he overcomethese qualities, and how does he act?

keeps his individuality in a perfectly conscious state soas to realize in himself the Nirguna and the Saguna Brahma. By this he acquires all the powers which Ishwara or the Saguna Brahma possesses, and never suffers death even at the Mahapralaya. Heis therefore called the Jivanmukta or the Savikalpa-Yogi. These beings remain in their gross or etherial bodies and become co-workers with Ishwara, and incarnate at will for the spiritual welfare of humanity as their saviours. In Ch. VI, 30 to 31. Bhagawan has said that he considered that this Savikalpa-Yogi is superior to the Nirvikalpa-Yogi.

It need not be supposed that the Nirvikalpa-Yoga otherwise known as the Vyatireka-Samadhi is first to be acquired in order to secure the state of Jîvanmukta. The followers of the Yoga begin the Anvaya-Yoga and end their study in the Nirvikalpa-Yoga; whereas the Raja-Yogis follow first the Vyatireka-Yoga, and end by perfecting themselves in the study of the anwaya-Yoga to secure Jîvanmukti. But from Ch. VII, 19, it appears that in addition to a perfect knowledge of these two Yogas, perfect devotion is an imperative condition to secure entire sympathy or love of the Deity. In the Mandukya Upanishada it has been said that not by knowledge alone is the Self-found, but by wisdom wedded to devotion.

श्रीभगवानुवान्व—

प्रकाशं च प्रवृत्ति च मोहमेव च पांडव। न द्वेष्टि संप्रवृत्तानि न निवृत्तानि कांक्षति ॥ २२ ॥

Bhagawân said:--

22. O Pandava (son of Pandu)! He who does not feel troubled when light (Satwa quality), activity (Rajas quality) and delusion (Tamas quality) befall him, nor decrieth them when they are absent.

### ंडदासीनवदासीनी गुणैयों न विचाल्यते । गुणा वर्तंत इत्येव योऽवतिष्ठति नेगते ।। २३ ॥

23. He who while unconcerned, is not disturbed by the three Gunas [of Prakriti], remains steady, thinking merely that the Gunas act according to their respective natures.

श्तमदुःखस्रुखः स्वस्थः समलोग्राइमकांचनः। न्तुल्यप्रियाप्रियो धीरस्तुल्यनिदात्मसंस्तुतिः॥ २४॥

24. He for whom happiness and misery are alike, who is self-contained, to whom a clod of earth, a stone and [ingot of] gold are alike; to whom what is liked and what is disliked are the same, who is wise, and whom praise and censure are alike.

#### मानापमानयोस्तुल्यस्तुल्यो मित्रारिपक्षयोः। सर्वारमपरित्यागी गुणातीतः स उच्यते॥ २५॥

25. Who is same in honor and dishonor, same with friends and foes, and he who has renounced actions [done away with desires] such a one is said to have transcended the Gunas [of Prakriti].

### ्मां च योऽव्यभिचारेण भक्तियोगेन सेवते । स गुणान्समतीत्यैतान् ब्रह्मसूयाय-कल्पते ॥ २६ ॥

26. And he who serveth Me exclusively with Bhakti-Yoga\* (inseparable devotion) transcends the Gunas [of Prakriti] and he is fit to become like Brahma.

बहाणों हि प्रतिष्ठाहममृतस्यान्ययस्य च । शाश्वतस्य च धर्मस्य सुखस्यैकांतिकस्य च ॥ २७ ॥ 27. For I am the abode of Brahma,

<sup>\*</sup>In the Bhagawat S. XI Ch. XIX, 5, Bhagawan said to Uddhava that he who knows Self, worships Me with inseparable devotion both objectively and subjectively.

<sup>†</sup> The word Brahma refers to the Vedas, for they are uncreated and eternal, and are the expressions of Brahma Itself. They re-appear over and over again at each New Creation with the Saguna Brahma after the Mahapralaya.

#### FIFTEENTH DISCOURSE.

#### INTRODUCTION.

In the last discourse, the divisions of the Gunas (qualities of Prakriti) were described; but being by their nature inert or devoid of the capacity to understand their own nature, and being the product of Prakriti which is dependent upon Purusha (Ishwara or the Saguna Brahma), they could not be said to be the enjoyers of the pleasures or pains derived from sense objects. To say that Purusha or the Supreme Being, who is the supporter of Prakriti and of her three Gunas, is the enjoyer is absurd, being contrary to His Nature. To sav that Atma is the enjoyer is also absurd, being itself of the Nature of Purusha. It must then he that which is reflected in the three Gunas and described in the two verses commencing with भम योनिर्महद्वह्य ।। as the Seed or Enjoyer, which is called diva (soul) composed of Atma—the reflection, combined with three Gunas of Prakriti. Atma alone, which is the reflection of Purusha, is not the Enjoyer. In the Vedas, Jiva and Atma are described as two birds sitting on the tree (body), one enjoying the fruit (of good and bad Marmas, that is the Jiva or Soul that incarnates), and the other observing what passes on, that is Katastha or the All-Pervading Ishwara. This

tree Bhagawan will describe in the present discourse as the Prapancha-Ashwattha (the Indian fig tree prolific in manifold fruit of actions), having its roots up, and branches below, &c. This tree is undecaying and everlasting. It is likened to a serpent which the observer fancies to exist in a rope, and is a reality to him, as long as he really believes the rope to be a scrpent. Similar is the existence of this Tree. It disappears at Pralaya (dissolution of the universe) and reappears as a reality to the observer at each creation; therefore it is that this Prapancha Tree of Ashwattha is spoken of as existing in imagination and not as a reality; yet it is eternal in existence as the observer and his shadow or the rope and the scrpent. In these examples both the observer and the rope are realities, and the shadow and serpent are unrealities; but they do exist along with those entities for ever; so does Prakriti with her three Gunas represented by the, Tree of Prapancha-Ashwattha or the creation of the Universe in the Purusha. The upturned roots of this Tree indicate its origin in Purusha, and the world below indicates its reflection, the Jiva (soul). The roots represent the Mûla-Mâyâ (the unmanifested Prakriti or matter) and branches, the human bodies including the Karana and Linga Sharîras. Bhagawan will at

the beginning open this Discourse by describing this Ashwattha-Tree showing Arjuna the way of attaining the supreme Being. It is, therefore, headed as:-..

#### THE YOGA OF ATTAINING THE SUPREME BEING.

श्रीभगवानुवाच-

् ऊर्ध्वमूलस्यःशाखमश्रत्यं प्राहर्व्ययस् । छंदांसि यस्य पर्णानि यस्तं वेद स वेदवित ॥ १ ॥ BHAGAWAN said :-

1. They say that the Ashwattha \* [Ficus Indicus or the Pipal] tree with its roots upwards and branches downwards is indestructible. The leaves of it are the Chchandas (different metres in which the sacred hymns of the Vedas are composed) and he who knows it is a Vedávit (a knower of the Vedas).

<sup>\*</sup> Bhagawau has used the simile of the Ashwattha tree to illustrate the origin of the Prapancha (His illusory manifestations). The word Urdhwa (upwards) used in describing the Tree in this verse indicates Brahma or Ishwara, and the roots, Maya, which exists inseparably in Ishwara as a shadow in a person. The word Adhas (downwards) indicates Jiva or

#### अवश्रोध्वे प्रसृतास्तस्य शाखा गुणप्रवृद्धा विपयप्रवालाः अध्य मूलान्यतुसंततानि कपीतुवंधीनि मतुष्यलोके ॥ २॥

creatures, and the branches their bodies. Thus, the Tree is divided in two parts: the upper part, is the Atma or the Kutastha that remains pervading bodies. and the lower portion the Jiva or soul with its environments comprising the Sthula and Sakshma bodies. upper part of this Tree is unchanging and eternal, and the lower transitory, the whole Tree is spoken of in the Vedas as permanent; for it resides in Brahma, and manifests over and over again after each Praisya, as does the mirage in the Sun's rays seen every noon in the sandy desert. The knowledge of this Tree is gained through the Vedas, which are called here its leaves; for it is by the leaves a tree is known. Or we may take the whole creation including the planetary systems with animal, vegetable, and mineral kingdoms of the earth as its leaver, jointly and severally indicating the Tree as their source. In Shrimat Bhagawat, Brahma Deva, in praising Bhagawan Vishou, compares Him with the Universal Tree, 8k. III, Ch. IX, 16.

2. Its branches are spread upwards\* and downwards and are nourished by the Gunas (the three qualities of Mâyâ). Its sproutes are the objects of senses. Its roots downwards [from the branches] reach the world of men, leading them to action.

न रूपमस्येह तथोपलभ्यते नातो न चादिन च संप्रतिष्ठा । अश्वत्यमेनं सुविरूदमूल-मसंग्राकेण दृदेन छित्वा ॥ ३ ॥ ततः पदं तत्परिमार्गितव्यं यस्मिन्गता न निवर्तति भूयः । तमेव चार्यं पुरुषं प्रप्ये यतः प्रवृत्तिः प्रसृता पुराणी ॥ ४ ॥

3-4. Its form cannot be thus known, nor its end, nor its origin, nor its nature. Having

<sup>\*</sup>The upward branches represent the bodies of the incarnations of Ishw ra, and the downward branches that of Jiva. Both these bodies are the results of Mâyâ; but the bodies of the incarnations of Ishwara are formed purely of the Satwa-guna of Mâyâ, and that of men or Jiva, of the three Gunas of it. Hence the incarnations of Ishwara are free from the effects of Karmas that are produced by their bodies, whereas men are bound by them.

cut\* this strongly-rooted Ashwattha by th [sharp] strong instrument of unconcern; th abode, from which there is no return, should be sought with the thought that one rests on the original Purusha (the First Cause) whence the ancient Prayritti (the cause of the manifestation or forth-going energy) sprang.

निर्मानमोहा जितसंगदोपा अध्यारमनित्या विनिवृत्तकामाः । द्वेद्वविमुक्ताः सम्बद्धाः समेन गैन्द्रत्यमूदाः पदमन्ययं तत् ॥ ५ ॥

5. [Those who are] free from pride and delusion and who have conquered the evils of attachment who live constantly in the Adhyatma (contemplation of the relation of the Atma and Paramatma or Ishwara), having no desire, and who are freed from the pairs of opposites [known as pleasures and pains, &c.], are the wise ones who reach that Indestructible seat.

<sup>\*</sup>Though Mâyâ appears in the forms of things, shapes, colors and names, yet in reality it is all cphemeral, having no real existence; but it has so great a facination as to delude persons into error and perpetual misery. Therefore this Tree of Mâyî should be destroyed by firm resolve and unattachment to it and by directing the whole attention to its material cause—the Brahma or Ishwara.

# न तद्भासयते सूर्यों न शशांको न पावकः। यद्भवा न निवर्तते तद्भाम परमं मम ॥ ६॥

6. The sun does not shine [there], nor the moon, nor fire; having gone to that Supreme abode of Mine, there is no return from it.

ममैवांशो जीवलोके जीवभूतः सनातनः। मनःषष्टानीन्द्रियाणि प्रकृतिस्थानि कर्षति॥ ७॥

7. In the Jivaloka (the world of beings) an eternal portion of My own-self, in the form of individual souls, draweth around [Itself] the senses, of which mind is the sixth, moving in Prakriti.

शरीरं यदवाप्रोति यचाप्युत्कामतीश्वरः । यहत्वैतानि संयाति वायुर्गधानिवाशयात् ॥ ८ ।।

8. When Ishwara (as Atma and Iva) acquireth a body [having the senses], and when He quitteth it, He goeth away with them like the wind which taketh away fragrance from its store.

श्रोत्रं चक्षुः स्पर्शनं च रसनं प्राणमेव च । अधिष्टाय मनश्रायं विषयानुपसेवते ॥ ९ ॥

9. Presiding over the ears, the eyes, the touch,

The deities presiding over the sense organs named; in the verse are the Dig-devas—the Sun, the Vâyu.

who taste, the smell and the mind, He (the firstime enjoys the objects of senses.

#### उरकामनं स्पितं वापि भुंजानं वा गुणान्तितम् । विमृदा नातुपदयेति पदयेति ज्ञानचक्षुपः ॥ १० ॥

10. The deluded ones perceive Him not when ile departs or stays (in the body), or is joined to the three Gunas (the qualities of Mdy4), or enjoyes; but those who possess the eye of wisdom do perceive Him.

# यतंतो योगिनशैनं पर्यंत्यात्मन्यवस्थितम् । यतंतोऽप्यकृतात्मानो नेनं पर्यंत्यचेतसः ॥ ११ ॥

11. Yozis, making efforts, see Him residing in Self. But those whose minds are unformed and are undiscerning see Him not.

the Varana, the Ashwini-kumars and the Moon. All these gods and more presiding over the organs of action, intellect, &c., are said to be the organs of the Virata (Macrocosm) and the modified energy of Ishwara. When this energy is withdrawn, organs of man become lifeless and inactive.

\*The superiority of the psychologial power acquired by Love or Devotion over reason or intellect, is

#### यदादित्यगतं तेजो जगद्भासयतेऽखिलम् । अ पर्चदमसि यचाग्रो तत्तेजो विद्धि मामकम् ॥ १२ ॥

12. The splendour which is in the Sun, which illumines the whole world as well as the Moon and Fire that splendour, know thou to be Mine.\*

illustrated impressively in the following metaphor mentioned in Pranuddha Bharata:—

Two dwarf twins, named Love and Reason, were playing on the top of a hill, when the Moon rose in splendour. The two children being attracted by her brightness, stretched out their little hands to seize her. Reason soon discovered that the Moon being far way he could not touch her. He gave up the chase, and tried to persuade his sister to do the likewise. But Love would not listen to him. Her heart would not be satisfied until she possessed the Moon. She went on stretching her little hands; when, lo I her body expanded till she touched the coveted orb; and she drew her brother Reason after her to approach the Moon with a like effort.

\*From this verse to verse fifteenth, Bhagawan has pointed out that all things and objects exist in Him by, virtue of His Dravya-shakti, Kriya-shakti and Doyana-shakti. They cannot have therefore an existence independent of Him.

#### गामाविश्य च भूतानि धारयाम्यहमोजसा । पुष्णामि चौपधीः सर्वाः सोमो भूत्वा रसात्मकः॥१३॥

13. Entering the earth I support all the creatures by My power; and by becoming the liquid Soma (Moon) I nourish all the herbs [including the food-producing, medicinal and other plants.]

# अहं वैभानरो भूत्वा प्राणिनां देहमाश्रितः। प्राणापानसमायुक्तः पचाम्यन्नं चतुर्विधम्॥ १४॥

14. Becoming Vaishwanara (vital heat) and dwelling in the bodies of all the living beings and uniting with Prana) inward breath) and Apana (outward breath), I digest the four kinds of food (those eaten, drunk, licked and sucked).

सर्वस्य चाहं हृदि सनिविष्टो मत्तः स्मृतिर्ज्ञानमपोहनं च। वेदेश्च सर्वेरहमेव वेषो वेदांतकृद्वेदविदेव चाहम् ॥ १५॥

15. I dwell in the hearts of all; memory, ledge, as well as their absence, are from Me; I a m that which is to be known by all the Vedas. I am the knower of the Vedas, as also the authors [the Badarâyana or Vyasa] of the Vedantas.

# द्वाविमौ पुरुपौ लोके क्षरशाक्षर एव च। क्षरः सर्वाणि भूतानि कृटस्थोऽक्षर उच्यते ॥ १६॥

16. There are two Purushas\* (Beings or Entities) in the world. One is perishable and the other is indestructible. The\* perishable is [represented by] all the creation, and the indestructible by the Kaiastha (unchanging or unmoving).

उत्तमः पुरुपस्त्वन्यः परमात्मेत्युदाहृतः । यो लोकत्रयमाविदय विभत्यंव्यय ईश्वरः ॥ २७ ॥

17. The Purushottama is yet another Purusha, called the Highest Self (the best of beings), who is the indestructible Ishwara, and pervading the three worlds supports them.

यस्मात्क्षरमतीतोऽहमक्षरादिप चीत्तमः। अतोऽस्मि ठोके वेदे च प्रथितः पुरुपोत्तमः॥ १८॥

18. As I am beyond the perishable and superior to the Indestructible; I am therefore known among men and the Yedas as "Purushottama."

यो मामेवमसंमुढो जानाति पुरुपोत्तमम्। स सर्वविद्भजति मां सर्वभावेन भारत॥ १९॥

19. He, who undeluded, knoweth Me as Puru-

<sup>\*</sup> Jîva or Soul, and Âtmā or the Kûṭastha.

Shottama [Best of beings], he knowing every thing, marrhips Me, O descendant of (Bharata) I with all his devotion.

इति सुधतमे शाएमिद्मुकं मयान्य । एततुष्या पुदिमान् स्पात्कृतकृत्यत्र भारत ॥ २०॥

20. Thus, O Anagha frintess one) I have I told you the Secret of the Secrets of the Shastras (Vedas), knowing this, O descendant of Bharata I one will become full of intelligence and have done what is required to be done here.

Thus ends the discourse of Shri Krishna with Arjuna, discourse the fifteenth entitled—

THE YOGA O: ATTAINING PURUSHOTTAMA.

# SIXTEENTH DISCOURSE.

Chapter ninth was opened by Bhagawan Shri Kishna by defining the Mahatma (great soul) as a person whose thoughts and actions were under the complete guidance of Daivi Prakriti, etc., but He did not make clear what Daivi Prakriti was and what its nature was like. He would therefore in the present chapter instruct Arjuna concerning the nature of Daivi Prakriti and that of its opposite the Asuri Prakriti.

The last Chapter ended by Bhagawan saying that those devotees who worshipped Him exclusively, transcended the three Gunas of Prakriti and so became fit to be Brahma. Here in this Chapter. He shows how these Gunas constitute the Daiv! Prakriti, and its opposite, the Asuri Prakriti. The Satwa Guna constitutes the Daivs Prakiti whose nature is pure and divine. The Rajoguna forms the Asuri Sampatti which is distinguished by the hankering for wordly honours, sensual pleasures, and desires for heavenly happiness which the Devas enjoy. This class includes Daityas and others who are entirely selfish. Rakshasi Sampatti is formed of the Tamo Guna and is oharacterized by wantonness, eruelty. desperation, destructiveness, etc.

Mra. A. Besant in her Discourses on the Path of Discipleship has dwelt on the subject of this chapter with great lucidity, throwing valuable

suggestions for those who wish to lead the life of spirituality. We would therefore quote for the benefit of our readers the following extract from ber book.

"Again I turn to the great treaties of Karma Yoga, the teachings of Shir Krishna in the Bhagavad Gita. If you turn to his XVI Discourse you may find the long list of qualities there given which a man must develop in himself so that he may be born with them in the future. They are called the divine properties, and Arjuna is told; 'Thou art born with divine properties, O Pandava.' Now in order that you may be born with them in future births you must make them in the births that is; if you are to bring them back with you into life, you must gradually create them in lives as they come one after another, and the man of the world who wants to know how to build his character can do nothing better than take this list of qualities, the divine properties which are wanted in discipleship, and build them one by one in his daily life by a conjoint process of meditation and action. Purity for instance is one of them. How shall a man build himself into purity? in his morning meditation, taking purity as part of the subject on which he thinks, realising what it means. No impurity of thought must ever touch him; no impurity of action must ever stain him, he must be pure in the threefold thread of action,

word and thought. That is the threefold cord of duty, as I once reminded you, and is that which the Dvija's threefold thread is intended to represent. In the morning he thinks of purity as a thing that is desirable, that he must accomplish; and when he goes out into the world he carries the memory of his meditation with him. He watches his actions; he allows no impure action , to stain his body; he commits no impure action all through the day, for he steadily watches every action that no touch of impurity may soil it. He watches his words. He speaks no word that is impure; he makes no reference in his talk to an unclean subject. He never permits his tongue to be soiled by making an unclean suggestion. Every word of his is pure, so that he would dare to speak it in the presence of his Master, whose Eye sees every lightest stain of impurity which the ordinary mortal eye would miss, He will watch every word that it may be the purest that he can utter, and he can never foul himself or others by a single word or phrase coarse with impure suggestion. His thought will be pure. He will never allow an unclean thought to come into his mind, or if it comes into his mind it will at once be cast out; the moment the thought comes he will cast it out; and as he knows that it could not come into his mind unless there was in his mind something to attract it, he purifies his own mind, so that no unclean thought of any

one else may be able to gain entrance. Thus he watches on this one-point through the whole of his day. And then again he will take Truth in his morning meditation; he will think of truth. Its value in the world, its value in society, itsvalue in his own character, and when he goes out into the world of men he will never commit an action that will give a false impression; he will never speak a word that conveys a false idea. Not only will be not lie, but he will not even be inaccurate, because that is also speaking a falsehood. To be inaccurate in recounting what you have seen is to steak untruth. All exaggeration and painting up of a story, everything that is not perfectly consistent with fact, so far as he known It, everything which has any shade of untruthfulness, may not be used by him who would hecome a disciple. And so in thought again he must be true. Every thought must be as true as he can make it with no shadow of falsehood to pollute his mind. So with Compassion. He will meditate on compassion, in the morning and during the day he will seek to practise it; he will show all kindness to people around him; he will do all service to family and friends and neighbours. Wherever he sees want he will try to relieve it: wherever he sees sorrow he will try to comfort it; wherever he sees misery he will strive to lighten it. He will live compassion as well as think

it, and so make it part of his character. So with-Portitude. He will think of the nobility of the strong man, the man whom no outer circumstance g. can depress or clate, the man who is not joyfu over success, nor miscrable under failure, who is. not at the mercy of circumstances, sad to-day because things are troublesome and joyful to-morrow because things are easy. He will try to be himself always balanced and strong; as he goes out into . the world he will practise; if trouble comes he will think of the Bternal where no trouble is: if loss of money comes, he will think of the wealth of wisdom that cannot be taken away from him; if a friend be snatched by death, he will consider. that no living soul can die and that the body that dies is only the garment which is thrown aside when it is out-worn, and another taken, and that his friend shall be found again. And so with all, the other virtues of self-restraint, of peaceableness, of fearlessness, all those things he will think of and practise. Not all at once. No man. living in the world would be able to give sufficient time to meditate on cach of these every day; but take them one by one, and build them into your character. Work on steadily; do not beafraid of giving time to it; do not be afraid of giving trouble to it. Everything that you build you are building for eternity, and you may well be patient in time when eternity spreads before you. Everything you gain, you gain, for every

more. Meditation alone or practice alone is in sufficient for the building of the character. Both must go together; both must form part of the daily life and in this way a noble character is builded.

# THE YOGA OF DEVOTION BETWEEN THE DAIVI AND DEMONIAC NATURES.

श्रीमगवानुवाच— अभयं सत्वसंग्रहिर्जानयोगन्यवस्थितिः । दानं दमश्र यज्ञश्र स्वाध्यायस्तप आर्जवम् ॥ १ ...

- Bhagawan said:-

1. Fearlessness (regardless of re-birt h), purity of mind, perseverence in [gaining] the knowledge [of the Soul and Spirit], and [their] Yoga (union), alms-giving, selfcontrol, Yadnya (sacrifice), study of the Vedas, Tapa (austerities), humanity or sincerity.

अहिंसा सत्यमक्रोधस्त्यागः शांतिरपैग्रनम् । द्या भूतेप्त्रलोह्यनं मार्दवं द्वीरचापलम् ॥ २ ॥

2. Absence from doing injury to any creature truthfulness, absence from anger, renunciations, tranquility, absence from tale-bearing or slan dering, compassion for all creatures, freedom from

covetousness, gentleness, modesty and absence from bashfulness.

तेजः क्षमा एतिः शौचमदोहो नातिमानिता । अवंति संपदं दैवीमभिजातस्य भारत ॥ ३॥

3. Dignity [spiritual and moral], forgiveness resoluteness, courage, purity, absence of hatred, freedom from self-conceit or self-praise, O descendant of Bharatu! these [virtues\*] belong to the person born of the Daivi Prakriti (Divine Nature).

दंभी दपोंऽभिमानश्च क्रोयः पारुष्यमेत्र च । अज्ञानं चाभिजातस्य पार्थ संपदमासरीम् ॥ ४ ॥

4. Of him, O son of Pritha I who is born of the Asuri-Sampatti (demoniac or impure nature) is hypocrisy, vanity, self-conceit, anger, and also eruelty of nature and unwisdom.

देवी संपद्धिमोक्षाय निवंधायासुरी मता । मा ग्रुचः संपदं देवीमभिजातोऽति पांडव ॥ ५ ॥

5. The Daivi Prakriti is reckoned the [fast]

<sup>\*</sup> Bhagawau related in all twenty-six virtues that constitute the Daivi Sampatti.

giver\* of the Moksha (the final liberation) and the Asuri [Sampatti] of the bondage (rebirths), grieve not therefore, O, son of Prithal for thou art born of Daivi-Sampatti.

# ह्रों मूतसर्गों लोकेऽस्मिन्दैव मासुर एव च। देवो विस्तरशः श्रोक्त आसरं पार्थ में शृष्ट ॥ ६ ॥

6. In this world there are two kinds of beingst, Daivi and Asuri, O son of Prithal Thou

† The conjunction एउँच used at the end of the text of the first half of this verse signifies that Asuri-Sampatti applies to men of Mohini and Rākshasi Sampatti. Men of Mohini Sampatti are the Daityas or those who are bent upon securing the worldly pleasures and grandeur even at the sacrifice of all moral and

<sup>\*</sup>In Ch. VII, 15 Bhagawan has said that men of sinful nature, of bad conduct, deprayed in their habits and ignorant, through the influence of Maya, do not seek refuge in Him.

<sup>†</sup> Having explained the nature of Asuri-Sampatti, Bhagawan perceived that the mind of Arjuna was disturbed by the fear that he was himself of this Sampatti, for some of his actions he thought were not different from it, Bhagawan has therefore to assure him that he was not of this Sampatti and that he belonged to the Daivi-Sampatti.

hast heard fully described the former, hear now from Me concerning the latter.

#### प्रवृत्ति च निरुत्ति च जना न विदुरासुराः। न शौचं नापि नाचारो न सत्यं तेषु विद्यते॥ ७॥

7. The Asuras know neither Pravritti (active worldly life as ordained), nor Nivritti (withdrawas form the worldly activities in favour of spiritualitie), nor purity of person, nor rules of conductions ordained or have they truth in them.

#### असत्गमप्रतिष्ठं ते जगदाहुरनीश्वरम् । अपरस्परसंभूतं किमन्यत्कामहेतुकम् ॥ ८॥

8. For them Universe is without Truth,\* and it

social laws. Athersts or the Charvaks who do not admit any other existence beyond that perceived by the senses are of that class. Also faithless and irreligious persons and hypocvites who do religious acts without faith to gain popularity.

The Rakshaeas who are cannibals and wanton persons possessing mostly animal nature are subject to the Rakshaei Sampatti.

\*Some men of the Asuri Sampatti do not accept the monistic doctrine of the Vedas that the universe is not separate from Brahma, nor does it exist without the basic principle—the Brahma, nor is it the has no basis. They say it is without Ishwara (the Creator) and not brought about by the mutual (matter and spirit) union and all originates in lust.

एतां दृष्टिमवप्टभ्य नष्टारमानोऽन्वबुद्धयः। प्रभवस्युप्रकार्माणः क्षयाय जगतोऽहितः॥९॥

9. Holding views like these men of lost self, of little understanding, and of fierce deeds, are born [by nature] as enemies [of men] for the destruction of the world.

काममाश्रित्य दुष्पूरं दंभमानमदान्विताः । मोहाद्रुहित्वाऽसद्याहान्त्रवर्त्ततेऽशचित्रताः ॥ १० ॥

10. Of insatiable desires, possessing hypocraty, conceit, arrogance, entertaining evil ideas through delusion, given up to action with unholy resolution;

चिंतामपरिमेगां च प्रत्यांतासुपानिताः। कामोपभोगपरमा एतावदिति निश्चिताः॥ ११॥

11. Wrapped in innumerable thoughts, [of securing happiness for self by every means ] till the [approach of ] death [thinking that there is

unreality as ornaments without gold or serpent without rope. They uphold that the universe is uncreated. It has an independent existence without material or instrumental cause. nothing beyond it], doggedly abandon [themselves] to lustful enjoyments, regarding them as the highest objects in life.

आञापाश्चशतैर्वदाः कामक्रोधपरायणाः । ईहंते कामसोगार्थसन्यायेनार्थसंचयान् ॥ १२॥

12. Fettered with hundreds of ties of hopes and given over to desires, and anger; they try to amass wealth by unfair means for the gratification of their sensual desires.

इदमद्य मया उच्चिमिमं प्राप्स्ये मनोरथम् । इदमस्तीदमपि मे भविष्यति पुनर्धनम् ॥ १३ ॥

13. This I have obtained to-day, that desire I shall satisfy [next day]. This wealth is mine already, and also this shall be mine in future.

असौ मया इतः शर्रुईनिष्ये चापरानिष । ईश्वरोऽहमहं भोगी सिद्धोऽहं वलत्रानसुखी॥ १४॥।

14. This foe I have slain, and will slay others also, I am the [lord of all creatures], I am the enjoyer, I am the Siddha (successful), I am powerful and happy.

आज्ञोऽभिजनवानस्मि कोऽन्योऽस्ति सदृशो मया। यक्ष्ये दास्यामि मोदिष्य इत्यज्ञानविमोहिताः॥ १५॥ 15. I am rich and of noble birth, who else is there that will equal me? I will perform eacri Sees, I will give gifts, and will please [people]. Thus deluded by ignorance.

#### अनेकचित्रविभांता मोहजाउसमावृताः। प्रसक्ताः कामभोगेषु पतंति नरकेऽग्रचौ ॥ १६ ॥

16. Confused by innumerable thoughts and enmeshed in the net of delusion and attached to the objects of lust, they drop down in the impure Naraka (hell) [though performing religious acts.]

#### भात्मसंभाविताः स्तव्या धनमानमदान्विताः। यजैते नामयत्तैस्ते दंभेनाविधिपूर्वकम्॥ १७॥

17. Self conceited, obstinate, filled with pride and arrogance, and intoxicated with wealth, they perform shallow (nominal) sacrifices, with hypocrisy for the sake of fame, without regard to the sacred ordinances.

### अहंकारं वर्लं दर्पं कामं क्रोधं च संश्रिताः। मामात्परदेहेषु प्रद्विपंतोऽभ्यसूयकाः॥ १८॥

18. Abandoned to egoism, power, pride, lust [for pleasures of the world] and anger; these

malignant ones hate Me,\* who am residing in their own bodies and in the bodies of other [beings].

तानहं द्विपतः क्रांन्संसारेषु नराधमान्। क्षिपाम्यजसमग्रभानासुरीष्त्रेव योनिषु ॥ १९ ॥

19, These haters [of Me], evil and malignant,

\*Some Scentics attack the Divine Nature of Shri Krishna Bhagawan and His utterances in the Gita by quoting His exploits with the sixteen thousand Gopis or Cow-herdesses of Gokula, &c., They however forget what Bhagawan has said in the Gita. He is impartial and kind to all without distinction and gives every one what he desires in the manner of the Kalpavriksha (the tree that gives everything desired) . The Gopis of Gokula were quito taken up by intense love and devotion for Bhagwan and lost their individuality in Him. They saw Him every where and in every thing. They saw Him in their husbands and in all the members of their household. They perceived Him in milk, curd, &c., that they took away for sale in the market places ond streets of Mathura, offering their articles by His name. Their condition was like that realized in ecstacy. Thus their desires were fulfilled not by carnal intercourse with Bhagawan. The stories of Shri K ishna recited in the Shrimat Bhagwat clearly bear out this explanation.

vilest of men, I throw continually into the wombs of the Asuri [Sampatti] in the world.

आसुरीं योनिमापना मृदा जन्मनि जन्मनि। मामप्राप्येत काँतेय ततो यांत्यधमां गतिस्॥ २०॥

20. These, O son of Kunti! deluded, returning birth after birth in the Asuri Yoni (imfure womb) descend into the lowest depth without coming unto Me.

त्रिविषं नरकस्येदं द्वारं नाशनमात्मनः । र् ं कामः क्रोधस्तथा छोभस्तस्मादेतस्रयंत्यजेत्॥ २१॥

21. Three are the gates to the hell for the destruction of the self: lust, wrath, and greed. Therefore let these be abandoned.

एतेर्विमुक्तः काँतेय तमोद्वारैकिभिर्नरः । आचरत्यात्मनः श्रेयस्ततो याति परां गतिम् ॥ २२ ॥

22. One who has freed himself from these three gates of darkness, O son of Kunti I secures his own welfare, and obtains the highest goal.

यः शास्त्रविधिमुत्सुज्य वर्तते कामकारतः। न स सिद्धिमवाप्रोति न सुखं न परां गतिम्॥ २३॥

23. He who hath set aside the sacred ordinances and proceedeth as his own desires lead

him, obtaineth not perfection nor happiness, northe highest goal.

तस्माच्छालं प्रमाणं ते कार्याकार्यव्यवस्थितौ । ज्ञात्वा शास्तविधानोक्तं कर्म कर्तुमिहाहीसि ॥ २४ ॥

24. Therefore let the Shastras (scriptures) bethy guide in discriminating what is to be done, and what ought not to be done. Having instructed thyself in what is said by the Shastras, thous shouldstact in the world.

Thus ends the Discourse of Shi & Krishna with Arjun'a, Discourse the Sixteenth entitled

THE YOGA OF DIVISION BETWEEN THE:
DIVINE AND THE ASURIC.

## SEVENTEENTH DISCOURSE.

#### INTRODUCTION.

At the end of the last Chapter Arjuna was advised to follow the dictates of the Shastras (works on polity and ordinances) in order to protect himself from ever falling into an error that might betray him into the Asuri Sampatti to which the sons of his uncle Dhritarashtra belonged. This suggested to Arjuna to propose the question at the beginning of this Chapter, in order to know from Bhagawan concerning the state or condition of those who have no regard for the ordinances of the Shastras and yet perform the sacrifices with faith. His intention in asking the question was to know to what faith the Kowravas and the men of their stamp belonged. This Chapter is therefore a continuation of the last one.

In the last Chapter when mentioning the Daivi and the Asuri-sampattis, as also in Chapter IV, 13 where Bhagawan has described the origin and the duties of the four Varnas or classes, and in this Chapter also when describing the Gunas or matures of men, Bhagawan has suggested that all these are the products of past Karmas in accordance with which He had given people their respective births of different natures, Varnas and

qualities. He thereby implies that He is a free agent, and as such He is not responsible for people's good or bad lot in this life or in the life to come. For this reason Arjuna was cautioned by Bhagawan that he should, rather than blindly rely upon His hearty-friendship, be very carefu guarding his own conduct even though he had attained Dnyana, which had in his case become so firm that he could never again under any circumstances doubt it.

THE YOGA CONCERNING THE DIVISION OF THE THREEFOLD FAITH.

व्यर्जुन उवाच-

ये शास्त्रविधिमुरसूज्य यजेते श्रद्धयाऽन्यिताः । तिषां निष्ठा तु का कृष्ण सरवमाहो रजस्तमः ॥ १ ॥

#### ARJUNA said :-

1. What, O Krishnal is truely the position, [of those] who abandon the Scriptural Ordinances, yet perform sacrifices with faith? Is it Satwika (pertaining to purity or goodness) Rajasa (to activity or passions) or Tamasa (to inactivity or darkness)?

#### श्रीमगवानुवाच--

त्रिविधा भवति श्रद्धा देहिनां सा स्वभावजा। सात्विकी राजसी चैव तामसी चेति तां शृष्ट्या २॥

#### BHAGAWAN said :-

2, For embodied beings faith is of three kinds according to the nature\* of each.—Satwiki, Rajasi or Tamasi. Hear thou concerning each of these.

## सत्त्वात्ररूपा सर्वस्य श्रद्धा भवति भारत । श्रद्धामयोऽयं पुरुषो यो यच्छूद्धः स एव सः ॥ ३ ॥

3. The faith of each, O descendant of Bharatal is formed according to his own nature. Man is full of faith; as his faith is so he becomes.

#### यजंते सात्विका देवान्यक्षरक्षांसि राजसाः। मेतान्युतगणांश्चान्ये यजंते तामसा जनाः॥ ४॥

#### 4. The [persons possessing] Satwika [nature]

<sup>\*</sup>The word "Swabhava" is composed of two syllables viz: "Swa", which means one's own, and "Bhava," which means or becoming. This word has reference to the Sanchita (stock of the actions previously done in this and past births) and the Kriyamana (the actions being done).

worship the Gods, the Rajasi, Yaksha\* and Rakchasas, f and Tamasi, the Pretas; and multitudes of Bhutas.§

> भशासविद्यंत घोरं तप्यंते ये तपो जनाः । दंभाहंकारसंयुक्ताः कामरागवटान्विताः ॥ ५ ॥

5. Those who perform severe austerities, not ordained by the Shastras, are hypocritical, egoistic, full of desires, attachment and stubbornness;

कर्षयंतः शरीरस्थं भृतवाममचेतसः । मां चैत्रांतःशरीरस्थं तान्त्रिद्धयासुरिनश्रयान् ॥ ६॥

6. Who are devoid of intelligence, who torture the five elements aggregated in their bodies, and

<sup>\*</sup> A class of dimi-gols and attendants of Kubera the treasure-keeper of Indra.

<sup>+</sup> The powerful cyll spirits prone to do cyll.

<sup>†</sup> Disembodied souls of the departed hankering for estisfaction of their desires.

<sup>§</sup> Elementary spirits presiding over the elements and elementals.

<sup>||</sup> The austerities mentioned in these verses have reference to the Tâmasi Tapa and the practice of Tantrle worship or black magic for gaining wordly powers, position and comforts, regardless of the good of their neighbours.

Me also, [who am] scated in their bodies; know their resolve to be Asuric.

## आहारस्त्विप सर्वस्य त्रिविधी भवति प्रियः। यतस्तपस्त्या दानं तेषां भेदमिनं गृग्र ॥ ७ ॥

7. The food favourite to these [three natures] is also threefold, viz. sacrifice, austerities, and alms giving. Hear thou the distinctions of these.

## आयः सत्यव्यारोग्यसुखप्रीतिविवर्यनाः । रस्याः जिग्वाः स्थिरा हया आहाराः सात्विकप्रियाः८

8. The foods favourité to the Satwikas are jucy, oily, nourishing and pleasant [to the taste] and increase life, energy, strength, health, comfort and relish.

कड्डम् रज्य गाराष्ट्रगतीहगरुत्राविदाहिनः । आहारा राजतस्येटा दुःखशोकामपप्रदाः ॥ ९ ॥

- 9. The food' [favourite to] the Palasas is bit-
- \* The food mentioned here, though not in plain words, includes meat, being the worst, as it generates all sorts of animal natures in man and makes him unfit for higher life.

ter, sour, saltish, very hot, astringent, dry and pungent; producing [ultimately] paih, grief and disease.

यातयामं गतरतं पूति पर्छपितं च यत् । इच्छिष्टमपि चामेध्यं भोजनं तामसीप्रयम् ॥ ६० ॥

10. The food liked by the Tâmasis is stale or cold, insipid, stinking, decomposed, remnants and impure.

अफलाकांक्षिभिर्यज्ञो निधिदृष्टो य इज्यते । यष्टच्यमेनेति मनः समाधाय सुसास्त्रिकः ॥ १९ ॥

11. That is Satwika sacrifice which [being enjoined by the Shastras] is performed without any desire for fruit, bearing firmly in mind that in doing so one doth his duty.

> अभिसंघाय तु फलं दंभार्थमिष चैत्र यत्। इज्यते भरतश्रेष्ठ तं यतं विद्धि राजसम्॥ १२ ॥

12. Know that sacrifice to be Rajasa, O excellent of the Bharatus! which is performed for [receiving its] fruit and in glorification of self.

विधिद्दीनममृष्टान्नं मंत्रद्दीनमदक्षिणम् । श्रद्धाविरदितं यतं तामसं परिचक्षते ॥ १३ ॥

13. That sacrifice is Tâmasa which is performed.

contrary to the ordinances of Shastras, without seeding others and without [repeating the Vedik] Mantras (formulæ) and without giving gifts and without having faith [in them].

#### देवहिजगुरुपाजपूजनं शौचमाजेवम् । व्रव्यचर्यमहिंसा च शारीरं तप उच्यते ॥ १४ ॥

14. The worship offered to the Gods, to the Dwijas (the twice-born), to Gurus\* (spiritual

<sup>&</sup>quot;" The worship or service of the Guru is the essen, tial means of pleasing Ishwara," says the Mantropanishada of the Shwetashwetara Shakba of the Veda. As he said यस्मद्देने परामितर्यथा देवे तथा गुरी । तस्पेते क्तियता हार्याः प्रकाश न्ते महात्मन इति ॥ be who devotedly loves his Guru as he loves his God, only attains wisdom. In the Shrîmat Bhagawat, Bhagawan has also said. नाहमिऽज्या प्रजातिभ्यां तपसोपशमेन च । तुष्येयं सर्वमंतात्मा गुरु शुश्रूषया यथा ॥ by parformance of Yaga (sacrifices) or by austerities, by controlling the sonse and mind, &o., I am not pleased; but by serving the Guru. this Bhagawan has established the greatness of the Guru, but Sadhu Sundardas and other Sadhus in their praises of the Guru have said that the Guru is higher than Ishwara, for the latter is only able to bestow births, whilst the former not only saves one From rebirths, but makes of one Ishwara Himself.

preceptors), and to the wise, as well as purity, straight-forwardness, Bramhacharya\* and harm-lessness+ are said to be the Sharirika-Tapas (austerities of the body).

अनुद्वेगृकरं वाक्यं सत्यं प्रियद्वितं च यत् । स्वाध्यायाभ्यसनं चैव वाङ्मगं तप उच्यते ॥ १५॥ 15. The speecht that offends not and which is

<sup>\*</sup> The word Brahmacharya means celibacy. It comprehends both the life of celibacy and the married life. In the former, one has atriotly to watch himself from the eight of woman, from their touch, from sporting with them, from jesting with them, from private talk with them, from desire for them, from attention to them and from copulation. The married person on the other hand has not only to observe all these prohibitions but also to regulate intercourse with his own wife in accordance with the rules of the Shartras. Violation of any of these injunctions brings on degradation and fall from celibacy.

<sup>†</sup> Ahimsa means giving no pain either by acts, speech or thought to any sentient being or creature. It also means killing one possessing sentient life.

<sup>†</sup> The austerity of speech consists in speaking kindly to all without any feeling or personal motive, in giving good advice to all, in lecturing on moral and

truthful, pleasant and beneficial, and the study of the Ved3s, are said to be the Vangmaya-Tapa.

## मनःश्रमादः सौम्यत्वं मौनमात्मविनिग्रहः। भावसंश्राद्धिरित्येत त्तपो मानसञ्जवते॥ १६॥

16. I ranquility of mind, gentleness, silence, selfrestraint and purity of mind make what is called the \*Manas Tapa (Austerity of Mind).

## श्रद्धया परया तसं तपस्तित्रिवियं नरैः। अफलाकांक्षिभिर्धक्तैः सास्त्रिकं परिचक्षते ॥ १७॥

17. These threefold Tapas performed with intenset faith and devotion and without any desire for reward are called Satwika [Tapa].

spiritual subjects for the benefit of others, and in expounding and explaining the abstruce subjects of Vedanta and Shastras. Speaking truth is also included in this Tapa.

\*Of all the Tapes (austerities) the Manes Tape (subjugation of mind) is said in the Gita to be the highest. It is performed by watching the mind from wandering after sense objects or falling into mental activities, and fixing it in contemplation.

The word Shraddha means faith which generates confidence for all undertakings whether secular or

### सत्कारमानपूजार्धं तपो दंभेन चेव यत् । कियते तदिह प्रोफं राजसं चलमधुवम् ॥ १८ ॥

18. That Tapa is called Rajasa when it is performed with the object of [securing] respect, honor and reverence and with estentation and show. It is uncertain and transitory.

#### मुद्रपारेणात्मनो यत्पीडया क्रियते तपः । परस्योत्सादनार्यं वा तत्तामसमुद्राहृतम् ॥ १९ ॥

19. That is Tâmasa Tapa which is performed with deluded understanding, and with pains [physical, &c.] to self, or with a desire to effect destruction of others.

religious. The confidence gained produces will or willpower which when coupled with imagination produces
a tremendous mental force for good or evil, or enables
one to reach the highest state of consciousness. In
short, the necessary phychological condition of faith
once secured, would enable us to attain all our nobler
aspirations here and hereafter. In fact, faith is the
first condition of mind preliminary to all undertakings.
Bhagawan therefore said in Ch. IV, 40, that the ignorant, faithless and doubting go to destruction, and
neither in this world nor in the next will doubting
persons become happy.

## दातन्यमिति यहानं दीयतेऽत्रपकारिणे । देशे काले च पात्रे च तहानं सान्विकं स्मृतम् ॥ २०॥

20. That is called Satwika Dana\* (gift or charity) which is bestowed as an inevitable duty on a worthy person, without expectation of return, and at the proper place and time.

यतु प्रत्यपकारार्थं फलछहित्य वा पुनः। दीयते च परिक्षिष्टं तहानं राजसं स्मृतम् ॥ २१ ॥

21. That is called the Rajas Dana, which is bestowed with reluctance and with a hope of gain or service in return.

अदेशकाले यहानमपात्रेभ्यश्च दीयते । असत्कृतम्बद्धातं तत्तामसमुदाहतम् ॥ २२ ॥

22. That is Tamas-Dana which is given to an unfit person and at an unfit time and place irreverently and contemptuously.

<sup>\*</sup>All Danas (charities) are good in themselves when they are properly bestowed, but of all the Danas, that of imparting moral and spiritual instruction is the highest and best; hence, imparting free education was once a universal institution all over India. And even now this practice is kept up by Sadhus and Puraniks who preach and read Puranas to people from motives of charity.

## ओं तस्तिद्ति निदंशी त्रवाणसिविधः स्मृतः। व्यवणास्तेन वेदाश यज्ञाश विद्यिताः पुरा ॥ २३ ॥

23. \*"Om Tat Sat" has been declared as the threefold name of Brahman; with the aid of this [name], Brahmanas, the Vedas, and sacrifices were created in olden time.

The syllable (om) with the dot and the semi circle under it is the symbol used to denote Nirguna Brahma and Saguna Brahma; the curved line that joins the circle to the figure three is Mâyâ designated by the appellations of Avyâkrita, Avyekta, Pradhâna and Prakriti according to the modifications it undergoes in connection with Saguna Brahma. The figure three represents the three Gunas of the Prakriti or Mâyâ. The lower curve of the figure represents the Rajoguna or the God Brahma, the middle knot, the Satwa Guna or the God Vishnu, and the upper curve, the Tamo Guna or the God Maheshyara.

<sup>• &</sup>quot;Om-Tat-Sat" is the Mantra or formula which when repeated with devotion and understanding secures to its repeater perfect union with Saguna and Nirguna Brahma. This formula is said to have been repeated by God Brahma. He thereby gained knowledge and created the world. Such is the potentiality of this Mantra.

### तत्मारोमित्युदाहस्य यज्ञदानतपःक्रियाः। प्रकर्तते विधानोक्ताः सततं व्रह्मवादिनास् ॥ २४॥

24. Therefore is the word Om uttered by the Brahma-Vadins (those versed in the knowledge of the Vedas) before beginning sacrifices, gifts and penances, as prescribed in the Shratis (Vedas).

तदिरयनभिसंचाय फलं यज्ञतपःक्रियाः। दानक्रियाधं विविधाः क्रियंते मोक्षकांक्षिभः॥ २५॥

25. Those who long for Môksha (liberation) perform various acts of sacrifices, penances and gifts without hoping for return, uttering the word Tat\* (That:—Brahma is).

सद्भावे साधुभावे च सहित्येतत्प्रयुज्यते। प्रशन्ते कमीणि तथा सच्छन्दः पार्थयुज्यते॥ २६॥

26. The "Sat" is used to indicate reality and goodness. It is, O son of Pritha! used also to indicate righteous act.

<sup>\*</sup>The syllable 'Tat" means that, pointing to the Eternal and perfect Existence symbolized by the syllable Om.

<sup>†</sup> The syllable "Sat" indicates that which has been pointed out by the Vedas as the real and perfect existence, all-pervading, one without a second in its Nirguna and Saguna conditions.

#### यक्षे तपित दाने च रिधितः सदिति चोच्यते । कर्म चेव तद्गीपं सदित्येवानिधीयते ॥ २० ॥

27. Stendlastness in sacrifices, in gifts and penances is also called Sat (perfect or real) and every action appeartaining to these or That is even called Sat [or Satharma:—good action].

अश्रद्धया हुतं दत्तं तपस्तसं कृतं च यत् । असदिरयुच्यते पार्थं न च तरप्रेत्य ना इद ॥ २८ ॥

28. That which is sacrificed, given and suffered as austerity, without faith is called Asat (imperfect or unreal), O son of Prithal it is neither [useful] in this world nor in the next.

Thus ends the Discourse of Shri Krishna with Arjuna, Discourse the Seventeenth entitled -

THE YOGA OF THE DIVISION OF THREEFOLD FAITH,

#### EIGHTEENTH DISCOURSE.

#### INTRODUCTION.

In the last Discourse, Bhagawan has explained the meaning of the formula के तत्सत् (Om-Tat-Sat) as expressive of the idea of the three-fold aspect of Brahma, and for the attainment of the knowledge relating to which Arjuna was directed to practice the Karma-Yaga. On hearing this doctrine proclaimed, Acj i ia felt somewhat confused, because the Vedas declare Shravana (hearing the exposition of the Vedis), to be the road to the knowledge of Brahma, and in order to qualify oneself for hearing the teachings of the Vedas, one has to enter into the order of Sanyasa ( the last of the four orders prescribed for the twice-born who have renonneed the world). And the Karma-Yoga with Yaday is and other religious acts, is prescribed to a house-holder, and not to a Yati, ( Sanyasi ). How then would it be possible for a house-holder to gain the knowledge of Brahma ny the performance of the Kirmas? This difficulty has been solved in Discourses V and VI by Bhagawan saying that Karmas performed without any desire for fruit but for Ishwara alone, constitute the true San Am. It is to this Sanyasa that text of the Veda सेन्यस्य अवर्ण झर्यात् (to hear the exposition of the Vedu one has first to become a Sanyasi) has reference, and not to the Ashrama Sanyasa (the Sanyasa as an order). This did not occur to Ariuna.

at this juncture, and so he kept on interrogating to himself as to how he could become a proper recipient of the knowledge, being a house holder. Were he to suppose that he was in his past birth a Sanyasi, this would not agree with the text of the Veda संन्यस्य श्रवणं क्यांत ; for the Vedas say that one should study the Vedas after attaining the order of Dwija (twice born). The supposition of his having been a Dwija in the past birth is therefore untenable here. Besides, the word of the Vedic text सन्यत्य does not imply any conception of time as regards the hearing of the exposition of the Vedas. If the text would have been संन्यासश्रवण क्योत्, it might have supported the idea of his having been a Sanyasi in the past birth; but the occurence of the word would reject such a meaning of the text. Conflicting thoughts like these flashed across the mind of Arjuna though he finally allowed himself to admit that the Vedas favoured the interpretation that one may acquire the knowledge of Brahma without ones having been an Ashrama Sanyasi. In like manner Yadnyavalkya and many other Rishis and king Janaka had gained this know-tedge through Karmayoga while not Sanyasis, being still in the order of householders.

The Tathagata, knowing his follower Yashas' inward thoughts, said, that though a person be ornamented with jewels, his heart may have conquered the

It therefore stood to reason to Arjuna that Sanyasa is the same as Karmayoga. But the Vedas say that for securing liberation or Moksha त्यागीनकन the essential requisite is "Tyaga" frenunciation 1 alone. Now another name for Tykga is Nyasa, ( abandonment of religious duties &c.), which means (Sanyasa. Such being the case, Yadnyavalkya, Janaka and others without being Sanyasis, were Ilvanmuktas (living emancibated beings ). Under these circumstances were Arjuna to understand the word Tyaga to mean Karmayoga as interpreted by Bhagawan Shri Krishna who is the Ingadguru (the preceptor of the world), this again would contradict the Vedas which say न कर्मणा न प्रजया ॥ He would thereforeask Bhagawan Himself to point out what constitutes Sanyas and what constitutes Tyags; for Sanyas is said to be of two kinds,\* and Tyaga

\* The two kinds referred to here are distinguished by the designations Vicidisha-Sundon and Victoria

senses. The outward form does not constitute religion or affect the mind. Thus the body of a Shamana may bear an ascetic's garb while his mind is immerced in worldliness. A man that dwells in lovely wood and yet covets worldly vanities, is a worldling, while the man in worldly garments may let his heart rear high to heavenly thoughts. There is no distinction between a layman and the hermit, if but both have banished the thought of self.—The Gerit of Bull as

( aband onment) is variously effected. Bhagawan Jagadguru in this Chapter will point out to Arjuna that Karm-Yoga implies the achievement of both Tyaga and Sanyas, Sanyas means the abandonment of the Kamya-Karma (religious acts done for a selfish object). Such abandonment would constitute Tyaga. By the precept न कर्मणा 50.....the Vedas prescribe religious acts done with the desire of gaining some object. and uphold the abandonment of desire for fruit. which in other words means nothing else but the performance of Karma-yoga. Not having comprehended this import of the Vedas. Ariuna in. <sup>t</sup>errogated Bhagawân on this point. He will say in this Chapter to Arjuna that even the performance of religious acts without desire for fruit does not free the performer from its binding effect, for they take him after death to the Pitru-Loka (regions where the Manes of humanity reside, whence he has to come down here again to undergo the troubles of life), unless the Karmas and their effects are offered to Him.

Sanyāsa. The former is achieved by giving up the wordly ties and religious duties performed by house holders in order to devote all the time to the study of the Vedas and the Yoga; the latter is accomplished by a knowledge of both the Vedas and the Yoga, for leading people to right path by precepts and example.

. Rarma-yoga is therefore that whereby the desire for fruit of Karmas is entirely offered to Ishwara. It also means Tyaga. Thus Sanyas being the abandonment of desire for fruit and Tyaga, the offering to Ishwar of the fruit of Karmas, why then would the teacher of the world speak at one and the same time of the abandonment of the fruit of Kamya karmas, (acts done with desire for fruit ) and of the abandonment of desire for fruit of all Harmas, if this was not the meaning, of the words Sanyasa and Tyaga which constitute Karma-yoga? When the Karma-Yogi performs actions (the Nitya Karmas) in accordance with the definitions given here of Sanyasa and Tyaga, then alone do the Nitya\* Karmas (daily religious -actions ) become harmless. The Lowkiki-Karmas (the same as Naimitla Karmas) are not referred to any where in this Discourse by Bhagawan for abandonment, nor has He recommended the abandonment of the Nitya-Karmas; still both these Karmas are binding on the doer, even though

<sup>\*</sup> There are Nitya and Naimittic Karmas. The nonperformance of the former constitutes sin, but their performance does not bring any righteousness to the performer. They must be done by men as their boundened duty. The latter can be done optionally. There is no sin in their nonperformance, but they bring on righteousness if performed. Naimittic Karmas are done occasionally.

they are not offered to Ishwara, for it is the nature of Karmas inevitably to fructify into effects. One who does not desire death dies by taking the poison and one who desires to die becomes immortal by taking the Neetar. Such is the nature of things, but a skillful physician changes the nature of poisons and makes them the means of prolonging the life and restoring the fost health. Thus Ishwara removes the binding effects of Karmas when offered to Him by making them the means of gaining knowledge that secures emancipation. Bhagawan has already resolved in the third Discourse यज्ञार्थास्त्रर्सणान्यत्र हो-कीयं कर्मबंधनः Il that the Karmas not performed for Yadnya (God Vishnu) become binding. It is therefore incumbent upon all to perform the Nitýa and Lowkika (ou Naimittie) Karmas and to dedicate them to Bhagawan or Ishwara, Thus this Discourse will be opened by Arjuna.

THE YOGA OF EMANCIPATION BY SANYASA.

धर्नुन उवाच--

संन्यासस्य महाबाहो तत्त्वभिष्ठामि वेदितुम् । त्यागस्य च हृपीकेश पृथकेशिनिपदन ॥ १ ॥

Anjuna said:—

1. I wish to know separately the real nature

of Sanyasa (renouncement), O of mighty arms. Rhishikesha (Lord of sense organs) as also of Tyaga (abandonment), O destroyer of the demon-Keshi!

#### श्रीभगवानुवाच-

काम्यानां कर्मणां न्यासं संन्यासं कवयो विदुः। सर्वकर्मफल्त्यागं प्राहुस्त्यागं विचक्षणाः॥ २॥

BHAGAWAN said :-

2. By Sanyasa, "Kavis (possessors of the know-ledge of Atma) understand the renunciation of the Kamya Karmas (actions done with desire for fruit) and by Tyaga, Vichakshana (wise) understand the performance of all Karmas by abandoning desire for fruit.

स्याज्यं दोषवदित्येके कर्ममाहुर्मनीषिणः। यज्ञदानतपःकर्म न त्याज्यमिति चापरे॥ ३॥

3. Some wise ment declare that [the performance of] Karmas should be renounced as being

<sup>\*</sup>For the definition of Sanyasa the reader is referred to Discourse VI. 1. The Sanyasa secured by abandoning the duties prescribed to a house-holder and by shaving the head, discarding the sacred thread and wearing the red cloth, is not meant here by Bhagawan.

<sup>†</sup> Here reference is made to the opinions of the followers of the Sankhya and of the Purva Mimansa.

Tull of evil, and the unwise say that Harmas of sacrifice, gifts and austerities should not be abandoned.

निश्चयं गृशु मे तत्र स्यागे भरतसत्तम । स्यागो हि प्रस्पन्यात्र त्रिविधः संग्रकीर्तितः ॥ ४ ॥

4. [Now] O eminent among the Bharatas I Hear My decision concerning that Tyaga (abandonment) which, O valient of men! is said to be of three kinds.

यत्रदानतपः क्म न त्याउयं कार्यमेव छत्। यत्रो दानं तपथेव पावनानि मनीपिणाम् ॥ ५॥

5. The Karma (actions) of sacrifice, gifts and austerities should not be abandoned, but should be duly performed, [for the performance of ] sacrifices, gifts, and austerities are the purifices of the minds of the wise.

एसान्यपि तु कर्माणि संगं त्यक्त्वा फलानि च। कर्तुंच्यानीति मे पार्थ निश्चितं मत्मुत्तमस्।। ६॥

6. But even these Karmas should be performed, O Son of Pritha! by giving up all attachments to

Philosophies on Karma-Yoga. Bhagawan designates the former as wise because they found out that Karmas were binding in their effects, whereas He calls the latter unwise for upholding that Karmas are the means of salvation.

them, and to their fruit. This is My decided opinion and it is the best opinion.

नियतस्य तु संन्यासः कर्मणी नोपपवते । मोहात्तस्य परित्यागस्तामसः परिकीर्तितः॥ ७ ॥

7. Verily, the giving up of the Karmas prescribed [by the Sankhya philosophy] is not proper. Their abandonment is through delusion and is said to be [of the quality of ] Tâmasik (dark.) [nature].

\* In the third verse of this Discourse the followers of Sankhya were characterized by Bhagawan as wise, but in this verse their teachings are condemned by Him as Tâmsi and mischievous, because by condemning Karmas they mislead those who have not reached the higher stage of knowledge. It is the intention of the Vedas and Shastras that the ignorant must perform the Kamya Karmas with the desire of gaining knowledge. They by doing so escape hell, and go to the heaven, and are reborn in a rich, family, and begin life again in order to acquire knowledge through Karmas, at the same time discarding the desire for their fruit and offering them to Bhagawan. But if they were to discard the Kamya Karmas they would not only lose the above mentioned advantages, but they would be reborn as miserable, wretched men, and ultimately as degraded and degenerated beings.

# दुःखिसत्येव यत्कर्म कायक्षेशभयात्यजेत्। स कृत्वा राजसं त्यागं नैव त्यागकलं लभेत्॥ ८॥

S. When Karmas are abandoned from fear of physical sufferings, saying [ that they are ] painful, such an abandonment is Rajasa-Tyaga. This does not secure the fruit of the [real] Tyaga.

कार्यमित्येव यत्कर्म नियतं क्रियतेऽर्जुन । संगं त्यक्त्वा फर्छ चैव स त्यागः सात्विको मतः॥९॥

9. When, O Arjuna! Karmas are performed, merely because they are required to be performed. [as duty ordained], abandoning attachment. [Kamya Karma or Karmas done with desire for fruit] as also their fruit, that Tyaga is Satwik.

न द्वेष्टयकुशर्उं कर्मे कुशरुं नाहपज्जते । त्यागी सत्वसमाविष्टो मेघावी छित्रसंशयः॥ १०॥

10. The Tyagi (abandoner) endowed with Satwa [quality or nature]; Medhavi (one who possesses the intelligence full of the knowledge of Self) and free from doubts, hateth not Akushala (unpleasant or inauspicious) Karmas, nor covets the kushala (pleasant or auspicious ones.)

#### निह देहस्टता शक्यं त्यक्तं कर्माण्यशेषतः। सस्तु कर्मफेड्रत्यागी स त्यागीत्यभिषीयते ॥ ११ ॥

11. It is not possible for an embodied\* being to completely abandon Karmas but he who abandoneth the fruit of Karma is verily to be called a Tyagi (abandoner).

## श्रानिष्टिष्टिष्टं मिश्रं च त्रिविधं कर्मणः फलम्। सनस्यस्यागिनां प्रत्य न तु संन्यासिनां कचित् ॥१२॥

12. Those who abandon not [ the fruit of Karmas] have hereafter for their Karmas three-dold fruit; good, evil and mixed; but to the Tyagi, there is none [of these].

If the Karmas or actions pertaining to the body are unavoidably done, why should one avoid the Karmas ordained by the Vedas? If one avoids them before attaining knowledge, the non-performance of these Karmas affect his future births as the non-performance of the Karmas pertaining to the body affect his present life. Hence the Sankhya Shastra is condemned by Bhagwan as misleading.

<sup>‡</sup> All Karmas whether good, bad or mixed bear their fruit which is only exhausted by enjoyment or suffering as Prarabdha (fructified) Karma, after which one has to begin life over again as the Sanchita

# · पंचेतानि महावाहो कारणानि निर्नोध से। सांख्ये कृतांते प्रोक्तानि सिद्धये सर्वकर्मणास्॥ १३॥

13. Here from Me, O of mighty arms! the five

(accumulated) Karmas fructify. Another law of Karma is that the constant doing of righteous deeds increases the stock of righteousness and diminishes the stock of bad Sanchita Karma. Similarly when sinful acts are constantly done, the stock of sin increases and the stock of righteousness diminishes. Rebirths are regulated by the prevailing evil or righteous desire at. the time of death. Some portion of one's good and. bad actions goes to form one's stock of Sanchita Karma, and the rest is after death first enjoyed either. in heaven or hell, and is then carried over again to this world according as his Prarabdha Karma brings on suffering and misery or enjoyment and happiness. It is very difficult to understand the operations and working of Karmas. Bhagwan Shri Krishna has, therefore said in ch. IV, 17 that it is hard to understand the working of Karmas, but one should wish to. gain some knowledge of its operation. One must read the Karma-Vipaka written in Sanskrit by several Rishis. But Karmas of any kind do not affect the Dnyani or the emancipated one. They vanish in his case like the imaginary serpent seen in a rope. The effects of Karmas only affect the ignorant as does the imaginary serpent those who are full of fear.

principal causes [arising from the Prakriti], spoken of by the Sankhya and Kritanta (Vedanta) which are for the accomplishment of all Karmas.

### अधिष्टानं तथा कृती क्रणं च पृथ्विष्टम् । विविधाश पृथक् चेष्टा दुवं चेवाय पंचमस् ॥ १४॥

14. They are Adhistithana (body), the actor (Ahankar or egoism), the various instruments organs of sense and action), and the different and separate endeavours of [Franand other vitalairs]\*

<sup>\*</sup>The principal vital airs are five, which are said to be the modifications of the breath or Prana. They are named differently according to the functions they perform in the different parts of the body. It is praga which enters through the nostrils into the lungs and is expelled through the same passage by the rising up of another breath called Apana. The seat of Prana is the lungs and of Apana is about the region of the rectum. It is Apana that keeps all other vitalairs in control. At the time of death it is this air that is first disturbed and leaves its seat and loses its fusctions, and then the rest follow suit, and then all uniting together just as the region of the heart depart leaving the body dead. The vital air that keeps up the nervous system active and in order, is called Vyana. Udava is that vital air which is located in

and the fifth, the Daiva (the gods that friside over the organs and make them function).

## शरीरवाद्यानोभिर्यस्कर्म प्रारमते नरः। न्याय्यं वा विपरीतं वा पंचेते तस्य हेतवः ॥ १५॥

15. Whatsoever Hurma man does with this body, speech and mind, whether proper or impro-

the region of the threat and accormaintes the traches or the wind-pipe in the expulsion of any foreign substances injurious to the lungs, &c. The Samana vital air is that which keeps at the need and helps the stomach, the liver, spleen the rest of the abdomenal viscora in performing their respective functions.

There are besides these, other five subvital airs which are named respectively Nava, Karma, Erikala, Devadatta and Dhananjaya. The function of Niga is to cause belching and hick-cough, that of Karna, to protect the eyes from injury by the involuntary shutting up and opening of the cyclids. That of Krikals, hunger and digestion of food; that of Devadatta to cause yawning, and of Phananjaya to cause decomposition of the body after death.

\* Every thought of man upon being envolved passes into the inner world, and becomes an active entity by associating itself, coalescing we might term it, with

per, these five are its causes [They must therefore be watched strictly].

# तन्नैवं सति कर्तारमात्मानं केवछं तु यः। परयत्कृतद्वदिखान स परयति दुर्मतिः॥ ९६॥

16. This being so, he who verily looketh on his immaculate Self (Atma) as the actor, [when it is

an elemental—that is to say, with one of the semiintelligent forces of the Kingdom. It survives as an active intelligence—a creature of the minds, begetting for a longer and shorter period proportionate with the original intensity of the celebral action which generated it. Thus a good thought is perpetuated as an active benificent power, an evil one as a maleficent demon. So man is continually peopling his current in space with a world of his own, crowded with ollsprings of his fancies, desires, impulses passions, a current which reacts upon any sensitive or nervous organisation which comes in contact with it, in proportion to its dynamic intensity. The Budhist calls this his "Skandha," the Hindu gives it the name of "Karma." The adept evolves these shapes consciously: otherwise throws them off unconsciously. Men must therefore, always watch their minds, not commit Karmas that will generate evil in this world, that may affect him as well as others.—Lucifer, July 1895 page 380.

anconcerned] through his mental imperfection perverted understanding, seeth not rightly.

## यस्य नार्हकृतो भावो द्विदियस्य न जिप्पते । इत्मापि स इमाँलोकाल दंति न निनद्वयते ॥ १७ ॥

17. He who is free from egoism, and whose understanding is not elogged though he killeth fall] these peoples, yet he slayeth them not; nor is he fettered [by their act].

## ज्ञानं जेयं परिज्ञाता ग्रिविधा कर्मचोदना । करणं कर्म कर्तेति त्रिविधः कर्मसंग्रदः ॥ १८॥

18. The impulse to Karma (action) is threefold: the knowledge, the object of knowledge, and the knower; and the constituents of action are three fold; the instrument, the act and the agent.

# ज्ञानं कमें च कर्ता च त्रियैव ग्रुणभेरतः। जीच्यते ग्रुणसंख्याने यथावच्छुछ तान्यपि ॥ १९॥

19. Knowledge, action, and actor are also declared to be threefold according to the difference of qualities. Hear, they really are as chumerat — ed in the Bankhya [philosophy].

## सर्वभूतेषु येनैकं भावमन्ययमीक्षते । अविभक्तं विभक्तेषु तज्ज्ञानं विद्धि सात्विकम् ॥ २०॥

20. Know thou that knowledge to be Satwik' by which one perceives the One Imperishable existence in all creation and not separable in separate things.

The Satwika dryana or wisdom of seven grades which may be called seven steps in the ladder that leades to the highest spiritual condition. These steps are called in Sanskrit the "Sapta Bhamica" These are ascended one after the other through the needed perfection attached to each. The first step in the ladder is called—

The "Shubhechehe," or good desire. It treats of the importance of human birth, as the outcome of righteousness acquired through many past births, and it could not be trifled with lest the opportunity gained to make the best use of it might be lost. Good desires heighten aspiration and fits one to the accomplishment of the four Sadhanas called the Sadhana-chatustaya. These are as follows—Viveka (discriminating thought that sifts real from the unreal); Vairagya (aversion for desires); (Samadishatsampatis consisting of Shama or control of mind, Dama or control of sense organs, Utarati or aversion for all-kinds of pleasures and Titiksha, or indifference to pains and suffering, Shraddha or faith in the



## यतु कृत्लवदेकस्मिन् कार्ये सक्तमहेतुकम् । अतत्त्वार्थवदल्पं च तत्तामसम्रदाहतम् ॥ २२ ॥

22, That [knowledge] which clingeth to a single object, as if it were every thing and is without [any] reason and without real principle and limited [in perception], is declared Tamasa knowledge.

mind and training it to Samadhi is all important. The fourth step is, the Satwapatti or self-conquest. These four stages from the course of training, and the following three stages indicate the stages of the progressive perfections of adepts. On this Bhumica (stage) the aspirant is able to concentrate his mind on Samadhi, and experience the blissful condition of Atma. He sees that all creation is his own reflection and realizes his own expansion in the universal being. This state is called the Dnyanavastha or the state of wisdom. It is also called the Savihalpa-yoga. fifth step in the ladder is, the Asamsakti or extinction of desires. In this state a complete absorption of selfin Samadhi is experienced like that in sound step. This state is called the Nirvikalpasamadhi. The sixth stép is called; the Padarthaharini or the absence of the thought of separate existence. In this stage the person lives as an ordinary man in the world, but . feels his own existence to be inseparable from Ishwara. He therefore feels himself as deified and possesses : she six qualities or attributes of Ishwara. He lives

#### नियतं संगरिहतम्रागद्वेषतः कृतम् । अक्छप्रेप्सना कमे यत्तरसारिवकमुच्यते ॥ २३ ॥

23. An action that is ordained, and which is free from attachment, which is not done from motives of affection, or intred and done without desire for fruit, is called Satwika Barma.

### यतु कामेप्सुना कर्म साहंकारेण वा पुनः। क्रियते बहुटायासं तदाजसमुदाहतम्॥ २४॥

24. But that action which is done with a longing for desire or with feeling of egoism, or with great trouble, is said to be of Rajasa quality.

in the world to help humanity in its spiritual progress. A person in this stage is called a Jivanmukta like Sanaka, Narada, Vamadeva, Dhruva, Prahlhada, Vyasa, Shuka, and such others. The last step is the Tayaga or perfect condition. One in this stage is unconscious of his own person and wants or surroundings. He goes about as a mad man to all appearance, but he is entirely absorbed in Nigama. Brahma. Such persons are called Videha Muktas, because all their desires are extinct, and after the death of their bodies they are not reborn but get into the state of Nirwana; such were Jadabharata, Rishabhadeva, the king Janaka and such others.

# अनुवंधं क्षयं हिंसामनपृक्ष्यं च पौरुषम्। सोहादारभ्यते कमे यत्ततामसमुच्यते॥ २५॥

25. The action which is commenced from delusion without regard to [good or bad] consequences, loss or injury [to other persons or creatures] and to ones own strength, is called Tamasi.

# सुक्तंत्रगाँऽनहेवादी धरयुत्साहसमन्त्रितः सिद्ध्यसिद्ध्योनिविकारः कत्ता साविक उच्यते ॥२६॥

26. The actor is said to be of Satwika nature, when he is free from attachments and egoism and has courage and energy, and who is the same in fuccess and defeat.

### रागी कमेफलप्रेप्सुर्जुन्धो हिंसात्मकोऽग्रचिः॥ हर्षकोकान्वितः कर्ताः राजसः परिकोतितः॥ २७॥

27. The actor is said to be Rajasa when he is full of affections, desiring to secure fruit of action, coveteous, harmful, impure, and subject to pleasure and pain.

The words Kshaya (destruction) and Hinsa (giving pain) referred to in this verse in connection with Karma (sacrifies) are the killing of sleep in the Somayadnya by giving oneself incessant blows with the fist on the abdomen.

## अयुक्तः प्राकृतः स्तव्धः शठो नैप्कृतिकोऽल्सः । विषादी दीर्धसूत्री च कत्ती तामस उच्यते ॥ २८॥

28. When a person is inattentive to work, without discernment, stubborn, deceitful, malicious, slothful, despendent, and dilatory, ac is called Tamas.

#### इद्वेभेंदं धृतेश्चेत्र गुणतिकृतिषं गृणु । प्रोच्यसानसशेषेण पृथक्त्वेन धनंजय ॥ २९ ॥

29. Hear [from Me], O conqueror of foes! the threefold division of Buddhi (understanding), as well as of Dhriti (firmness), which I shall describe according to their qualities separately and exhaustively.

## प्रवृत्ति च निवृत्ति च कार्याकार्ये भयाभये । वंध मोक्षं च या वेत्ति बुद्धिः सा पार्थ सालिकी ॥३०॥

30. That understanding is Satwika, which inoweth Pravritti (attachment to the pleasures of the world) and Nivritti (cessation of, or disregard for, worldly pleasures or the pleasures of

<sup>\*</sup>The Satwa Buddhi or Chitta, the reflecting faculty of mind mentioned belongs to aspirants to spiritual elevation. It undergoes in the course of its training our stages of development which are distinguished.

the senses) and discerneth what ought and ought not to be done, fear and absence of fear, bondage and deliverance. O Son of Prithal

# यया धर्मभधर्म च कार्यं चाकार्यमेव च ।

अयथावत्प्रजानाति बुद्धिः सा पार्ध राजसी॥ ३९॥

31. 'Know that understanding to be of Rajasa [quality], O Son of Pritha! by which one wrongly understandeth Dharma (right) and Adhar of

by the names of Vikshiptata, Gatayata, Samshlishyata and Sulinata.

Vihshiptata is the condition of mind possessed by a beginner in Yoga aiming at constant steadiness through ceaseless effort in the manner prescribed in the Yoga Shastra.

Gathyath is the state of half mental steadiness reached through the practice of Dharana. The mind in this condition constantly slips away from the object of thought and has to be brought back over and over again.

Samshlishtatā—In this state the aspirant experiences the blissful Atmic condition in Samadhi wherein fixed as by enchantment, the mind no more wanders about.

The last state of the aspirant's mind is called Sulinata in which the mind is completely absorbed in Bramha, and suffers no change in conditions.

(wrong), and also what ought to be done, and what ought not to be done.

अथर्मं धर्ममिति या मन्यते तमसा वृता । सर्वार्थान् विपरीतांश्च बुद्धिः सा पार्य तामसी॥३२॥

32. The understanding, O Son of Pritha! which, enveloped in darkness, thinketh Adharma (wrong action) as Dharma (right action) and taketh all the ordinances [ of the Vedus and Shastras ] with perverted meaning, is Tamasi.

शृत्या यया धारयते मनः प्राणेंद्रियक्रियाः । योगेनाव्यभिचारिण्या धृतिः सा पार्थ सात्विकी॥३३॥

33. That Dhriti (understanding) which by Yoga Dharana 3. holdeth the mind and Pranas (life breath) and the sense as inseparably one with Brahma is Satwika.

ययां तु धर्मकामार्थान् पृत्या धारयतेऽर्जुन । प्रसंगेन फलाकांक्षी पृतिः सा पार्थ रीजसी ॥ ३४॥

34. Know that to be the Rhjasa understanding O Son of Pritha! by which one holdeth fast to the Dharma\* (religious duties), Kama (attachment

<sup>\*</sup> Dharma, Kâma, Artha and Moksha are called in the Shastras, the four Purusharthas (objects of human aspiration) and are said to be attainable before death

for worldly objects) and Artha (wealth) [as duty] and desireth their fruit [in this world and the next].

यया स्वप्नं भयं शोकं विषादं मदमेव च । न विसंचति दुर्में या पतिः सा पार्थ तामसी॥ ३५॥

35. That, O Son of Prithal is the Tamasa understanding, by which a Durmedia (evilminded) person fails to shake off sleep, fear, grief, despendency and folly.

छलं त्विदानीं त्रिविधं युख में भरतर्षभ । अभ्यासादमते यत्र दुखांतं च निगच्छति ॥ ३६ ॥ यत्तदये विषयिव परिणामेऽसृतोपमम् ।

तरसुखं सारिवंक प्रोक्तमारमहोद्विप्रसीदंजम् ॥ ३७ ॥ 36-37. Now, hear thou from Me, O chief of the descendants of Bharata! concerning the three-

by every one seeking happiness in this world and the next, and ultimately to attain Moksha (liberation) the last Purushartha. The first Purushartha Dharma demands the performance of religious duties. The Purushartha Kama—demands satisfaction of legitimate desires for rising higher in life here and hereafter. The Purushartha Artha demands the acquirement of wealth by proper means for using it on proper religious and charitable objects. These three Purusharthas are the means of attaining the fourth Purushartha—Moksha.

fold happiness. That in which one experiences delight from practice [ of Yoga ] which puts end to pains; that which is like poison at the beginning, but nectar f in the end, that happiness is Satwika, born of tranquility gained from the knowledge of Self.

विषयंदियसंगोगाधत्तद्येऽसृतोषमम्। परिणामे विषमिव तत्सम्यं राजसं स्मृतम्॥ ३८॥

38. That which is like nectar at the beginning but poison in the end is the happiness of the Rajasi nature, arising from the contact of the senses with their objects.

यद्ग्रे चात्रवंधे च स्रवं मीहनमात्मनः । निदालस्यप्रमादीत्थं तत्तामसमुदाहतम् ॥ ३९ ॥ 39. That pleasure which in the beginning and

taken as meaning amadhi. When the mind is absorbed in Samadhi, all painful mental aberrations disappear. This Samadhi is not Jadasamadhi (catalefue) but perfect absorption in the Deity through the Nirvikalpa and Savikalpa Yoga, in other words the Raja-Yoga.

<sup>†</sup> In the beginning the practice of all the modes of Yoga are labourious and very painful, but once the state of Samadhi is secured, the pleasure derived thereby is indescribable and eternal, and it would secure Immortality.

in the end deludes the Âtma (Self.) and which ariseth from sleep, sloth, and heedlessness, is of the Tamasa quality.

### न तदस्ति पृथिव्यां वा दिवि देवेषु वा पुनः। सत्वं प्रकृतिजेर्सुकं यदेभिः स्यात्रिभिग्रेणैः॥ ४०॥

40. There is nothing on the earth nor in heaven among the Gods or even in the region above (Brahma Loka) that is free from the three qualities springing from Prakriti (the Mala Prakriti or the Shuddha-Satwa Mala-Mâyâ.

# त्राह्मणक्षत्रियविशां सदाणां च परंतप । कर्माणि प्रविभक्तानि त्वभावप्रभवेर्गुणैः ॥ ४१ ॥

41. The duties\* of Brahmana, Kshatriya, Vaishya, and Shudra, O Chastiser of foes! are distriguted according to these [three] qualities born of their own natures.

शमो दसस्तपः शोचं क्षांतिरार्ज्वमेव चा 🐇

ज्ञानं विज्ञानमास्तिक्यं व्रह्मकर्म स्वभावजम् ॥ ४२ ॥ 42. The control of senses, and restraint of

<sup>\*</sup> Chapters XVII and XVIII of Sch. XI of Shrimat Bhâgawat are devoted to the subject of the origin and duties of the four Varnas (classes) and the Orders the persons belonging to them are to undergo. Also see Vishnu Purana, Book I, Chapter 5, and Manu Samhiti.

mind, austerity, parity [of mind, vody and speech] wisdom, knowledge and faith, these are the Brahman's natural Barman (duties).

## तीर्यं तेजो पृतिदाह्यं युक्ते चाष्ययदायनम् । दानमीत्रसमायद्य धायं फर्म स्यभावजम् ॥ ४६ ॥

43. The natural duties of the lighteriya are valour, glory courage, dexterity, fearlegeness in battle, generosity and fordly bearing.

कृषिगोरध्यवाणिज्यं वैद्यकर्म स्वसावजम् । परिचर्यासम्बं कर्म शदृरयापि स्वभावजम् ॥ ४४ ॥

44. The natural duties of the Vaishya are agriculture, tending cattle, and commerce; and of the Shudra, service [ to above three classes.]

ह्वे स्वे कर्मण्यभिरतः संसिद्धिं छभते नरः । स्वकर्मनिरतः सिद्धिं यथा विदति तच्छुणु ॥ ४५ ॥

45. He who is intent on performing his own duty attaineth perfection [in spiritual developement]. Hear thou now how perfection is attained by him who is content in his own Karmas.

यतः प्रवृतिर्भूतानां येन सर्वमिदं ततम् । स्वकर्मणा तमभ्यर्वं सिद्धिं विद्ति मानवः॥ ४६ ॥

46. He who through the performance of his

duty (Karmas pertaining of his class) worships Him, from Whom have sprung all beings, and by Whom all this has been pervaded, attains perfection.\*

### श्रेयान् स्वधमी विगुणः परधमीत्त्वन्नष्ठितात् । स्वभावनियतं कर्म कुर्वन्नामीति किल्बिषम् ॥ ४७ ॥

47. Karmas of ones own class, through they may appear defective, are better than duties of other class well performed. By performing acts belonging to ones own nature (class) one incurrett no sin.

# सहजं कर्म करिय महोप्मपि न त्यजेत्। सर्वारमा हि दोषेण धूमेनाग्निरिवावृताः॥ ४८॥

48. One must not abandon a natural [duty born

\*This verse refers to the two aspects of Brahma, viz one the primal source and the other the creation issuing therefrom. The former aspect is indicated by the vedic formula dealer (thou art that), which means that all is His manifestations, and His real aspect is indicated by the other formula Haging as fall without exception is Brahma), there is nothing that is not Brahma, that is to say that both the Manifested and Unmanifested are Brahma. Aspirants to so lofty an existence of Self in Brahma, must adore Him and offer Him all the works appertaining to ones own class. This is the gist of the verse.

with his class ], O Son of Runti! though attended with evil; for all actions are enveloped by evil as fire with smoke.

्असफ्ततुद्धिः सर्वत्रं जितात्मा विगतस्त्रहाः। नष्कम्येसिद्धिं परमां संन्यासनाधिमन्द्रति,॥ ४९ ॥

49. He whose understanding is unnit ched everywhere, and keepeth himself under control and free from desires, and performeth his Karma in Sanyasa (with resignation), attained the Nish-tarma Siddhi (perfection gained without desire for fruit).

सिद्धिं शासी यथा ग्रह्म तथाप्राति निवाध में। समासेनेव कॉतय निष्ठा ज्ञानस्य या परा॥ ५०॥ 50. Learn from Me, in brief O Son of Kunti!

how one who has attained the Nishkarma Siddin, obtaineth Brahma, the highest end of wird im, तह्या विशुद्धया युक्ती धुरवास्मानं नियम्य च ।

वृद्ध्या विशुद्धया युक्ता घृष्यातमान् नियम्य च । शब्दादीनिवपयांस्त्यक्त्वा रागद्वेपा व्युदस्य च॥५१ । विविक्तसेवी लघ्वाशी यतवाद्यायमानसः । श्मानयोगपरो नित्यं वराग्यं समुपाधितः ॥ ५२ ।। अर्द्धकारं वर्लं दर्पं कामं क्षोषं परियहम् । विमुच्य निर्ममः शांतो ब्रह्मसूयाय कल्पते ॥ ५३ ॥

51.-53. Having become endowed with purified understanding, controlling self with firmness, and

renouncing sound (music) and other objects of the senses, and by giving up love and hatred, resorting unfrequented places, cating in moderation, mind, body and speech controlled, and constantly intent upon meditation, and practising Vairagy a (indifference to all things), abandoning egoism, stubbornness, arrogance, desire, anger, and surroundings, free from selfishness and keeping calm, a man becomes fit for union with Brahma.

# ब्रह्मभूतः प्रसन्नात्मा न शोचिति न कांक्षति । समः सर्वेषु भूतेषु मद्भक्ति उभते पराम् ॥ ५४ ॥

54. When united with Brahma and tranquil in Self, he giveth not, desireth not, and heing equal-minded towards all beings he obtaineth My highest devotion.

भक्तया मामभिजानाति यावान्यश्रास्मि तस्वतः । ततो मां तस्वतो ज्ञात्वा विशते तद्नंतरम् ॥ ५५ ॥

55. By devotion he fully knoweth Me; What My extent is and what I am, and having known Me thus in reality instantly he entereth into Me.

सर्वकर्माण्यपि सदा कुर्वाणो मद्यपाश्रयः । मत्प्रसादादवाप्रोति शाश्वतं पदमन्ययम् ॥ ५६॥

56. [Once] having taken refuge in Me, [if he even] performed all actions constantly, through My grace, he obtaineth the eternal indestructible abode.

# चेतसा सर्वप्रमाणि मधि संन्यस्य मत्परः। दृद्धियोगमुपाश्रित्य मश्चितः सततं भव ॥ ५७ ॥

57. Mentally dedicating all his actions to Me, and holding Me alone as the Great God and resorting to Buddhi-yoga\*[controlling the thinking, faculty called Chitta by means of understanding] he remains for-ever in Me in thought.

मिचित्तः सर्वदुर्गाणि मत्त्रसादात्तरिष्यसि । अथ चेत्वमहंकाराज श्रोष्यसि विनंहयसि ॥ ५८॥

58. [Thus keeping] fixed thy thought on Me shalt thou through My grace transcend all the obstacles, but if through egotism thou wilt not listen [to My advice], thou shalt be ruined.

यद्दंकारमाश्रित्यं न योत्स्य इति मन्यसे । मिण्येप व्यवसायस्ते प्रकृतिस्त्वां नियोक्ष्यति ॥५९॥

59. Wert thou to take refuse in egotism, and think that thou shouldst not fight, thy resolution would be vain, for thy nature [of which thou art born as warrior] will compell thee [to fight].

<sup>\*</sup>Buddhi-yoga is reached by understanding and realizing the identity of the Nirguna and Saguna Brahma or the Unmanifested and the Manifested Brahma through the exercise of Buddhi or intellect.

# स्वभावजेन कौतेय निवदः स्वेन कर्मणा।

कर्तुं नेच्छसि यनमोहात्करिष्यस्यवशोऽपि तत्॥ ६०

60. O Son of Kunti I being bound strongly by duty born of thy nature [of the Kshatriya class] that which through delusion thou wishest not to do, that thou wilt even involuntarily perform.

ईश्वरः सर्वभूतानां हृदेशेऽर्जुन तिष्ठति ।

आमयन्तर्वभूतानि यंत्रारूढानि मायया ॥ ६१ ॥

61. The Lord dwelleth in the hearts of all beings, O Arjuna! and by His Maya. He maketh all creatures move to action, as though mounted on a machine.

तमेव शरणं गच्छ सर्वभावेन भारत।

तत्प्रसादात्परां शांतिं स्थानं प्राप्स्यसि शाश्वतस्॥६२॥ 62. With\*all thy heart surrender thyself to

62. With\*all thy heart surrender thyself to Him, † O of the race of Bharat! Thou will by His

\* Sarva-Bhava means entire surrender of self and egoism of every kind when aspiring to absorption into the Diety. By surrendering them Arjuna is assured of attaining the blissful state of Parabrahma otherwise known as Parama-Dhama.

† Bhagawan says in Bhagawat, Sch. XI ch. XX. 30, that having realized Him as the All pervading, the impurities of the heart (described in the original text as a knot that cannot be loosened) are torn asunder all the doubts of the mind are dispelled, and the effects of the Karmas past and present die out.

grace obtain the highest tranquility, and the everlasting seat.

इति ते ज्ञानमाख्यातं गुलाहलतरं मया। विमुख्येतदशेषेण यतेच्छिति तथा कुरु ॥ ३३ ॥

69. Thus both knowledge more seeret than all scerets been told to thee by Me; after pondering on it fully, act thou as thou desirest.

सर्वगुष्यतमं भूयः शृषु मे परमं वचः । इष्टोऽसि मे दृढमिति ततो वक्ष्यामि ते हितम्॥ ६४।ः

64. Listen thou again to My supreme word, which is the greatest secret of all [secrets]. Thou being of resolute mind and most beloved of Me, I speak what is for thy benefit.

मन्मना भव मङ्कतो मात्राजी मां नमस्कुरः। मामेवेष्यसि सत्यं ते प्रतिजाने प्रियोऽसि मे ॥ ६५॥

65. Place thy mind on Mc, become My devotec, worship Me, prostrate thyself before Mc, I declare unto thee that thou shalt come† unto Mc, for thou art dear unto Mc.

<sup>\*</sup>The reader is referred to the interesting and instructive article on Bhakti from the pen of our devoted brother, Mr. P. Shrinivasa Rao, in the *Theosophist*, Vol. 1X, p. 738.

<sup>†</sup> In the Bhagawata, Sch. XI, Ch. XVI, 42, Bhaga-

सर्व धर्मान्परित्यज्य मामेकं शर्ण वज । अहं त्वा सर्वपापेभ्यो मोक्षयिष्यामि मा ग्रचः ॥ ६६॥ 66. Leaving all Dharmas\* (duties), come unto

wan suggested to Uddhava the easiest mode of practi, sing Yama (controlling the mind) and Niyama (controlling the sense organs) by singing His praises with devotion and engaging the other faculties in His service-namely mind in His contemplation, Prana in Pranayama, Buddhi in discernment, and soul (jiva) inaspiring to eternal Bliss.

\*Now in requiring the abandonment of Dharmas (properties) done with egotism of the bodily senses and the mind and without observing the prescribed religious duties as understood and interpreted by many translators and commentators of the Gita, would it be possible to interpret Bhagawan as meaning that one should destroy the Dharma which He has reconstructed and recommended as Karma-yoga? Karma-yoga is essential to the attainment of the knowledge required for securing liberation. It is only in the case of those who have reached that stage of knowledge that the performance of Karmas is optional, and their, abandonment does not affect them as said in the Gita, निव तस्य कृतनार्थी नाकृत नह नश्चन !! by abandoning the Karmas the Dnyani does not commit sin.

Me alone as thy reluge, grieve not, It will absolve thee from all sins ‡

†Bhagawan said to Uddhava that he need have no fear of re-birth since he of all men was devoted to Him. Bhagawat Sch. XI ch. XII. 15.

The word Papa has reference to the Sanchita and

<sup>\*</sup> The word (one) used conjointly with the word माम (to mc) in the verse is interpreted by many translators and commentators to mean "to Me alone." has an entirely different signification which seems to have escaped them. The expression मामेकं means "to Me' who pervades the Manifested and Unmanifested natures, as One without a second. This kind of submission or devotion recommended to Arjuna by Bhagawan is not a simple submission, but a devotion combined with the knowledge of the unity of Self with Paramatma. It is therefore consistent with the doctrine of the Vedas which lays down that liberation is to be got through knowledge alone. Bhagawan says in Ch. VII, 19, that the Dnyani without devotion to Him as One without a second attains liberation through many rounds of re-births. From this it is clear that even to the Dnyani devotion is essential for securing liberation. This has been further confirmed by Bhagawan in Ch. X, 11, where He says that He by the light of knowledge alone expels the darkness of ignorance (but He does not gire liberation).

### इदं ते नातपस्काय नाभक्ताय कदाचन । न चाग्रश्रूपवे वाच्यं न च मां योऽभ्यस्यति ॥ ६७ ॥

67. This [secret teaching] thou shalt not divulge to any one who is not\* practising [religious austorities, nor to one who is not a devotee, nor to one who doth not wish to listen (to a preceptor's advice), nor to one who speaketh evil of Me.

the Kriyamina Karmas. Bhagawan assured Arjuna that He would release him from these (or make him free from rounds of re-births). But the Vedas say these Karmas do not become non-effective without a knowledge of Self, Bhagawan therefore asked him to give up all other Dharamas (worships including the performance of Karma-yoga as mentioned in the preceding verse) and worship Him; such devotion would then secure His favour, and He would present Himself to the devotee in human form as Guru to help him to acquire the Self-liberating knowledge.

This is the whole substance of the teaching and secret conveyed to Arjuna by Bhagawan in the three verses 64 to 66.

\* Here Shri Krishna speaks of the disqualifications and impediments in the way of people seeking knowledge such as that imparted by Him in the Gita, and of the qualifications of the Guru or preceptor mentioned in Ch. IV, 34. Besides, it is declared, as in the Shrutis, Smritis and the Puranas, that the teacher of spiritual science ought to be a Sthitapradnya (one

### य यदं परमं गुणं मङ्क्षेष्वभिधास्यति । भक्तिं सयि परां कृत्वा मामेवेष्यत्यसंगयः॥ ६८॥

68. He who will declare this greatest of secrets

who has reached adeptship), perfect in the knowledge of the Vedas, capable of impressing his hearers and eloquent. All others who do not possess these qualifications are not qualified to preach, teach or expound the spiritual science. There might be some who have been able to attain perfect knowledge of Self by virtue of righteous actions performed in the past birth, but they are not yet fit to teach, as they are not able to bring home the knowledge of Atma to their deciple or hearers. At present the majority of teachers or preachers of religion and philosophy are like the blind who presume to lead the blind. Without a mastery of the Sanskrit Grammar and of the Vedanta, the Vedas are incomprehensible: without a perfect knowledge of the Vedas; it is impossible to grasp the knowledge of Atma, and without a knowledge of Atma it is not possible to aspire to Parabrahma, Such being the disqualifications of the teachers and precept tors of the present day, Muktabai, the sister of Dnyaneshvara, the great Yogi and the Sadhu of Maharashtra, once asked her brother Dnyaneshwara not to take upon himself the responsibility as a public preacher, but advised him rather to enlighten himself first and then try to save others.

unto My devotees, extolling My devotion, he will offer unto Me the highest devotion, and he will undoubtedly come unto Me.

न च तस्मान्मतुष्येषु कश्चिन्मे प्रियकृत्तमः । भविता न च मे तस्मादन्यः प्रियंतरो सुवि ॥ ६९ ॥

69. There is none among men who performeth a dearer act to please Me than he, nor shall there be any one more beloved by Me on this earth.

अध्येष्यते च य इमं धर्म्यं संवादमावयोः । ज्ञानयज्ञेन तेनाहसिष्टः स्यामिति मे मतिः ॥ ७० ॥

70. He who will study this holy Dialogue concerning the knowledge of the duties between us, both shall have offered unto Me the sacrifice of knowledge; this is My opinion.

श्रद्धावाननसूयश्च ग्रुणयादपि यो नरः। सोऽपि मुक्तः ग्रुभाँहोकान् प्राप्तुयाःखण्यकर्मणाम्॥७१

71. He who will hear this [Dialogue] with faith and without cavil, will be emancipated, and will attain the pure region (Brahmaloka), the heaven of the pious.

कचिदेतच्छूतं पार्थं स्वयैकाग्रेण चेतसा । कचिद्जानसंमोहः प्रनष्टस्ते धनंजय ॥ ७२ ॥

72. Hast thou heard this with uninterrupted

Mind, O Son of Pritha 1 Is thy delusion, sprung from ignorance, destroyed? O conqueror of wealth!

मर्जुन उवाच-

नष्टो मोहः स्मृतिर्ल्टच्या त्वत्प्रसादान्मयाच्युत । स्थितोऽस्मि गतसंदेहः करिष्ये दचनं तव ॥ ७३ ॥

ARJUNA SAID:-

73. My delusion, O Achehuta (one unmoved or unshaken)! is destroyed, through Thy grace; L have gained the knowledge of Truth. My doubts have been dispelled. I will act as Thou biddest.

संजय उवाच-

इत्यहं वासुदेवस्य पार्थस्य च महात्मनः । संवादिमिममश्रोपमद्भुतं रोमहर्षणम् ॥ ७४ ॥

SANJAYA SAID :-

74. Thus I heard the Marvelous Dialogue between Vasudeva and the High souled Partha (Son of Pritha), causing My hair to stand on end.

**च्यासप्रसादाच्छ्रुतवानेतद्वद्यमहं परम्।** 

योगं योगेश्वरात्कृष्णात्साक्षात्कथयतः स्वयम् ॥ ७५ ॥ः

75. I heard by the favour of Vyasa this great secret [the doctrine of] Yoga from Krishna the Master of Yogis.

## राजेन्संस्मृत्य संस्मृत्य संवादिमममद्भुतम् । केशवार्जुनयोः पुण्यं हृष्यामि च सुहुर्महः ॥ ७६ ॥

76. O King! Pondering again and again over this wonderful and holy dialogue between Krishna and Arjuna, I rejoice again and again.

तच संस्मृत्य संस्मृत्य रूपमत्यद्भृतं हरेः। विस्मयो मे महान् राजन् हृण्यामि च पुनः पुनः॥७७॥

77. And recalling over and over again that most wonderful form of Hari, O King! [to My mind] great is My astonishment, and I rejoice again and again.

यत्र योगेश्वरः कृष्णो यत्र पार्थो घतुर्घरः। तत्र श्रीविजयो भूतिर्धवा नीतिर्मतिर्मम ॥ ७८ ॥

78. Whenever is Yogeshwara (Lord of the zeonderful power of manifestation) Krishna, or wherever is the Son of Pritha, the holder of the bow, there in my openion are sure to be fortune, victory, prosperity and joy.

Thus ends the Discourse of Shrt Krishna with Arjuna, Discourse the eighteenth entitled—

THE YOGA OF LIBERATION BY RENUNCIATION.

# CONCLUSION OF THE GITA.

At the end of the last chapter Bhagawan blessed the Gita by enumerating the benefits to be derived by hearing it expounded, by its reading, and its exposition to others. Those who do this are of two classes, one comprising all those who have attained the knowledge of the Shastras and Atma. The superiority of their position is beyond description. Leaving therefore these out of consideration we shall confine ourselves to the other group. namely those learned in the Shastras, but who have not attained the knowledge of Atma, though aspiring to it by hearing the Gita read and expounded by those who have attained to the higher knowledge. All these readers of the Gith are called Bhaktas or devotees, and are divided into four classes by Bhagawan in Ch. VII. To any one of these\* who have a longing for the knowledge of Atma, Bhagawan appears in the form of a Guru to help him; but even before this takes place. the aspirant may still attain liberation. For it has been said in the Vedas देहान्ते देव: परवहा तारकं च्याचष्टे ॥ "after death they (i.e., these who worship God for attainment of knowledge) receive from

<sup>\*</sup> The devotee mentioned is the third according to the order followed in the Gîtâ, and is designated as Iidnyâsu.

Him the Brahma Taraka Upadesha": that is instructions in secret knowledge:

Now the last of the four kinds of devotees mentioned in Gîtl is the Dnyani Bhakta (one who has a knowledge of the Deity) who has imbibed, so to say, the spirit of the deity, by his higher knowledge and by the force of his devotion.

The remaining three kinds of devotees named as Arthi (one who worships God for wealth) and Artharthi (also one who worships God for wealth) are the Sakama Bhaktas, (devotees who worship the Deity with earthy desires). To them Bhagawan grants what they wish for, in return for their devotion for it has been said in the fourth chapter of the Gita ये यथा मां प्रपद्यंते तांस्तथैव भजाम्यहस्।। Bhagawan rewards His devotees in accordance with the desire with which they worshipped Him. Though their devotion is tainted with worldly desires and could not be compared to that of the Jidnyasu and of the Dnyani, they yet stand higher in the estimation of Bhagawan than the devotees of other Gods, for without having acquired merits in the past birth none gets right understanding for making right choice of the ideal for worship. Their devotion being intense and full of zeal and ardour, they come in contact with Sadhus (Godly or saintly persons) and gradu. ally become pure devotees by renouncing worldliness, and aspiring to become Jidnyasu and Dayani devotees. Thus all these various modes of devotion are acquired by reading Gita, and by

bearing it read or rightly expounded.
Of the devotees who aspire to a right understanding of the Gita, restraining the enjoyments of senses and attempting constant devotion to the Lord, there are two classes, one holding to the idea of duality, that is to suy keeping ever in mind a distinction between the worshipper and the object worshipped as two separate entities. The other uphold the unity, that is to say, inseparable union between the devotee and the ideal of his devotion; in other words, he views God and the Creation as inseparably one, as exemplified by one and the same gold forming countless ornaments of diverse forms. The former class of devotees, by the fundamental error of their thought, subvert the true doctrine of unity propounded by Bhagawan in the Gita and are misled from the true Path that would restore them to their lost position; hence the followers of the doctrine of duality though ardent in their devotion, and learned in the Shastras, &c., are yet condemned by the Vedas as those who take the form of beasts. The Vedas say' अथवा योऽन्यां-देवताम्पास्ते । न्योसावन्योऽहमस्मीति नमस्मीति नसवेद यथा पग्नः ॥

The devotees who worship Bhagawan for attain. ment of true knowledge, and those who worship Him for regaining lost health and obtaining riches, are ignorant of the nature of Bhagawan, yet the Vedas do not condemn them wholesale as do the dualists, for they are not fallen irretrievably out of the right path. The reader is referred to the commentary on the subject by Shri-Shankaracharya on the Brahma Sûtras.

Now those who are longing for understanding the meaning of the Gîta and yet have no desire for obtaining the knowledge of Atma and Paramâtma, and those who daily repeat Gîtâ by rote do acquire merits in this birth that will lead them to a knowledge of the unity of Atma and Paramatma, or Nature and its Creator in due course in their future births. Bhagawan commends the readers or repeaters of the Gîtâ. has therefore said in the last Chapter that, those who will repeat Gita, and contemplate upon His Divine nature will have worshipped Him with the Dnyana-Yoga (through a knowledge of the union between the worshipper and worshipped). Though a mere repeater of the Gita, yet he would in course of time acquire the capacity of the Dnyani-Bhakta, for without attaining knowledge of Âtma none could gain liberation, as the Brahma-Sûtras say :- ज्ञानदेव हि कैवल्यं ॥

He who is a Jidnyasu (desirous of gaining knowledge) simply repeating Gitâ by heart, is on the same level with one who contents himself with the mere reading of it, without an ardent desire for knowledge and an endeavour to grasp its meaning and has no hope of improving his position as long as such ardent longing is not kindled in Him. An earnest endeavour in that direction, in either case, would only draw Bhagawan's grace to make smooth the difficulties on the path of true knowledge. Hence the position of one thirsting for knowledge is higher than that of the other two descriptions of readers to whom we have just referred. It is however a fact that repetition begets in time a desire to understand the thing repeated, and understanding leads to direct knowledge that would secure liberation through the grace of Bhagawan, for He has said in verse 69 of the last chapter that no one is so dear to Him as the Dayani Devotce who is clevated by the light of knowledge during present life, and liberated in the immediately next following re-birth. Chapter sixth describes the condition after death of those who failed to master Yoga. The same description is applicable in the case of the repeaters of the Gita. If they failed to secure liberation in this life, they will surely attain it in their next. The Yogi and the repeater

therefore stand on an equal level; what the Yogi gains by perfection in Yoga, the repeater gains by repetition with faith and devotion, which, as already remarked fructifies gradually, and through the help of the Guru he is led to the knowledge of Atma, which by constant practice gets perfected and confirmed so as to secure the unity of the devotce with the object of his devotion. Such is the devotee described by Bhagawan in chapter twelve तेपामहं सम्बद्धती मृत्युसंसारसागरात्॥ that is, He would become the Saviour from the rounds of re-hirth. In the last chapter Bhagawan advised Arjuna to surrender himself to Him; He would then release him from bondages (of being born over and over again) of all sins. The word sins refers to the Sanchit (accumulations of effects of actions done in previous and present lives) and the Kriyamana Karmas. (effects of actions that are being done). Anticipating that Arjuna would ask for an explanation of the apparent contradiction involved in the Vedas and the Shastras, which say that without gaining the knowledge of Self the sins referred to here could not be made ineffectual; Bhagawan uses the word 'ম্ৰ্ক (one) which postulates knowledge of unity in. diversity. This would explain away the seeming inconsistency spoken of, and Bhagawan asked Arjuna to surrender himself to Him with full faith

of His being One without a second. The correctness of the interpretation of this text is confirmed by a similar advice given by Bhagawan to Arjuna elsewhere in the Gita (तमेन शरण गच्छ सर्व-भावेन भारत)॥ by believing that all is one, shouldst thou surrender thyself unto Me, fear not that thou wouldst be guilty of committing sins by the slaughter of relations and large army of men in war. These are the results of your Prarabdha Karma, which is to be exhausted by working them out. The sanchit and Kriyamana Karmas in his ease have become extinct by virtue of his being a Dnyani Bhakta.

In short, Bhagawan said in His conclusion at the end of the Gitâ that "He who shall declare unto My devotees extolling to them My devotion, verily he shall come unto Me. There is none, among men who shall perform dearer service unto Me than he, nor any other than he who shall be more beloved by Me on this earth. He who shall say this Dialogue between ourselves will have offered unto Me the sacrifice of knowledge. Such are the benefits offered to the readers of the Gitâ by Bhagawan, and it is our carnest wish that they will on reading this conclusion make up their mind to read the Gitâ daily without fail and with entire faith and devotion as a part of their duty they owe to themselves and to their Creator.



# SYNOPSIS OF THE GÎTA.

#### CHAPTER I. '.

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